SYLLABUS AND REGULATIONS

B.Sc. Nursing(4 Years Program)



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I.PHILOSOPHY

(Adapted from Indian Nursing Council) We believe that,

Health is a state of well-being that enables a person to lead a psychologically, socially and economically productive life. Health is a right of all the people. Individuals, families and communities have a responsibility towards maintaining their health.

Nursing contributes to the health services in a vital and significant way in the health care delivery system. It recognizes national health goals and is committed to participate in the implementation of National Health Policies and programmes. It aims at identifying health needs of the people, planning and providing quality care in collaboration with other health professional and community groups.

Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of nursing is based upon application of basic concepts and principles derived from the physical, biological and behavioural sciences, medicine and nursing.

Nursing is based on values of caring, and aims to help individuals to attain independence in selfcare. It necessitates development of compassion and understanding of human behaviour among its practitioners to provide care with respect and dignity and protect the rights of individuals & groups.

Undergraduate nursing program is broad based education within an academic framework specifically directed to the development of critical thinking skills, competencies & standards required for practice of professional nursing and midwifery as envisaged in National Health Policy 2002.

The teachers have the responsibility to be role models and create learning environment that enables students to acquire inquiry driven, self directed learning and foster an attitude of life long learning.

Under graduate nursing education program prepares its graduates to become exemplary citizen by adhering to code of ethics and professional conduct at all times in fulfilling personal, social and professional obligations so as to respond to national aspirations.

II. AIMS:

The aim of the undergraduate nursing program is to:

- Prepare graduates to assume responsibilities as professionals, competent nurses and midwives in providing promotive, preventive, curative, and rehabilitative services,
- Prepare nurses who can make independent decisions in nursing situations, protect the rights
 of and facilitate individuals and groups in pursuit of health, functions in the hospital,
 community nursing services, and conduct research studies in the areas of nursing practice.
 They are also expected to assume the role of teacher, supervisor, and manager in a clinical
 / public health settings.

III. OBJECTIVES:

On completion of four year B.Sc. Nursing Program the graduate will be able to:

- Apply knowledge from physical, biological and behavioral sciences, medicine including alternative systems and nursing in providing nursing care to individuals, families and communities.
- 2. Demonstrate understanding of life styles and other factors, which affect health of individuals and groups.
- 3. Provide nursing care based on steps of nursing process in collaboration with individuals and groups.
- 4. Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
- 5. Utilize the latest trends and technology in providing health care.
- 6. Provide promotive, preventive and restorative health services in line with the National Health Policies and Programmes.
- 7. Practice within the frame work of code of ethics and professional conduct, and acceptable standards of practice within the legal boundaries.
- 8. Communicate effectively with individuals and groups, and members of the health team in order to promote effective inter personal relationship and team work.
- 9. Demonstrate skills in teaching to individuals and groups in clinical and community health settings.
- 10. Participate effectively as members of the health team in health care delivery system.
- 11. Demonstrate leadership and managerial skills in clinical / community health settings.
- 12. Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.

13. Demonstrate awareness, interest, and contribute towards advancement of self and of the profession.

IV. COURSE OUTCOME:

At the end of the course the B.Sc(N) Program the graduate nurse will be able to function as a General Nurse practitioner to provide comprehensive care / supervise and train nursing students at various health care settings and educational institutions and adhere to the code of Nursing Ethics.

PONDICHERRY UNIVERSITY

Puducherry-14

V. REGULATIONS OF THE UNIVERSITY

SHORT TITLE AND COMMENCEMENT

These regulations shall be called "THE REGULATIONS FOR THE **BACHELOR OF NURSING DEGREE COURSE** OF PONDICHERRY UNIVERSITY, Puducherry".

They shall come into force from the academic year 2019-2020 session. The regulation and syllabi are subject to modifications by the standing Under Graduate Board of Studies for nursing course from time to time.

1.ELIGIBILITY FOR ADMISSION:

- 1.1. The minimum age for admission shall be 17 years on or before 31st Dec. of the year of admission
- 1.2. The minimum educational requirements shall be the passing of:

Higher Secondary school certificate Examination (12years course) conducted by the Board of Tamil Nadu

Or

Senior School certificate Examination (10+2), pre-degree Examination (10+2)

Or

An equivalent with 12 years schooling from a recognized board or university with minimum of 45 % aggregate marks (40% marks for SC, ST, for MBC, OBC candidates in part – III subjects of Physics, Chemistry & Biology / Botany & Zoology) and should have English as one of the subject.

1.3. Candidate shall be medically fit.

2. SELECTION OF CANDIDATES

Selection of the candidates should be based on the merit of the entrance examination held by university or competent authority or as per regulation of the University from time to time.

3.DURATION OF THE COURSE AND COURSE OF STUDY:

The period of certified study and training of the B.Sc. Nursing Degree course shall be of four academic years including internship.

Available Weeks / Academic year

Examination (including preparation)

4 Weeks

Vacation

8 Weeks

Gazetted holidays

Available Weeks

37 Weeks

Hours per week 40 hours

Hours available per academic year 1480 (37weeks x 40 hours)

4. MEDIUM OF INSTRUCTION:

English shall be the medium of instruction for all the subjects of study and for examination of the course.

5. MINIMUM WORKING DAYS IN AN ACADEMIC YEAR:

Each academic year shall consist of not less than 180 working days.

6. **REGISTRATION:**

A Candidate admitted into B.Sc, Nursing Degree course in any one of the affiliated institutions of the PONDICHERRY UNIVERSITY, Puducherry shall submit the prescribed application form for registration duly filled along with prescribed fee and declaration in the format, to the Academic Officer on or before the cut-off date prescribed for admission.

7. ATTENDANCE REQUIRED FOR APPEARING EXAMINATION:

- 7.1 Examination will be conducted in both theory and practical as prescribed. The candidates will be permitted to appear for the University Examinations, only if they secure 80% of attendance in theory and practical for a subject irrespective of any kind of absence overall in a year.
- 7.2 The student should complete 100% of attendance in practical before course completion and the award of the Degree.
- 7.3 A student who does not meet the minimum attendance requirement in a year must repeat the course along with the next batch of students.

8. CONDONATION FOR LACK OF ATTENDANCE:

Condonation for shortage of attendance upto 10% in aggregate (between 70 and 80%) in a year may be recommended by the College Academic Committee to the university and the same may be granted based on the regulations of University.

9. INTERNAL ASSESSMENT:

- 9.1.1. Internal assessment will be done in each subject of study and the marks will be awarded to the candidates as detailed in the scheme of examinations.
- 9.1.2. Minimum Internal Pass Marks for theory and practical to be 50% individually. The minimum pass mark for theory is 13 out of 25.
- 9.1.3. The candidate appearing for arrear examination in the subject will have the same internal marks secured in the previous examination (1st attempt).
- 9.1.4. A checklist or criteria to be developed by the respective institutions for objective evaluation of assignments, records, reports, and clinical presentations.

Weightage for Internal Marks

The internal marks to be calculated based on the following criteria

Internal assessment for theory: (25 Marks)

Criteria	Weightage	Marks rounded off to 25	Marks rounded off to 50
Best of three Unit test marks	45%	12	23
Best of two Assignment marks	25%	6	12
Model Exam	25%	6	12
Attendance	5%	2	3
Total	100%	25	50

Internal assessment for Practical: (100 Marks/ 50 Marks)

Criteria	Weightage (100%)	Marks rounded off to 50
Continuous Evaluation of Clinical Performance	30%	15
Clinical assignment (Case study/ Practical record/Case book)	20%	10
Clinical Presentation	10%	5
Observational /field visit/ Health talk	10%	5
Model Practical Examination	30%	15
Total	100%	50

On Completion of Internship, Internal Assessment out of 100 marks should be sent to the University for inclusion in the mark list.

10. EXAMINATIONS:

- 10.1. University examinations to be conducted after the completion of Eleven months of the course for the annual pattern. The University Examinations will be conducted in the annual pattern for all the four years from July 15th to 1st week of August and supplementary exam in 1st week of February.
- 10.2. The particulars of subjects for various examinations and distribution of marks are detailed in the Scheme of Examination.
- 10.3. The examination for the main subjects will be conducted by the University and the marks for the internal subjects will be awarded by the subject handling faculty and forwarded to University by the concerned college.
- 10.4. Theory and Practical Exam for Introduction to Computer and Theory Exam or English to be conducted as College Exam and marks to be sent to University for inclusion in the mark sheet.
- 10.5. The Pondicherry University Practical Examinations shall be jointly conducted by one internal and one external examiner duly appointed by the University.
- 10.6. To be an examiner the faculty should possess three years of experience after MSC Nursing as per the Pondicherry University regulation. To be an examiner for nursing foundations course faculty having M.Sc. (Nursing) with any specialty shall be considered provided she / He currently handing the subject.
- 10.7. If a candidate fails in either theory or practical paper he/she has to re-appear for both the papers (Theory and practical).
- 10.8. A candidate should clear all arrear subjects before appearing for final exam in IV year.
- 10.9. All practical examinations must be held in the respective clinical areas.
- 10.10. Maximum number of candidates for Practical examination should not exceed more than 20 students per day.
- 10.11. The external practical examination should have the following criteria & weightage:

Criteria	Weightage (100%)	Weightage for 100 marks
Patient care at the bed side	60%	60
OSCE in skill lab	30%	30
Viva	10%	10
Total	100%	100

10. 12. The question paper setters need to submit the answer key along with question paper.

10.13. Students shall be permitted to use Simple calculator during Nursing Research & Statistics examination for both new and old syllabus.

11. MARKS QUALIFYING FOR PASS:

- 11.1 A candidate has to pass in theory and practical exam separately in both internal and external examination of each paper.
- 11.2 A candidate has to secure minimum of 50% of marks in the University Theory and practical Examinations separately except for English.
- 11.3 Minimum pass mark for English shall be 40% only.
- 11.4 A candidate has to secure minimum of 50% of marks in Introduction to Computer.
- 11.5 A candidate has to secure minimum of 50% of marks in each Section A & B separately where two subjects are combined in single paper. If a candidate who has failed to secure the minimum pass mark of 50% either in Section A or B, the candidate has to write again both the sections irrespective the fact whether the candidate has passed in one section

12. ELIGIBILITY / MAXIMUM DURATION FOR THE AWARD OF THE DEGREE

- 12.1 The candidates shall be eligible for the Degree of Bachelor of Nursing when they have undergone the prescribed course of study for a period of not less than four years in an institution approved by the University and have passed the prescribed examinations in all subjects.
- 12.2 The maximum period to complete the course successfully should not exceed a period of eight years.

13. **DECLARATION OF CLASS:**

- 13.1 A successful candidate obtaining 75% and more marks in the grand total aggregate at **first attempt** shall be declared to have passed with **First class with Distinction.**
- 13.2 A successful candidate obtaining 60% and more but less than 75% of marks in the grand total aggregate at **first attempt** shall be declared to have passed with **First Class.**
- 13.3 A successful candidate obtaining 50% and more but less than 60% of marks in the grand total aggregate at **first attempt** shall be declared to have passed with **Second Class.**

- 13.4 A successful candidate obtaining 60% and more in the grand total aggregate at **second attempt** shall be declared to have passed with **Second Class.**
- 13.5 A successful candidate obtaining 50% and more but less than 60% in the grand total aggregate at second attempt shall be declared to have passed with Third Class.
- 13.6 Ranks shall be declared on the basis of the aggregate marks obtained by a candidate in the University Examination subjects of the course. Only those candidates who have passed all the subjects in all examination at **first attempt** shall be eligible for the award of **Rank**.

VI. COURSE OF INSTRUCTION

S. No		Theory bus		Ta4-1
5. No	Subject	Theory hrs (Class and Lab)	Practical hrs (Clinical)	Total Hours
		(Class and Lab)	(Cillical)	nours
	First Year			
1.	English	60		60
2.	Anatomy	60		60
3.	Physiology	60		60
4.	Nutrition	40+20		60
5.	Biochemistry	30		30
6.	Nursing Foundations	265 + 200	450	915
7.	Psychology	60		60
8.	Microbiology	45+15		60
9.	Introduction to computers	15 + 30		45
10.	Regional Language	30		30
10.	Library Work /Self Study	50		50
11.	Co-curricular activities	50		50
	Total Hours	1030	450	1480
	Second Year			
1.	Sociology	60		60
2.	Pharmacology	45		45
3.	Pathology	30		30
4.	Genetics	15		15

5.	Medical-Surgical Nursing (Adult including Geriatrics)-I	210	720	930
6.	Community Health Nursing-I	90	135	225
7.	Communication and Educational Technology	60 + 30		90
8.	Library Work / Self Study	50		50
9.	Co-curricular activities	35		35
	Total Hours	625	855	1480
	Third Year			
1.	Medical Surgical Nursing - II (Adult including Geriatrics)	120	460	580
2.	Child Health Nursing	90	270	360
3.	Mental Health Nursing	90	270	360
4.	Nursing Research & Statistics	45	*	45
5.	Library Work / Self Study	50		50
6	Co-curricular activities	50		50
	Total Hours	445	1000	1445
	Fourth Year			
1.	Midwifery and Obstetrical Nursing	90	180	270
	Community Health Nursing – II Including the concept of Middle Level Health			
2.	Provider (MLHP)	90	135	225
3.	Management of Nursing Services and Education	60+30	-	90
	Total Hours	225	315	585

*Project to be carried out during internship

Note: Hours of course instruction can be planned at the institutional level.

Integrated Nursing Training (INTERNSHIP)

S. No	Subject	In weeks	Practical (In hrs)
1.	Midwifery and Obstetrical Nursing	9	432
2.	Community Health Nursing – II	4	192
3.	Medical Surgical Nursing (Adult and Geriatric)	5	240
4.	Child Health Nursing	3	144
5.	Mental Health Nursing	2	96
6.	Research Project*	1	45
	Total	24	1149

Total Hours =1149+585=1734

*project work to be carried out during internship

Note:

- Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and night shift duties are included.
- Internship should be carried out as 8 hours per day @ 48 hours per week.
- Students during internship will be supervised by nursing teachers.
- Students will be eligible to appear in the fourth year final examination only after completion of Internship (24 weeks).
- On Completion of Internship Internal Assessment out of 100 marks should be sent to the

University for inclusion in the mark list

VII. SCHEME OF EXAMINATION

Subject	Dura tion			Marks		
Subject	tion	Internal Marks		University Marks		Total
		Min	Max	Min	Max	
First Year						
Theory 1. Anatomy & Physiology (A&B)	3	12 (6+6)	25 (12+13)	38 (19+19)	75 (37+38)	100
2. Nutrition & Biochemistry (A&B)	3	12 (7+5)	25 (15+10)	38 (23+15)	75 (45+30)	100
3. Nursing Foundations	3	12	25	38	75	100
4. Psychology	3	12	25	38	75	100
5. Microbiology	3	12	25	38	75	100
6. English *	2	20	50	-	-	50
7. Introduction to Computers *	2	25	50	-	-	50
Practical and Viva voce 1. Nursing Foundations		50	100	50	100	200
Second Year						
Theory 1. Socio logy	3	12	25	38	75	100
2. Medical Surgical Nursing – I	3	12	25	38	75	100

3. Pharmacology, Pathology & Genetics (A & B)	3	12 (6+6)	25 (13+12)	38 (19+ 19)	75 (38+37)	100
4. Community Health Nursing – I	3	12	25	38	75	100
5. Communication and Educational Technology	3	12	25	38	75	100
Practical and Viva voce 1. Medical Surgical Nursing – I		50	100	50	100	200
Third Year						
Theory 1. Medical – Surgical Nursing– II	3	12	25	38	75	100
2. Child Health Nursing	3	12	25	38	75	100
3. Mental Health Nursing	3	12	25	38	75	100
4. Nursing Research & Statistics	3	12 (7+5)	25 (15+10)	38 (25+13)	75 (50+25)	100
Practical and Viva voce 1. Medical Surgical Nursing – II		25	50	25	50	100
2. Child Health Nursing		25	50	25	50	100
3. Mental Health Nursing		25	50	25	50	100
Fourth Year						
Theory 1. Midwifery and Obstetrical Nursing	3	12	25	38	75	100
2. Community Health Nursing – II	3	12	25	38	75	100
3. Management of Nursing Services and Education	3	12	25	38	75	100
Practical and Viva voce 1. Midwifery and Obstetrical Nursing		25	50	25	50	100
2. Community Health Nursing - II		25	50	25	50	100

* College Exam

PATTERN OF QUESTION PAPER

•	For	all	the	single	e sul	bject	ts:
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☐ Essay questions : $2 \times 15 \text{ marks} = 30 \text{ marks}$ ☐ Short Notes : $5 \times 5 \text{ marks} = 25 \text{ marks}$

☐ Short Answer $: 10 \times 2 \text{ marks} = 20 \text{ marks}$

Total : <u>75 marks</u>

• For all combined subjects:

S. No	Subjects	Sections	No. of Essay questions (15 Marks)	No. of Short Notes (5 Marks)	No. of Short Answer (2 Marks)	Total Marks
	Anatomy and Physiology					
1.	Anatomy (37 Marks)	A	1	2	6	37
	Physiology (38 Marks)	В	1	3	4	38
	Nutrition and Biochemistry					
2.	Nutrition (45 Marks)	A	1	4	5	45
2.	Biochemistry (30 Marks)	В	1 (10 marks)	2	5	30
	Pharmacology, Pathology & Genetics					
	Pharmacology (38 Marks)	A	1	3	4	38
3.	Pathology (25 Marks)	В	1 (10 marks)	1	5	25
	Genetics (12 Marks)	-		2	1	12
	Nursing Research and Statistics					
4.	Nursing Research (50 Marks)	<u> </u>	2	2	5	50
	Statistics (25 Marks)	A	1	2	-	25

VII. COURSE DESCRIPTION:

English

Placement – First Year

Time: Theory – 60 hours

Course Description: The Course is designed to enable students to enhance ability to comprehend spoken and written English (and use English) required for effective communication in their professional work Students will practice their skills in verbal and written English during clinical and classroom experiences.

Unit	Time	Learning	Content	Teaching Learning	Assessment		
	Unit	(Hrs)	Objectives	Content	Activities	Methods	

I	10	☐ Speak and write grammatically correct English	Review of Grammar □ Remedial study of Grammar □ Building Vocabulary Phonetics Public Speaking	 Demonstrate use of dictionary Class-room conversation Exercise on use of Grammar Practice in public speaking 	Objective TypeFill in the blanksPara phrasing
П	30	Develop ability to read, understand and express meaningfully, the prescribed text	Read and comprehend prescribed course books	☐ Exercise on: ❖ Reading ❖ Summarizing ❖ Comprehension	• Short Answers • Essay Type
III	10	☐ Develop writing skills	□ Various forms of composition	 Exercise on writing Letter writing Nurses notes Precise Diary Anecdote Health problems Story writing Resume/CV Essay writing Discussion on written reports/documents 	☐ Assessment of the skills based on the check list
IV	6	Develop skill in spoken English	□ Spoken English	☐ Exercise on:	☐ Assessment of the skills based on the check list
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			conversation	Telephonic conversation	
V	4	Develop skill in listening comprehension	☐ Listening Comprehension	☐ Exercise on:	Assessment of the skills based on the check list

Internal assessment: (50 Marks- Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

References:

- 1. David (MT), English for Professional Nursing, BI Publications Pvt. Ltd., Chennai, 2007.
- 2. Koorkkakala (T), Communicative English for BSc., Nursing Students, KJ Publications, Kerala, 2007.

Anatomy

Time: Theory -60 hours

Placement – First Year

Course Description: The Course is designed to enable students to acquire knowledge of the normal structure of various human body systems and understand the alterations in anatomical structures in disease and practice of nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	5	☐ Describe the anatomical terms, organization of human body and structure of cell, tissues, membranes and glands	Introduction to Anatomical terms organization of the human body • Human Cell structure • Tissues- Definition, Types, characteristics, classification, location, functions and formation • Membranes and glands – classification and structure Alterations in disease Applications and implications in nursing	 Lecture Discussion Explain using charts, microscopic slides, Skeleton & torso Demonstrate cells, types of tissues membranes and glands Record book 	 Short answer questions Objective type
II	6	Describe the structure & function of bones and joints	 The Skeletal System Bones- types, structure, Axial & Appendicular Skeleton, Bone formation and growth Description of bones Joints- classification and structure Alterations in disease 	 Lecture Discussion Explain using charts, skeleton, loose bones, and joints Record book 	Short answer questionsObjective type

			Applications and implications in nursing		
III	7	☐ Describe the structure and function of muscles	 The Muscular System Types Structure of muscles Muscle groups Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using charts, models and films Demonstrate muscular movements Record book 	 Short answer questions Objective type

Uni t	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
IV	6	Describe the structure & function of nervous system	The Nervous System • Structure of Neurologia & neurons • Somatic Nervous system • Structure of brain, spinal cord, cranial nerves, spinal nerves, peripheral nerves □ Autonomic Nervous Systemsympathetic, parasympathetic • Structure, location • Alterations in disease □ Applications and implications in nursing	 Lecture Discussion Explain using models, charts, slides, specimens Record book 	 Short answer questions Objective type
V	6	Explain the Structure & functions of sensory organs	 The Sensory System Structure of skin, eye, ear, nose, tongue, (Auditory and olfactory apparatus) Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using models, charts, slides, specimens Record book 	Short answer questionsObjective type

VI	7	Describe the structure & function of circulatory and lymphatic system	 Circulatory and lymphatic system The Circulatory System ❖ Blood – Microscopic structure ❖ Structure of Heart ❖ Structure of blood vessels-Arterial & Venous System, ❖ Circulation: systemic, Pulmonary, coronary Lymphatic system Lymphatic vessels and lymph ❖ Lymphatic tissues ♣ Thymus gland ♣ Lymph nodes ♣ Spleen ♣ Lymphatic nodules Alterations in disease Applications and implications in nursing 	Lecture Discussion Explain using models, charts, slides, specimens Record book	 Short answer questions Objective type
VII	5	Describe the structure & function of Respiratory system	 The Respiratory System Structure of the organs of respiration Muscles of respiration: Intercostals and Diaphragm Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using models, torso, charts, slides, specimens Record book 	Short answer questionsObjective type
Uni t	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
VIII	6	Describe the structure & function of Digestive system	 The Digestive System Structure of Alimentary tract and accessory organs of digestion Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using models, torso, charts, slides, specimens Record book 	Short answer questionsObjective type
IX	4	Describe the structure & function of excretory system	 The Excretory System(Urinary) Structure of organs of urinary System: Kidney, ureters, urinary bladder, urethra, structure of skin Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using models, torso, charts, slides, specimens Record book 	Short answer questionsObjective type

X	4	□ Describe the structure & structure & structure of Pituitary, Pancreas, thyroid, Parathyroid, thymus and adrenal glands system • Alterations in disease • Applications and implications in nursing	 Lecture Discussion Explain using models, Torso, charts, slides, specimens Record book 	Short answer questionsObjective type
XI	4	□ Describe the structure & including breast function of Reproductive system system • Structure of female reproductive organs • Structure of male reproductive organs • Structure of breast • Alterations in disease • Applications and implications in nursing	 Lecture Discussion Explain using models, Torso, charts, slides, specimens Record book 	Short answer questionsObjective type

Internal assessment: (25 Marks-Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Bibliography:

- 1. Singh (I), Anatomy & Physiology for Nurses, JP Brothers Publications, 2005.
- 2. Kathleen (JW), Ross & Wilson Anatomy and Physiology in Health and Illness, Churchil Livingston Publication, Philadelphia, 8th Edition, 1999.
- 3. Tortora, Principles of Anatomy & Physiology, John Wiley & Sons, New York, 8th Edition, 2003.

Physiology

Time: Theory – 60 hours

Placement – First Year

Course Description: The Course is designed to assist the students to acquire knowledge of the normal physiology of various human body systems and understand the alterations in physiology in disease and practice of nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	4	Describe the physiology of cell, tissues, membranes and glands	 Cell Physiology Tissue – formation, repair Membranes & glands – functions Alterations in disease Applications and implications in nursing 	☐ Lecture Discussion	Short answer questionsObjective type
II	4	Describe the bone formation and growth and movements of skeleton system	 Skeletal System Bone formation and growth Bones – Functions and movements of bones of axial and appendicular skeleton, bone healing Joints and joint movement Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using charts, models and films Demonstration of joint movements 	Short answer questionsObjective type
III	4	Describe the muscle movements and tone and demonstrate muscle contraction and tone	 Muscular System Muscle movements, Muscle tone, Physiology of muscle contraction, levels and maintenance of posture Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using charts, models and films Demonstratio n of muscle movements, tone and contraction 	Short answer questionsObjective type

IV	7	 Describe the physiology of nerve stimulus, reflexes, brain cranial and spinal nerves Demonstrater eflex action and stimulus 	 Nervous System Functions of Neuralgia & Neurons Stimulus & Nerve- Impulse- Definitions & Mechanism Functions of brain, spinal cord, cranial and spinal nerves Cerebrospinal fluid- composition, circulation and function Reflex arc, reflex action and reflexes Autonomic functions – 	 Lecture Discussion Explain using charts, models and films Demonstration of nerve stimulus reflex action, reflexes. 	 Short answer questions Objective type
			Pain: Somatic, visceral and referred		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			 Autonomic learning and biofeedback Alterations in disease Applications and implications in nursing 		
V	8	 Describe the physiology of blood and functions of Heart Demonstrate blood cell count, coagulation, grouping, Hb: BP and Pulse monitoring 	 Circulatory System Blood formation, composition, blood groups, blood coagulation Hemoglobin: Structure, Synthesis and breakdown, Variation of molecules, estimation Functions of Heart, Conduction, Cardiac cycle, circulation – Principles, Control, factors influencing BP and Pulse Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using charts, films Demonstration of blood cell count, coagulation, grouping, Hemoglobin estimation, Heart conduction system. Measurement of pulse, BP 	 Short answer questions Objective type

VI	6	 Describe the physiology and mechanisms of respiration Demonstrates spirometry 	 The Respiratory System Functions of respiratory organs Physiology of respiration □ Pulmonary ventilation, Volume Mechanics of respiration □ Gaseous exchange in lungs Carriage of oxygen & carbondioxide Exchange of gases in tissues Regulation of respiration Alterations in disease Applications and implications in nursing 	 Lecture Discussion Explain using charts, films Demonstratio n of spirometry 	 Short answer questions Objective type
VII	6	 Describe the physiology of digestive system Demonstrates BMR 	 The Digestive System Functions of organs of digestive tract. Movements of alimentary tract, Digestion in mouth, stomach, small intestines, Large intestines, Absorption of food. Functions of liver, gall bladder and pancreas Metabolism of carbohydrates, protein and fat 	 Lecture Discussion Explain using charts, films 	 Short answer questions Objective type
VIII	5	☐ Describe the physiology of excretory System	The Excretory System • Functions of kidneys, ureters, urinary bladder &urethra Composition of urine • Mechanism of urine formation	 Lecture Discussion Explain using charts, films 	Short answer questionsObjective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			 Functions of skin Regulation of body temperature Fluid and electrolyte balance Alterations in disease Applications and implications in nursing 		
IX	4	☐ Describe the physiology of Sensory Organs	 The Sensory Organs Functions of skin, eye, ear, nose, tongue. Alterations in disease Applications and implications in nursing 	☐ Lecture ☐ Discussion Explain using charts, films	Short answer questionsObjective type

X	5	☐ Describe the physiology of Endocrine glands	 The Endocrine System Functions of Pituitary, pineal body, thymus, Thyroid, parathyroid, pancreas, Suprarenal, Placenta and ovaries & Testes Alterations in disease Applications and implications in nursing 	Lecture Discussion Explain using charts, films	Short answer questionsObjective type
XI	5	Describe the physiology of male and female reproductive system	The Reproductive System □ Reproduction of cells – DNA, Mitosis, Meosis, Spermatogenesis, oogenesis. • Functions of female reproductive organs; Functions of breast, Female sexual cycle. • Introduction to embryology • Functions of male reproductive organs, Male function in reproduction, Male fertility system, • Alterations in disease • Applications and implications in nursing	Lecture Discussion Explain using charts, films, models, specimens	 Short answer questions Objective type
XII	2	☐ Describe the physiology of Lymphatic and Immunological System	Lymphatic and Immunological System Circulation of lymph Immunity Formation of T-cells and B cells Types of Immune response Antigens, Cytokines Antibodies	Lecture Discussion Explain using charts, films	Short answer questionsObjective type

Internal assessment: (25 Marks-Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books

 $1. \ \ \, \text{Sembulingam}\,(K), \text{Essentials of Medical Physiology, J.P.Brothers Publications, New Delhi,} \\ 4^{\text{th}}\, \text{Edition, 2006} \; .$

- 2. Chaudhuri, Concise Medical Physiology, New Central Book Agency Pvt. Ltd., Calcutta, 4th Edition, 2002.
- 3. Kathleen (JW), Ross & Wilson Anatomy and Physiology in Health and Illness, Churchil Livingston Publication, Philadelphia, 8th Edition, 1999.
- 4. Tortora, Principles of Anatomy & Physiology, John Wiley & Sons, New York, 8th Edition, 2003
- Thibodeau (GA), Anthony's Textbook of Anatomy & Physiology, Elsevier, 18th
 Edition, 2007

Nutrition

Placement – First Year Time: Theory – 40 hours

Practical – 20 hours

Course Description: The course is designed to assist the students to acquire knowledge of nutrition for maintenance of optimum health at different stages of life and its application for practice of nursing.

Unit	Tin (Hı		Learning Objectives	Content	Teaching Learning	Assessment Methods
	Th.	Pr.	: Objectives		Activities	1/100110 010
I	4		Describe the relationship between nutrition & health	Introduction □ Nutrition: ■ History ■ Concepts ● Role of nutrition in maintaining health ● Nutritional problem in India ● National nutritional policy ● Factors affecting food and nutrition: Socio – economic, cultural, tradition, production, system of distribution, life style and food habits, etc. ● Role of food and its medicinal value. ● Classification of foods ● Food standards	 Lecture Discussion Explaining using charts Panel discussion 	 Short answers Objective type

			Elements of Nutrition: Macro and micro Calorie, BMR		
II	2	Describe the classificatio n, functions, sources and recommende d daily allowances (RDA) of Carbohydrat es	Carbohydrates Caloric value Recommended daily allowances Dietary sources. Functions Digestion, absorption and storage, metabolism of carbohydrates Malnutrition: Deficiencies and over consumption	Lecture Discussion Explaining using charts	 Short answers Objective type
Ш	2	Describe the classificatio n, functions, sources and recommende d daily allowances	Fats Classification Caloric value □ Recommended daily allowances Dietary sources. Functions	 Lecture Discussion Explaining using charts 	Short answersObjective type

Unit	Time (Hrs)	Learning	Content	Teaching Learning	Assessment
	Th. Pr.	Objectives		Activities	Methods

		(RDA) of fats	 Digestion, absorption and storage, metabolism Malnutrition: Deficiencies and over consumption 		
IV	2	Describe the classificatio n, functions, sources and recommende d daily allowances (RDA) of Protein	 Proteins Classification Caloric value Recommended daily allowances Dietary sources. Functions Digestion, absorption and storage, metabolism Malnutrition: Deficiencies and over consumption 	 Lecture Discussion Explaining using charts 	Short answersObjective type
V	3	Describe the daily calorie requirement for different categories of people	 Energy Unit of Energy – Kcal ☐ Energy requirements of different categories of people Measurements of energy Body Mass Index (BMI) and basic metabolism Basal Metabolic Rate (BMR) – determination and factors affecting 	 Lecture Discussion Explaining using charts Exercise Demonstrat ion 	Short answersObjective type
VI	4	Describe the classificatio n, functions, sources and recommende d daily allowances (RDA) of Vitamins	Vitamins Classification Recommended daily allowances Dietary sources. Functions Absorption, synthesis, metabolism storage and excretion Deficiencies Hypervitaminosis	Lecture Discussion Explaining using charts	Short answersObjective type

VII	4	☐ Describe	Mineral • Classification	• Lecture Discussion	• Short answers
		the classificatio n, functions, sources and recommende d daily allowances (RDA) of Minerals	 Recommended daily allowances Dietary sources. Functions Absorption, synthesis, metabolism storage and excretion Deficiencies Over consumption and toxicity 	Explaining using charts	Objective type
VIII	3	☐ Describe	Water & electrolytes □	☐ Lecture	☐ Short
		the	Water: Daily requirements,	Discussion	answers

Unit		me (rs)	Learning	Content	Teaching Learning	Assessment
	Th.	Pr.	Objectives		Activities	Methods
			sources, functions and requirement s of water & electrolytes	regulation of water metabolism, distribution of body water, • Electrolytes: Types, sources, composition of body fluids. • Maintenance of fluid & electrolyte balance • Over hydration, dehydration and water intoxication	Explaining using charts	Objective type
				Electrolyte imbalances.		
IX	5	15	 Describe the cookery rules and preservation of nutrients and Prepare serve simple beverages and different types of food. 	Cookery rules and preservation of nutrients Principles, methods of cooking and serving Preservation of nutrients Safe Food handling – toxicity Storage of food Food preservation, food additives and its principles Prevention of food adulteration Act (PFA) Food standards Preparation of simple beverages and different types of food	 Lecture Discussion Demonstrat ion Practice Session 	 Short answers Objective type Assessme nt of practice sessions

7	5		Balanced Diet	• Lecture	• Short
,	5	Describe and plan balanced diet for different categories of people	□ Elements • Food groups □ Recommended Daily Allowance • Nutritive value of foods • Calculation of balanced diet for different categories of people • Planning the menu • Budgeting of food • Introduction to therapeutic diets: Naturopathy – Diet.	Discussion Explaining using charts Practice Session Meal Planning	answers Objective type Exercise on menu planning
4		 Describe various National programmes related to Nutrition Describe the role of nurse in assessment of nutritional 	Role of nurse in nutritional programmes National programmes related to nutrition Vitamin A deficiency programme National iodine deficiency disorders (IDD) programme. Mid – day meal	 Lecture Discussion Explaining using charts Slide/Film shows Demonstrat ion of 	Short answersObjective type
(Hı	rs)	Learning Objectives	Content	Teaching Learning	Assessment Methods
Ih.	Pr.	status and nutrition education	programme Integrated child development scheme (ICDS) National and International agencies working towards food / nutrition. NIPCCD, CARE, FAO, NIN, CFTERI (Central food technology and research institute) etc. Assessment of nutritional status Nutrition education and role of nurse.	assessment of nutritional status	
	Tir (Hı Th.	Time (Hrs) Th. Pr.	Describe and plan balanced diet for different categories of people 4 • Describe various National programmes related to Nutrition • Describe the role of nurse in assessment of nutritional Time (Hrs) Th. Pr. Status and nutrition education	□ Describe and plan balanced diet for different categories of people 4 □ Describe and plan balanced diet for different categories of people • Planning the menu • Budgeting of food • Introduction to therapeutic diets: Naturopathy – Diet. Role of nurse in nutritional programmes related to nutrition • Describe the role of nurse in assessment of nutritional Time (Hrs) Th. Pr. Learning Objectives Learning Objectives Content Content Content Content Content Content Content Content Content Content	Describe and plan balanced dief for different categories of people Planning the menu Budgeting of food Introduction to therapeutic diets: Naturopathy − Diet.

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%

Attendance 5%
Total 100%

Reference:

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Joshi (YK), Basics of Clinical Nutrition, Jaypee, Chennai, 2 Edition, 2008.
 Mahan (LK), Krause's Food, Nutrition, Diet & Therapy, Elsevier, 13th Edition, 2007.

th

3. Srilakshmi (B), Dietetics, New Age Int (P) Ltd., Publishers, Chennai, 5 Edition, 2007.

Biochemistry

Placement: First Year Time: Theory 30 Hours

Course Description: This course is designed to enable students to acquire knowledge of the normal biochemical composition and functioning of human body and understand the alterations

in biochemistry in disease for practice of nursing.

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activity	Assessment method
I	1	 Describe the structure composition and functions of cell Differentiate between Prokaryote and eukaryote cell Identify techniques of Microscopy 	 Introduction: Definition and significance in nursing Review of structure, Composition and Functions of cell Prokaryote and Eukaryote cell organization Microscopy 	 Lecture discussion using charts, slides. Demonstrate use of microscope 	Short answer questionsObjective type
II	6	☐ Describe the structure and functions of cell membrane	Structure and functions of Cell membrane: • Fluid mosaic model tight junction, Cytoskeleton. • Transport, mechanism: diffusion, osmosis, filtration, active. Channel, sodium pump. • Acid base balance maintenance & diagnostic tests. □ PH buffers	☐ Lecture discussion	 Short answer questions Objective type

III	6	☐ Explain the metabolism of carbohydrate	Composition and metabolism of Carbohydrates: ☐ Types, Structure, composition and uses. ☐ Monosaccharide, Disaccharides, Polysaccharides, Oligosaccharides. ☐ Metabolism ☐ Pathways of glucose	 Lecture discussion Demonstrate of blood glucose monitoring 	 Short answer questions Objective type
			- Glycolysis - Gluconeogenesis: Cori's cycle, Tri carboxylic acid (TCA) cycle - Glycogenolysis - Pentose Phosphate pathways (Hexose mono phosphate) Regulation of blood		

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activity	Assessment method
			glucose level. Investigations and their Interpretations		

IV	<u> Бирин</u>	metabolism of of Lipids:	 Lecture discussion using charts, slides. Demonstration of laboratory tests 	Short answer questionsObjective type	
			• Metabolism of fatty acid :		
			☐ Breakdown		
			☐ Synthesis		
			Metabolism of		
			triacylglycerols:		
			• Cholesterol Metabolism:		
			☐ Biosynthesis and its		
			Regulation		
			- Bile salts and bilirubin		
			- Vitamin – D		
			- Steroid hormones		
			• Lipoproteins and their functions :		
			□ VLDLs - IDLs, LDLs and HDLs		
			☐ Transport of lipids		
			☐ Atherosclerosis,		
			Investigations and their		
			interpretations.		

V	6	Explain the metabolism of amino acid and proteins	Composition and metabolism of amino acids and Proteins Types, structure, composition and uses of amino acids and proteins. Metabolism of amino acids and proteins: Protein synthesis, targeting and glycosylation. Chromatography Electrophoresis Sequencing Metabolism of Nitrogen: Fixation and Assimilation Urea Cycle Hemes and chlorophylls Enzymes and coenzymes: Classification	 Lecture discussion using charts, slides. Demonstration of laboratory tests 	 Short answer questions Objective type
Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activity	Assessment method
VI	2	☐ Describe types, and utilization of witamins minerals	☐ Properties ☐ Kinetics and Inhibition ☐ Control Investigations and their interpretations. position and vitamins minerals: ☐ V itamins and minerals ☐ Structure ☐ Classification ☐ Properties ☐ Absorption ☐ Storage and ☐ transportation ☐ Normal Concentration ☐ tigations and their Inve pretations.	 Lecture discussion using charts, slides. Demonstration of laboratory tests 	 Short answer questions Objective type

VII 3	3	3 Describe Immunochemistry	 Immunochemistry Immune response. Structure and classification of immunoglobins. Mechanism of antibody Production. Antigens: HLA typing Free radical and antioxidants. 	 Lecture discussion using charts, slides. Demonstration of laboratory tests 	 Short answer questions Objective type
			Specialized Protein: Collagen, Elastin, Keratin, Myosin, Lens Protein.		
			Electrophoretic and Quantitative, determination of immunoglobins, ELISA etc. Investigations and their interpretations		

Internal assessment: (25 Marks- Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference:

- 1. Vasudevan (DM), Text Book of Biochemistry, J.P.Brothers Publication New Delhi, 3rd Edition, 2001.
- 2. Lehninger, Principles of Biochemistry, Worth Publishers, New York, 3rd Edition, 2002.
- 3. Striyer (L), (1988). Biochemistry, Freeman & Company, New York, 3rd Edition, 1988.
- 4. Muray (RK), Harper's Illustrated Biochemistry, McGraw Hill, New Delhi, 27th Edition, 2006.

Nursing Foundations

Placement: First Year Time: Theory - 265 hours

Practical - 650 hours (200 lab and 450 clinical)

Course Description: This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	10	Describe the concept of health, illness and health care agencies	Introduction Concept of Health: Health – Illness continuum Factors influencing health □ Causes and risk factors for developing illness Body defences: Immunity and immunization □ Illness and illness Behaviour: Impact of illness on patient and family	☐ Lecture discussion ☐ Visit to health care agencies	☐ Essay type ☐ Short answers ☐ Objective type
			• Health Care services: Health Promotion and Prevention, Primary Care, Diagnosis, Treatment, rehabilitation and Continuing Care		
			 Health care teams □ Types of health care agencies: Hospitals: Types, Organisation and Functions □ Health Promotion and Levels of Disease Prevention □ Primary health care and its 		

II	16	□Explain concept and scope of nursing □Describe values, code of ethics and professional conduct for nurses in India	 Nursing as a profession Definition and Characteristics of a profession Nursing: Definition, Concepts, philosophy, objectives Characteristics, nature and scope of nursing practice Functions of nurse Qualities of a nurse 	Lecture discussionCase discussionRole plays	☐ Essay type ☐ Short answers ☐ Objective type
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Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			 Categories of nursing personnel Nursing as a profession History of Nursing in India Values: Definition, Types, Values Clarification and values in professional Nursing: Caring and Advocacy Ethics: Definition and Ethical Principles Code of ethics and professional conduct for 		
			nurses		

III	4	Explain the admission and discharge procedure Performs admission and discharge procedure	Hospital admission and discharge Admission to the hospital Unit and its preparationadmission bed Admission procedure Special considerations Medico-legal issues Roles and Responsibilities of the nurse Discharge from the hospital Types: Planned discharge, LAMA and abscond, Referrals and transfers Discharge Planning Discharge Planning Discharge procedure Special considerations Medico-legal issues Roles and Responsibilities of the nurse Care of the unit after discharge	 Lecture discussion Demonstration Lab Practice Supervised Clinical practice 	Essay type □ Short answers □ Objective type Assess skills with check list □ Clinical practical examination
IV	10	Communicate effectively with patient, families and team members and maintain effective human relations (Projecting professional image) □ Appreciate the importance of patient teaching in nursing	Communication and Nurse patient relationship Communication: Levels, Elements, Types, Modes, Process, Factors Influencing Communication Methods of Effective Communication, - Attending skills -Rapport building skills -Empathy skills Barriers to effective communication,	•Lecture discussion □ Role play and video film on the nurses Interacting with the patient •Practice Session on patient Teaching □ Supervised Clinical practice	 Essay type Short answers Objective type

Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

	1	1
• Helping		
Relationships (NPR):		
Dimensions of Helping		
Relationships, Phases of a		
helping relationship		
 Communicating 		
effectively with patient,		
families and team members		
and maintain effective		
human relations with		
special reference to		
communicating with		
vulnerable group (children,		
women, physically and		
mentally challenged and		
elderly) ☐ Patient Teaching:		
Importance, Purposes,		
Process, role of nurse and		
integrating teaching in		
Nursing Process		

 Planning Establishing Priorities
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Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

			Establishing Goals and Expected Outcomes, Selection of interventions: Protocols and standing Orders □ Writing the Nursing Care plan Implementation Implementation the plan of care Evaluation □ Outcome of care □ Review and modify Documentation and Reporting		
VI	4	Describe the purposes, types and techniques of recording and reporting	Documentation and Reporting: Documentation: Purposes of Recording and reporting □ Communication within the Health Care Team, □ Types of records; ward records, medical / nursing records, Common Record - Keeping forms, Computerized documentation Guidelines for Reporting: Factual Basis, Accuracy, Completeness, Currentness, Organization, Confidentiality Methods of Recording, □ Reporting: Change -of shift reports: Transfer reports, Incident reports. Minimizing legal Liability through effective record keeping.	Lecture discussion Demonstration Practice Session □ Supervised Clinical practice	Essay type Short answers Objective type

Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

VII	15	☐ Describe principles and techniques of monitoring and maintaining vital signs ☐ Monitor and maintain vital signs	• Guidelines for taking vital signs • Body temperature: □ Physiology, Regulation, Factors affecting body temperature. • Assessment of body temperature: sites, equipments and technique, special Considerations. ○ Temperature alterations: Hyperthermia, Heatstroke Hypothermia ○ Hot and cold applications • Pulse: ○ Physiology and Regulation, Characteristics of the pulse, Factors affecting pulse ○ Assessment of pulse: sites, location, equipments and technique, special considerations ○ Alterations in pulse: • Respiration: ○ Physiology and Regulation, Mechanics of breathing Characteristics of the respiration: ○ Physiology and Regulation, Factors affecting respiration ○ Assessment of respirations: technique, special considerations ○ Alterations in respirations: technique, special considerations ○ Alterations in respiration ○ Alterations in respiration ○ Blood pressure: ○ Physiology and Regulation,	Lecture discussion Demonstration Practice Session □ Supervised Clinical practice	 Essay type Short answers Objective type Assess with check list and clinical practical examination
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	Characteristics of the blood pressure, Factors affecting blood pressure 35		
	0		
	41		



Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	
VIII	30	 Describe purpose and process of health assessment Describe the health assessment of each body system Perform health assessment of each body system 	Health assessment Purposes Process of Health assessment o Health History o Physical examination Methods- Inspection, Palpation, Percussion, Auscultation, Olfaction Preparation for examination: patient and unit General assessment Assessment of each body system Recording of health assessment	☐ Lecture discussion ☐ Demonstration ☐ Practice on simulators Supervised Clinical practice	 Essay type Short answers Objective type
IX	5	☐ Identifies the Various machinery, equipment and linen and their care	Machinery, Equipment and linen • Types: Disposables and reusables- Linen, rubber goods, glass ware, metal, plastics, furniture, machinery • Introduction: □ Indent □ Maintenance □ Inventory	☐ Lecture ☐ discussion Demonstration	 Essay type Short answers Objective type
X	60				

 Describe the basic, physiological and psychosocial needs of patient Describe the principles and techniques for meeting basic, Physiological and psychosocial needs of patient Perform nursing assessment, plan, implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient 	Meeting needs of patient □ Basic needs (Activities of daily living) □ Providing safe and clean environment: -Physical-environment: Temperature, Humidity, Noise, Ventilation, light, Odour, pests control -Reduction of Physical hazards: fire, accidents - Safety devices: Restraints, side rails, airways, trapez etcRole of nurse in providing safe and clean environment □ Hygiene:-	☐ Lecture discussion ☐ Demonstration ☐ Practice sessions ☐ Supervised ☐ Clinical practice	 Essay type Short answers Objective type Assess with check list and clinical practical examination
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Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

	 Factors Influencing Hygienic Practice Hygienic care: Care of the Skin-Bath and pressure points, feet and nail, Oral cavity, Hair Care, Eyes, Ears, and Nose o Assessment, Principles, Type, Equipments, Procedure, Special Considerations Patient environment: 	
	Room Equipment and linen, making patient beds Types of beds and bed making	
	☐ Comfort: Factors Influencing Comfort	
	Comfort devices □Physiological needs:	
	•	
	□Sleep and Rest:	
	-Physiology of sleep	
	-Factors affecting sleep	
	-Promoting Rest and sleep	
	-Sleep Disorders	
	□Nutrition:-Importance -Factors affecting	
	nutritional needs -Assessment of Nutritional	
	needs: Variables -Meeting Nutritional needs: Principles, equipments, procedure and special considerations. Oral	
	oEnteral : Naso/Orogastirc, gastrostomy oParenteral:	
	□Urinary Elimination - Review of Physiology of Urine Elimination, Composition and characteristics of urine - Factors Influencing	
	Urination Urination	

	- Alternation in Urinary Elimination	
	-Types and Collection of	

Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

	Hazards associated with immobilityAlternation in body	

Unit	Time	Learning Objective	Content	Teaching	Assessment
	(Hrs)			Learning	Methods
				Activities	

	Alignment and mobility - Nursing interventions for impaired Body Alignment and Mobility: assessment, types, devices used, method and special considerations, rehabilitation aspects O Range of motion exercises O Maintaining body alignment: Positions O Moving O Lifting O Transferring OWalking	
	oRestraints □Oxygenation -Review of Cardiovascular and respiratory Physiology -Factors Affecting Oxygenation -Alterations in oxygenation -Nursing interventions in oxygenation: assessment, types, equipment used, procedure and special considerations. oMaintenance of patent airway oOxygen administration oSuction oInhalations: dry and moist oChest Physiotherapy and postural drainage oCare of Chest drainage	
	oPulse oximetry oCPR- Basic life support □Fluid, electrolyte, and Acid-Base Balances - Review of Physiological Regulation of Fluid, Electrolyte, and Acid-Base Balances - Factors Affecting Fluid, Electrolyte and Acid-Base Balances - Alterations in Fluid,	

	Electrolyte, and Acid- Base	
	Electrolyte, and Acid- Base Balances	
	- Nursing interventions in	

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			Fluid, Electrolyte, and Acid Base Imbalances: assessment, types, equipment, procedure and special considerations o Measuring fluid intake and output Correcting Fluid, Electrolyte Imbalance: Replacement of fluids: Oral and Parenteral Venipuncture, regulating IV Flow rates, changing IV solutions and tubing, Changing IV dressing,	_	Methods
			 ✓ Administering Blood transfusion ✓ Restriction of fluids □ Psychosocial Needs □ Concepts of Cultural Diversity, Stress and Adaptation, Self-concept, Sexuality, Spiritual Health Coping with loss, death and grieving 		
			☐ Assessment of psychosocial needs ☐ Nursing intervention for psychosocial needs ☐ Assist with coping and adaptation ☐ Creating therapeutic environment R *creational and diversional therapies		

XI	20	☐ Describe principles	Infection control in	☐ Lecture	 Essay type
		and techniques for	Clinical settings	discussion	• Short
		infection control and biomedical waste management in supervised Clinical settings	Infection control □ Nature of infection □ Chain of infection	□ Demonstration □ Practice session Supervised Clinical practice	answersObjective type
			transmission Defenses against infection: natural and acquired		
			☐ Hospital acquired infection (Nosocomial infection)		
			Concept of asepsis: medical asepsis, and surgical asepsis		

Dbjective Content	Teaching Learning Activities	Assessment Methods
☐ (lation precautions ☐ arrier nursing): Hand washing: simple, hand antisepsis and surgical antisepsis (scrub) ☐ Isolation: source and protective ☐ Personal protecting equipments: types, uses and technique of wearing and removing ☐ Decontamination of equipment and unit ☐ Transportation of infected patients ☐ Standard safety precautions (Universal precautions) ☐ Transmission based		
	☐ (lation precautions ☐ arrier nursing): Hand washing: simple, hand antisepsis and surgical antisepsis (scrub) ☐ Isolation: source and protective ☐ Personal protecting equipments: types, uses and technique of wearing and removing ☐ Decontamination of equipment and unit ☐ Transportation of infected patients ☐ Standard safety precautions (Universal precautions)	Learning Activities (lation precautions arrier nursing):

Unit Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
XII 40	 □ Explain the principles, routes, effects of administration of medications □ Calculate conversions of drugs and dosages within and between systems of measurements 	□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□	☐ Lecture discussion ☐ Demonstration ☐ Practice session ☐ Supervised ☐ Clinical practice	 Essay type Short answers Objective type Assess with check list and clinical practical

Administer drugs by the following routes - oral, Intradermal, Subcataneous Intramuscular, Intra Venous topical, inhalation	Prescriptions, Safety in Administering Medications and Medication Errors Drug forms Routes of administration Storage and maintenance of drugs and Nurses responsibility Broad classification of drugs Therapeutic Effect, Side Effects, Toxic Effects, Idiosyncratic Reaction, Allergic Reactions, Drug Tolerance, Drug Interactions, Factors Influencing drug Action, Systems of Drug Measurement: Metric System, Apothecary System, Household Measurements, Solutions. Converting	examination
	 □ Measurements Units: Conversion within one system, Conversion between systems, Dosage Calculation, Terminologies and □ abbreviations used in prescriptions of medications Oral Drugs Administration: Oral, Sublingual and Buccal: □ Equipment, procedure Parenteral 	
	☐ General principles: decontamination and disposal of syringes and needles	
	☐ Types of parenteral ☐ therapies	

	☐ Types of syringes, needles, canula, and	

Unit Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
		infusion sets		
		Protection from Needle stick Injures: Giving Medications with a safety syringes Routes of parenteral therapies Intradermal: purpose, site, equipment, procedure, special considerations Subcutaneous: purpose, site, equipment, procedure, special considerations Intra Venous: purpose, site, equipment, procedure, special considerations Intra Venous: purpose, site, equipment, procedure, special considerations Advanced techniques: Epidural, intrathecal, intraosseous, intraperitonial, intraplural, intraplural, intraarterial-Role of nurse		

☐ Topical Administration: purposes, site, equipment, procedure, special considerations for	
☐ Application to Skin	
☐ Application to mucous membrane	
 Direct application of 	
liquids-Gargle and	
swabbing the throat	
 Insertion of Drug into 	
body cavity:	
Suppository/ medicated	
packing in	
rectum/vagina	
- Instillations:, Ear, Eye,	
Nasal, Bladder, and	
Rectal	
-Irrigations:Eye, Ear,	
Bladder, Vaginal and	

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			Rectal -Spraying: Nose and throat		
			☐ Inhalation: Nasal, oral, endotracheal/tracheal (steam, oxygen and medications)- purposes, types, equipment, procedure, special considerations		
			☐Recording and reporting of medications		
			administered		

		and post operative care of patients • Explain the process of wound healing • Explain the principles and techniques of wound care • Perform care of wounds	Perioperative patients Definition and concept of Perioperative Nursing Preoperative Phase □ Preparation of patient for surgery Intraoperative □ Operation theatre set up and environment □ Role of nurse □ Postoperative Phase □ Recovery unit □ Post operative unit □ Post operative care, Wounds: types, Classifications, wound Healing Process, Factors affecting Wound, Complications of Wound Healing Surgical asepsis Care of the sound: types, equipments, procedure and special considerations □ Dressings, Suture care, □ Care of Drainage □ Application of Bandages, Binders, Splints & Slings □ Heat and Cold Therapy	discussion Demonstration Practice session Supervised Clinical practice	 Short answers Objective type Assess with check list and clinical practical examination
XIV	15	☐ Explain care of	Meeting special needs of	Lecture	Essay type
		patients having alterations in body	the patient Care of patients having	discussion Case	• Short answers

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
		functioning	alternation in	☐ discussions Supervised	☐ Objective type

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			- Temperature (hyper and hypothermia); Types, Assessment, Management - Sensorium (Unconsciousness); Assessment, Management - Urinary Elimination (retention and incontinence)Assessment , Management - Functioning of sensory organs: (Visual & hearing impairment) Assessment of Self-Care ability - Communication Methods and special considerations Mobility (physically challenged, cast), assessment of Self-care ability: Communication Methods and special considerations - Methods and special considerations - Mental state (Mentally challenged) assessment of Self-Care ability; - Communication Methods and special considerations - Mental state (Mentally challenged) assessment of Self-Care ability; - Communication Methods and special considerations Respiration (distress); - Types, Assessment, Management - Comfort- (Pain)- Nature, - Types, Factors influencing pain, Coping, assessment, Management; - Treatments related to gastrointestinal system: - nasogastric suction, gastric irrigation, gastric analysis	Clinical practice	

XV	5	□ Explain care of terminally ill patient	patient Concepts of Loss, Grief, grieving Process Signs of clinical death Care of dying patient: special considerations Advance directives: euthanasia, will, dying declaration, organ donation etc Medico- legal issues Care of dead body: equipment, procedure and care of unit Autopsy Embalming	Lecture discussion Demonstration Case discussions /Role play Practice session Supervised Clinical practice	 Essay type Short answers Objective type
XVI	6	☐ Explain the basic concepts of conceptual and theoretical models of nursing	 Professional Nursing concepts and practices Conceptual and theoretical model of nursing practice: Introduction to modelsholistic model, health belief model, health promotion model, etc Introduction to Theories in Nursing; Peplau's, Henderson's, Orem's, Neuman's, Roger's and Roy's Linking theories with nursing process 	Lecture discussion	 Essay type Short answers Objective type

Internal assessment for theory: (25 Marks-Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference

- 1. Potter & Perry, Fundamentals of Nursing, Elsevier, 6th Edition.
- 2. Harkreader, Fundamentals of Nursing: Catering and Clinical Judgment, Elsevier, 3rd Edition
- 3. Kozier, Fundamentals of Nursing: Concepts, Process & Practice, Pearson, 7th Edition

- 4. Taylor, Fundamentals of Nursing: Arts and science of Nursing Process, Saunders, 7th Editon.
- 5. Fuller, Health Assessment: Nursing Approach, Lippincott, 3rd Edition
- 6. Ackley (BJ), Nursing Diagnosis Handbook: An evidence based guide to planning care, Mosby, 8th Edition
- 7. Craven, Fundamentals of Nursing: Human health & function, LWW, 5th Edition.

Nursing Foundations - Practical

Placement: First Year Time: Practical - 650 hours

(200 lab and 450 clinical)

Course Description: This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in clinical settings.

Area	Time	Objective	Skills	Assignments	Assessment
	(Hrs)				Methods

Demonstra tion Lab General, Medical and Surgery ward * Prepares nursing care plan as per the nursing process format * Prepares nursing care plan as per the nursing process format	Hospital admission and discharge (III): - • Admission • Prepare Unit for newpatient • Prepare admission bed • Performs admission Procedure □ New Patient □ Transferin • Prepare patient recordsDischarge / Transfer out: • Gives dischargecounseling • Perform discharge procedure (Planned discharge, LAMA and abscond, Referrals and transfers) • Prepare records ofdischarge / transfer. • Dismantle, and disinfect unit and equipment after discharge / transfer. Perform assessment: • History taking, Nursing diagnosis, problem list, Prioritization, Goals & Expected Outcomes, Selection of interventions. • Write Nursing Care plan • Given care as per the plan	 Practice in Unit/hospital Write nursing process records of patient Simulated – 1 Actual -1 	 Evaluate with checklist Assessment of clinical performance with rating scale Completion of practical record Assessment of nursing process records with checklist Assessment of actual care given with rating scale
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Area	Time (Hrs)	Objective	Skills	Assignments	Assessment Methods

• Communicate effectively with patient, families and team members and • Maintain effective human relations • Develops plan for patient teaching Prepare patient reports • Presents reports • Monitor vital signs • Perform health assessment of each body system Provide basic nursing care to patients	 Presents patient report Vital signs : Measure, Records and interpret alterations in body 	 Role-plays in simulated situations on communication techniques-1 Health talk-1 Write nurses notes and present the patient report of 2-3 assigned patient Lab practice Measure Vital signs of assigned patient Practice in lab & hospital Simulated exercise on CPR manikin 	 Assess role plays with the checklist on Communic ation techniques Assess health talk with the check list Assessme nt of communic ation techniques by rating scale Assessme nt of performan ce with rating scale Assessme nt of each skill with checklist ☐ Completion of activity record Assessme nt of each skill with rating scale Completion of activity record

Area	Time	Objective	Skills	Assignments	Assessment
	(Hrs)				Methods

Baths and care of pressure points. Hair wash, Pediculosis treatment. Feeding: Oral, Enteral, Naso / Orogastric, gastrostomy and Parenteral feeding. Naso -gastric insertion, suction, and irrigation. Assisting patient in urinary elimination: Provides urinal / bed pan Condom drainage Perineal care Catheterization Cate of urinary drainage Bladder irrigation Assisting bowel Elimination: Insertion of Flatus tube. Enemas Insertion of suppository. Bowel wash, Body Alignment and Mobility: Range of motion exercises Positioning: Recumbent, Lateral (π / lt) Fowlers, Sims, Lithotomy, Prone, Tendelenburg positon. Assist patient in moving lifting, transferring , wasking. Restraints. Oxygen administration □ Suctioning: Oropharyangeal, nasopharyngeal Penartment of		
nasopharyngeal study -2	points. Hair wash, Pediculosis treatment. Feeding: Oral, Enteral, Naso / Orogastric, gastrostomy and Parenteral feeding. Naso -gastric insertion, suction, and irrigation. Assisting patient in urinary elimination: Provides urinal / bed pan Condom drainage Perineal care Catheterization Car e of urinary drainage Bladder irrigation Assisting bowel Elimination: Insertion of Flatus tube. Enemas Insertion of suppository. Bowel wash, Body Alignment and Mobility: Range of motion exercises Positioning: - Recumbent, Lateral (rt / lt) Fowlers, Sims, Lithotomy, Prone, Tendelenburg positon. Assist patient in moving lifting, transferring, walking. Restraints. Oxygen administration Suctioning:	
nasopharyngeal study -2		• Observation
ind of the judget.		
- Department of	nasopnaryngear	• Department of

Chest physiotherapy and postural drainage	
Care of Chest drainage	
CPR - Basic life	
support	
Intravenous therapy	

Area	Time	Objective	Skills	Assignments	Assessment	
	(Hrs)				Methods	

Perform infection control procedures Provide care to pre and post operative patients □ Perform procedures for care of wounds Administer drugs	Blood and blood component therapy Collect / assist for collection of specimens for investigations urine, sputum, faces, vomitus, blood and other body fluids □ Perform lab tests:- Urine: - Sugar, albumin, acetone Blood: - Sugar (with strip/ gluco-meter) Hot and cold application: local and general Sitz bath Communicating and assisting with self-care of visually & hearing impaired patients. Communicating and assisting with self-care of mentally challenged / disturbed patient. Recreational and divertional therapies Caring of patient with alteration in sensorium. Infection control: - Perform following Procedures: □ Hand washing techniques □ Simple, hand antisepsis and surgical antisepsis (scrub). □ Prepare isolation unit in lab / ward. □ Practice technique of wearing and removing Personal protective equipment (PPE) □ Practice Standard safety Precautions (Universal	control & CSSD • Visits CSSD write observation report – 1 Collection of samples for culture • Do clinical posting in infection control department and write report • Practice in lab/ward	Assess observation study with checklist Evaluate all procedures with checklist
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	Decontamination of	

Area	Time	Objective	Skills	Assignments	Assessment
	(Hrs)				Methods

Provide care	equipment and unit: •	
to dying and	Surgical asepsis:	
dead	Sterilization	
 Counsel and 	☐ Handling sterilized	
	equipment	
support relatives	☐ Calculate strengths of	
relatives	lotions,	
	☐ Prepare lotions	
	☐ Care of articles	
	Pre and post operative care:	
	-	
	• Skin Preparations	
	forsurgery: Local	
	• Preparation of	
	postoperative unit	
	• Pre & Post	
	operativeteaching and	
	counseling. • Pre & Post	
	operative monitoring.	
	• Care of the wound	
	 Dressings, Suture 	
	Care,	
	care of Drainage,	
	Application of Bandages,	
	Binders, splints & Slings.	
	Bandaging of various	
	body parts.	
	Administration of	
	Medications: -	
	• Administer	
	Medications	
	in different forms and	
	routes.	
	Oral, Sublingual and	
	Buccal,	
	• Parenteral:	
	Intradermal,	
	subcutaneous, Intramuscular	
	etc.	
	• Assist with Intra	
	venousmedications	
	Drug mea surements	
	and dose calculations.	
	• Preparation of	
	lotions and solutions.	
	Administers	
	topicalapplications.	
	• Insertion of drug	
	into	

med and	y cavity: Suppository & icated packing etc. Instillation of icines spray into Ear, Eye, e, and throat.	

Area	Time	Objective	Skills	Assignments	Assessment
	(Hrs)				Methods
			• Irrigations: - Eye, Ear,		
			Bladder, vagina and rectum.		
			•Inhalations: dry and moist		
			Care of dying patient: • Caring and packing of dead body.		
			• Counseling and		
			supporting grieving		
			relatives.		
			• Terminal care of the unit.		

Internal assessment for Practical: (100 Marks/ 50 Marks- Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Psychology

Time: Theory - 60 hours Placement: First Year

Course Description: This course is designed to assist the students to knowledge of fundaments of psychology and develop an insight into behavior of self and others. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	2	☐ Describe the history, scope and methods of psychology	Introduction: • History and origin of science of Psychology • Definitions and scope of Psychology • Relevance to Nursing • Methods of Psychology	☐ Lecture Discussion	Essay typeShort answers
II	4	☐ Explain the biology of human behaviour.	Biology of behavior: Body mind relationship — Modulation process in Health and illness. Genetics and behavior: Heredity and environment Brain and Behavior: Nervous system, Neurons and synapse. • Association Cortex, Rt and Lt Hemispheres • Psychology of Sensations • Muscular and glandular contr ols of behavior. • Nature of behavior of anorganism / integrated responses	☐ Lecture Discussion	• Essay type • Short answers

III	20	Describe various cognitive processes and their applications	Cognitive Processes: • Attention: Types, determinants, Duration, and Degree, alterations. • Perception: - Meaning, Principles, factors affecting, errors. • Learning Nature: - Types, learner and learning, factors influencing, laws and theories, process, transfer, study habits.	☐ Lecture Discussion ☐ Psychomet ric assessment: ☐ Practice Sessions	Essay typeShort answers
			 Memory: - Meaning, types, nature, factors influencing, development theories methods of memorizing and Forgetting. Thinking: - Types and levels, stages of development, Relationship with language and communication. 		

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
			 Intelligence: - Meaning, Classification, Uses, theories. Aptitude: - Concept, types, Individual differences and variability. Psychometric assessments ofcognitive, Processes. Alterations in cognitiveprocesses • Applications 	Trecivities	

IV	8	Describe the motivation, emotions, stress, attitudes and their influence on behavior.	Motivation and Emotional Processes: • Motivation: Meaning, Concepts, Types, Theories, Motives and behavior, Conflict and frustration, conflict resolution. • Emotions & Stress: □ Emotion: - Definition, components, Changes in emotions, theories, emotional adjustments, emotions in health and illness. □ Stress: Stressor, cycle, effect, adaptation & Coping • Attitude: - Meaning, nature, development, factors affecting. Behavior and attitudes. □ Attitudinal Change • Psychometric assessments of emotions and attitudes. Alterations in emotions • Applications.	Lecture Discussion □ Role plays Case Discussion □ Demonstr ation	Essay typeShort answers
V	7	Explain the concepts of personality and its influence on behavior	Personality: Definitions, topography, factors affecting personality, types, theories. Psychometric assessments of personality. Alterations in personality Applications.	☐ Lecture Discussion ☐ Demonstr ation	Essay typeShort answers
VI	7	Describe psychology of people during the life cycle	Developmental Psychology: Psychology of people at different ages from infancy to old age. Psychology of vulnerable individuals – Challenged, women, sick, etc. Psychology of groups.	Lecture DiscussionCase Discussion	Essay typeShort answers
VII	8	Describe the characteristics of mentally healthy person,	Mental hygiene and mental Health: Concepts of mental hygiene and mental health. Characteristics of mentally healthy person.	☐ Lecture Discussion ☐ Role plays ☐ Case	Essay typeShort answers
Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods

		explain ego defense mechanisms	 Warning signs of poor m ental health Promotive and Preventive mentalhealth strategies and services. • Ego Defense mechanisms and implications. Personal and social adjustments. Guidance and Counseling Role of nurse 	Discussion Demonstration	
VIII	4	☐ Explain the psychologica l assessments and role of nurse	Psychological assessment & tests: - Types, development, Characteristics, Principles, Uses, Interpretations, and role of nurse in psychological assessment.	☐ Lecture Discussion ☐ Demonstr ation ☐ Practice sessions	☐ Assessment of Practice

Internal assessment for theory: (25 Marks –Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

References:

- 1. Morgon (CT), Introduction to Psychology, Tata McGraw Hill, New Delhi, 20th edition, 2003.
- Atkinson (RL), Hilgard's Introduction to psychology, Harcourt college publishers, th
 Philadelphia, 13 edition, 2000.
- 3. Shelley, Taylor's Health Psychology, Tata McGraw hill publishing co. Ltd, Sidney, 6th Edition 2006.
- 4. Santrock (JW), Educational Psychology, Tata McGraw Hill Pub. Co. Ltd., Sidney 2006.
- 5. Fernald (L.D) Introduction to Psychology A.I.T.B.S. Pub. New Delhi 2006.
- 6. Mangal (SK), Advanced Educational Psychology, Pentice Hall of India, New Delhi, 2nd Edition, 2006.
- 7. Gross (R), Psychology for Nurses and Allied Health Professionals, Hodder Arnold, London, 2007.

Microbiology

Placement: First Year Time: Theory - 60 Hours (Theory 45+15 lab)

Course Description: - This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various Microorganisms. It also provides opportunities for practicing infection control measures in hospital and community settings.

Unit	Time	(Hrs)	Learning Objective	Content	Teaching Learning	Assessment Methods
	Th	Pr			Activities	

I	5		Explain concepts and principles of microbiology and their importance in nursing.	Introduction: - • Importance and relevance tonursing • Historical Perspective • Concepts and terminology • Principles of microbiology	☐ Lecture Discussion	Short answersObjective type
II	10	5	Describe structure, classification morphology and growth of bacteria, identify microorganism s.	General characteristics of Microbes: - Structure and classification of Microbes. Morphological types. Size and f orm of bacteria. Motility Colonization Growth and nutrition of microbes: Temperature Moisture Blood and body fluids Laboratory methods for Identification of Micro — Organisms. Staining Techniques, Gram staining, Acid fast staining, Hanging drop preparation Culture: Various Medias.	☐ Lecture Discussion ☐ Demonstra tion	 Short answers Objective type
III	10	2	Describe the methods of infection control, identify the role of nurse in hospital infection control programme	 Infection Control: - Infection: Sources Portals ofentry and exit, transmission. Asepsis Disinfection: Types andmethods. Sterilization: Types andMethods. Chemotherapy and antibiotics. Standard safety measures. 	 Lecture Discussion Demonstra tion Visits to CSSD Clinical practice 	Short answersObjective type

Unit	Time (Hrs)		Learning	Content	Teaching	Assessment	
			Objective		Learning	Methods	
	Th	Pr			Activities		

IV	12	4	Describe the different disease producing organisms.	Biomedical wastemanagement. Role of nurse Hospital acquired infection. Hospital infection control programme Protocols, collection of samples, preparation of report and status of rate of infection in the unit/ hospital nurses accountability, continuing education etc. Pathogenic organisms: Cocci − gram positive and gram negative Bacilli − gram positive and gram negative Spirochaete Mycoplasma □ Rickettsiae Chlamydiae Viruses• Fungi − Superficial and Deep mycoses Parasites Rodents & vectors Characteristics, Source, Portal of entry, transmission of infection. Identification of disease producing micro − organisms Collection , handling and transportation of various specimens.	☐ Lecture Discussion ☐ Demonstra tion ☐ Clinical practice	 Short answers Objective type
V	8	4	Explain the concept of immunity, hypersensitivit y and immunization	Immunity: Immunity - Types, Classification Antigen and antibody reaction. Hypersensitivity - skin test • serological tests. Immunoprophylaxis: Vaccines & sera- Types & Classification, Storage and handling cold chain. Immunization for various diseases	☐ Lecture Discussion ☐ Demonstra tion ☐ Clinical practice	Short answersObjective type

		☐ Immunization Schedule	

Internal assessment: (25 Marks Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference:

- 1. Ananthanarayanan (R), Textbook of Microbiology, Orient Longman Ltd., Madras, 1994.
- 2. Bhatia (R), Essentials of Medical Microbiology, J.P Brotheres Publishers, New Delhi, 3rd Edition, 2004.
- 3. Ichhpujani (RL), Microbiology for Nurses, J.P Brotheres Publishers, New Delhi, 2nd Edition, 2003.

Introduction to Computer

Placement: First Year Time: Theory - 45 Hours

Course Description: - This course is designed for students to develop basic understanding of uses

of computer and its applications in nursing.

Unit			Learning Objective	Content	Teaching Learning	Assessment Methods
	Th	Pr	Objective		Activities	Withous
I	3		Identify and define various concepts used in computer, identify application of computer in nursing.	Introduction:	 Lecture Discussion Demonstration	Short answersObjective type
II	6	20	Describe and use the Disk Operating System, Demonstrate skill in the use of MS Office.	Introduction to disk – operating system: • DOS • Windows (all version)Introduction: • MS – Word • MS – Excel with pictorial presentation • MS – Access • MS – Power point	 Lecture Discussion Demonstration Practice session	 Short answers Objective type Practical Exam
III	2	3	Demonstrate skill in using multi- media, identify features of computer aided teaching and testing	Multimedia: - types & uses • Computer aided teaching & testing.	 Lecture Discussion Demonstration	 Short answers Objective type Practical Exam and Viva Voce
IV	1	3	Demonstrate use of internet and Email.	Use of Internet and e – mail	 Lecture Discussion Demonstration Practice session	 Short answers Objective type Practical Exam and Viva Voce

V	2	2	Describe and use the statistical packages.	Statistical packages: Types and their features.	 Lecture Discussion Demonstration Practice session	 Short answers Objective type Practical Exam and Viva Voce
VI	1	2	Describe the use of Hospital Management System.	Hospital Management System: Types and uses.	 Lecture Discussion Demonstration	 Short answers Objective type Practical Exam and Viva Voce

Internal assessment: (25 Marks – Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

References

- 1.N.K.Anand & Shikha Goel , Computers for Nurses, A.I.T.B.S. Publishers , India. 2009.
- 2. Thacker N Computers for Nurses, India. 2009

Sociology

Placement: Second Year Time: Theory 60 Hours

Course Description: This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
I	1	☐ State the importance of in sociology Nursing	 Introduction Definition of Sociology Nature and Scope of the discipline Importance and application 	☐ Lecture Discussion	Essay typeShort answers
II	3	☐ Describe the interof relationship in individual and society community	of sociology in Nursing Individual & Society Society and Community Nature of Society Difference between society	☐ Lecture Discussion	• Essay type • Short answers
		Community	and communityProcess of socialization and individualizationPersonal disorganization		

III	3	☐ Describe the influence of culture on health and disease	CultureNature of cultureEvolution of cultureDiversity and uniformity of	Lecture DiscussionPanel Discussion	• Essay type • Short answers
			 Culture and socialization Transcultural society Influence on health and disease 		
			 Biodiversity and its conservation: 		
			☐ Introduction Definition: Genetics species and ecosystem diversity.		
			☐ Biogeographical classification of India		
			☐ Value of Biodiversity: consumptive use, Productive use, Social, ethical, aesthetic and option values		
			☐ Bio diversity at global, national and local levels.		
			☐ India has a mega – diversity nation.		
			☐ Hot-spots of biodiversity		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			☐ Threats to bio-diversity: habitat loss, poaching of wild life, man, wild life conflicts		
			☐ Endangered and endemic species of India		
			☐ Conservation of biodiversity: in-situ and ex-situ conservation of biodiversity.		

IV	4	☐ Identify various	Social groups and processes	☐ Lecture	• Essay type
		social groups and their interactions	The meaning and classification of groups	Discussion	Short answers
			Primary & Secondary Group		
			• In-group V/s. Out-group, Class Tribe, Caste □		
			Economic, Political,		
			Religious groups, Mob, Crowd, Public and Audience Interaction & Social Processes		
			Co-operation, Competition, Conflict		
			 Accommodation, Assimilation & Isolation Social Issues 		
			Social Issues and environment:		
			☐ From unsustainable to sustainable development		
			☐ Urban problems and related to energy		
			☐ Water conservation, Rain water harvesting, water shed management		
			☐ Resettlement and rehabilitation of people: its problems and concerns		
			- case studies Environmental ethics: Issues and possible solutions, climate change, Global warming, acid rain, ocean layer depletion, Nuclear accident and Holo caust – Case studies		
			☐ Consumerism and waste products, waste and reclamation.		

Unit	Time	Learning Objectives	Content	Teaching	Assessment	
	(Hrs)			Learning	method	
				Activity		

V	6	☐ Explain the growth	Population	☐ Lecture	• Essay type
•		of population in India and its impact on health	 Society and population □ Population distribution in India- Demographic characteristics Malthusian theory of populations Population explosion in India and its impact on health status 	Discussion Community Identification	 Short answers Assessment of report on community identification
	_		• Family welfare programmes	_	
VI	5	Describe the institutions of family and marriage in India	Family and Marriage ☐ Family – Functions • Types-Joint, Nuclear, Blended and extended family: Characteristics • The Modern Family – Changes, Problems – Dowry etc., Welfare Services • Changes & legislations on family and marriage in India – marriage acts ☐ Marriage: Forms and functions of marriage, • Marriage and family problems in India • Family, marriage and their	 Lecture Discussion Family case study 	 Essay type Short answers Assessment of family case study
			influence on health and health practices		

VII	7	Describe the class and caste system and their influence on health and health practices	 Social Stratification Meaning & types of social stratification The Indian Caste system – origin & features Features of caste in India Today Social Class system and status Social Mobility – Meaning & Types Race as a biological concept, criteria of racial classification Salient features of Primary races-Racism Influence of Class, Caste and Race on health and health Practices 	Lecture Discussion Community Survey	Essay type Short answers Assessment of report on community survey
VIII	6	☐ Describe the types of communities in India, their	Types of Communities in India (Rural, Urban and Regional) ☐ Features of village	Lecture DiscussionVisits to	Essay typeShort answers

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
		practices and the impact on health	community & characteristics of Indian villages – panchayat system, social dynamics • Community Development project & planning • Changes in Indian Rural life • Availability of health facilities in rural and its impact on health and health practices • Urban – Community – features • The growth of cities: • Urbanisation and its impact on health and health practices • Major urban problems – Urban slums	rural and urban community	Assessment of report on community survey

			Region : Problems and impact on Health		
IX	4	☐ Explain the process of social change	 Social Change Nature and process of social change Factors influencing social change: Cultural change, Cultural lag. Introduction to Theories of social change: Linear, Cyclical, Marxian, Functionial Role of nurse – Change agents 	☐ Lecture Discussion	Essay typeShort answers
X	4	☐ Describe the social system and inter — relationship of social organizations	Social organization and social system • Social organization: elements, types • Democratic and authoritarian modes of participation, • Voluntary associations • Social system: Definition and Types of social system • Role and status as structural elements of social system • Inter-relationship of institutions	 Lecture Discussion Observatio n visits 	 Essay type Short answers Assessment of visit reports

XI	2	☐ Explain the nature and process of social control	 Social Control Nature and process of social control Political, Legal, Religious, 	Lecture DiscussionCommunity Survey	 Essay type Short answers Assessment of report on
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			Educational, Economic, Industrial and Technological systems, Norms & Values – Folkways & Mores Customs, Laws and fashion Role of nurse		community survey
XII	15	Describe the role of the nurse in dealing with social problems in India	• Social Problems • Social disorganization ☐ Control & planning: Poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: Elderly, handicapped, minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/ AIDS − Value Education • Social Welfare programmes in India Role of nurse • Role of information technology I environment and human health-case studies	 Lecture Discussion Institutiona l visits 	 Essay type Short answers Assessment of visit reports

Internal assessment: (25 Marks- refer to regulations)

Three Unit test marks 45%
Two Assignment marks 25%
Model Exam 25%
Attendance 5%
Total 100%

Reference:

- 1. Bhushan (V), Introduction to Sociology, Kitab Mahan, 2002.
- 2. Madan (GR), Indian Social Problems, Allied Publishers, Chennai.
- 3. Mehta (SA), Study of Rural Sociolgy in India, Chand & Co.
- 4. Ogbern (F), Handbook of Sociology, Eurasoa Publishing, New Delhi.
- 5. Majmudar (DN), An Introduction to Social Anthropology, Asia Publishing House, Bombay.
- 6. Indrani (TK), Textbook of Sociology for Nurses, Jaypee Brothers, New Delhi, 2006.
- Neeraja (KP), Textbook of Sociology for Nursing Students, Jaypee Brothers, New Delhi, 2005.
 Rao (SD), Psychology and Sociology for Paramedicals, Jaypee Brothers, New Delhi, 2006
- 8. Agarwal, K.C. Environmental Sciences, Nidi publishers, 2001.
- 9. Bharucha Erach, The Biodiversity of India, Mapin Publication, 2001.
- 10. Brunner RC, Hazardous waste incineration, McGraw Hill Publishers, 1989.

Pharmacology, Pathology and Genetics

Pharmacology

Placement : Second Year Time : Theory 45 Hours

Course Description: This course is designed to enable students to acquire understanding of Pharmaco-dynamics, pharmacokinetics, principles of therapeutics and nursing implications.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
I	3	□ Describe pharmacodynamics, pharmaco-kinetics, classification and the principles of drug administration	 Introduction Definition Sources Terminology used ☐ Types: Classification ☐ Pharmacodynamics: Actions, therapeutic Adverse, toxic Pharmacokinetics: absorption, distribution, metabolism, interaction, excretion Review: Routes and principles of administration of drugs Indian pharmacopoeia: Legal issues Rational use of drugs Principles of therapeutics 	☐ Lecture Discussion	 Short answers Objective type

II	6	chemotherapy of specific infection and infestations and nurse's responsibilities	Chemotherapy □ Pharmacology of commonly used; ■ Penicillin ■ Cephalosporins ■ Aminoglycosides ■ Macrolide & Broad Spectrum Antibiotics ■ Sulfonamides ■ Quinolones ■ Antiamoebic ■ Antimalarials ■ Anthelmintics ■ Antiscabies agents ■ Antiviral & anti-fungal agents ■ Antitubercular drugs ■ Anti leprosy drugs ■ Anticancer drugs ■ Immuno-suppressants Composition, action, dosage,	☐ Lecture Discussion ☐ Drug study / presentation	 Short answers Objective type
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse		
III	2	☐ Describe Antiseptics, disinfectants, insecticides and nurse's responsibilities	Pharmacology of commonly used antiseptics, disinfectants and insecticides • Antiseptics; Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	☐ Lecture Discussion ☐ Drug study / presentation	Short answersObjective type
			Disinfectants Insecticides		

IV	2	☐ Describe Drugs acting on Gastro Intestinal system and nurse's responsibilities	Drugs acting on G.I system □ Pharmacology of commonly used ■ Antiemetics, ■ Emetics ■ Purgatives ■ Antacids ■ Cholinergic ■ Anticholinergics ■ Fluid and electrolyte therapy ■ Anti diarrhoeals ■ Histamines Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	☐ Lecture Discussion ☐ Drug study / presentation	 Short answers Objective type
V	2	□ Describe Drugs used on Respiratory Systems and nurse's responsibilities	Drugs used on Respiratory Systems ☐ Pharmacology of commonly used- ■ Antiasthmatics ■ Mucolytics ■ Decongestants ■ Expectorants ■ Antitussives ■ Bronchodilators ■ Broncho constrictors ■ Antihistamines Composition, action, dosage, route, indications, contraindications, drug	☐ Lecture Discussion ☐ Drug study / presentation	 Short answers Objective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			interactions, side effects, adverse effects, toxicity and role of nurse		

VI	2	□ Describe Drugs used on Urinary system and nurse's responsibilities	Drugs used on Urinary System □ Pharmacology of commonly used- ■ Diuretics and antidiuretics ■ Urinary antiseptics ■ Cholinergic and anticholinergics ■ Acidifiers and alkalanizers Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	☐ Lecture Discussion ☐ Drug study / presentation	 Short answers Objective type
VII	4	☐ Describe Dru gs used in De- addiction, emergency, deficiency, vitamins minerals, poisoning, immunization, immunesuppression a nurse's nd responsibilities	Miscellaneous Drugs used in de-addiction Drugs used in CPR and emergency Vitamins and minerals Immunosuppresants Antidotes Antivenom Vaccines and sera	☐ Lecture Discussion ☐ Drug study / presentation	Short answersObjective type
VIII	1	☐ Describe Drugs used on skin and mucous membranes and nurse's responsibilities	Drugs used on skin and mucous membranes Topical applications for skin, eye, ear, nose and buccal cavity, Antipruritics Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	☐ Lecture Discussion ☐ Drug study / presentation	Short answersObjective type

and nurse's responsibilities • Basic & applied pharmacology of commonly	scussion ug study presentation	Objective type
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			drugs		
			Antipyretics		
			Hypnotics and Sedatives		
			- Opioids		
			- Non-Opioids		
			- Tranquilizers		
			- General & local		
			anesthetics		
			- Gases: oxygen, nitrous		
			oxide, carbon-dioxide		
			☐ Cholinergic and		
			anticholinergies:		
			Muscle relaxants		
			Major tranquilizers		
			Anti-psychotics		
			Antidepressants		
			 Anticonvulsants 		
			Adrenergics		
			Noradregenics		
			Mood stabilizers		
			Acetylcholine		
			■ Stimulants		
			Composition, action, dosage,		
			route, indications,		
			contraindications, drug		
			interactions, side effects,		
			adverse effects, toxicity and		
			role of nurse		

X	5	□ Describe Drugs used on Cardiovascular system and nurse's responsiblities	 Cardiovascular drugs Haematinics Cardiotonics, ☐ Antianginals Anti-hypertensives & vasodilators Anti-arrhythmics Plasma expanders Coagulants & anticoagulants Antiplatelets & thrombolytics Hypolipidemics Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse 	☐ Lecture Discussion ☐ Drug study / presentation	 Short answers Objective type
XI	4	☐ Describe drugs used for hormonal disorders and	Drugs used for hormonal disorders and supplementation,	Lecture DiscussionDrug study	Short answersObjective
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method

		supplementation, contraception and medical termination of pregnancy and nurse's responsibilities	contraception and medical termination of pregnancy ☐ Insulin's & Oral hypoglycemic • Thyroid supplements and suppressants • Steroids, Anablics • Uterine stimulants and relaxants • Oral contraceptives • Other estrogen — progesterone preparations • Corticotrophine & Gonadotropines • Adrenaline • Prostaglandins • Calcitonins • Calcium salts ☐ Calcium regulators Composition, action, dosage, route, indications, croute, indications, drug interactions, side effects, adverse effects, toxicity and role of nurse.	/ presentation	type
XII	6	☐ Demonstrate awareness of the common drugs used in alternative system of medicine	Introduction to Drugs used in alternative system of medicine: Ayurveda, Homeopathy, Unani and Siddha etc.	Lecture DiscussionObservation al visit	Short answersObjective type
	Intern	al assessment : (25 mark			
Three Unit test m				45%	
		Two Assignment	marks	25%	
		Model Exam		25%	
		Attendance		5%	
		Total		100%	

Three Unit test ma

Two Assignment m

Model Exam

Attendance

Total

References:

- 1. Satoshkar, Pharmacology & Pharmacotherapeutics, 20th Edition, 2007.
- 2. Bennett (PN), Clinical Pharmacology, Churchil Livingston, New Delhi, 9th Edition, 2003.
- 3. Tripathi (KD), Essential of Medical Pharmacology, Jaypee Brothers, New Delhi, 6th Edition, 2007.
- 4. Craig (CR), Modern Pharmacology with Clinical Application, Little Brown & Co., Newyork, 5th Edition, 1997.
- Goodman & Gilman's Pharmacological Basis of therapeutics, McGrawhill, Newyork, 10th Edition, 2001.

Pathology

Placement: Second Year Time: Theory 30 Hours

Course Description: This course is designed to enable students to acquire knowledge of pathology of various disease conditions and apply this knowledge in practice of nursing.

Unit		me	Objectives	Content	Teaching	Assessment
		rs)	_		Learning	method
I	Th 3	Pr.	Define the common terms used in pathology. Appreciate the deviations from normal to abnormal structure and functions of the body system.	☐ Int oduction: Importance ☐ of the study of pathology Definition ☐ of terms Methods and techniques ☐ Cellular and Tissue ☐ changes. ☐ Infiltration and ☐ generation ☐ Inflammations and ☐ Infections ☐ Wound healing ☐ Vascular changes ☐ r growth, Neoplasms: ☐ Cel ☐ Benign and ☐ Malignant growths ☐ In situ carcinoma ☐ Disturbances of fluid ☐ and electrolyte ☐ imbalance ☐	• Lecture Discussion • Explain using charts	 Short answers Objective type
II	10	5	□ Explain pathological changes in disease condition of various system	 Special Pathology: - Pathological changes in disease conditions of various systems. Respiratory tract □ Tuberculosis, Bronchitis, Pleural effusion and pneumonia. □ Lung abscess, emphysema, bronchiectasis. □ Bronchial asthma, 	 Lecture Discussion Explain using charts, slides, specimen, X-rays and scans Visit to Pathology lab, endoscopy unit and OT 	 Short answers Objective type

chronic obstructive pulmonary disease & tumours. • Cardio – vascular system:	
-	

Unit	Ti	me	Objectives	Content	Teaching	Assessment
	(Hrs)				Learning	method
	Th	Pr.			Activities	

	Pericardial effusion	
	Rheumatic heart	
	disease	
	Infective	
	endocarditis,	
	therosclerosis	
	schemia, infarction & neurysm.	
	astro Intestinal Tract:	
	Peptic ulcer, typhoid	
	Carcinoma of GI tract	
L	buccal, Esophageal,	
_		
	Gastric & intestinal	
	ver, Gall bladder□ &	
	increas: -	
	Hepatitis, Chronic liver abscess,	
	cirrhosis	
_	Tumours of liver, gall	
	bladder and pancreas.	
Г	Cholecystitis	
	idneys & Urinary tract □	
	lomerulonephritis,	
	Pyelonephritis	
	Calculi, renal failure,	
	renal carcinoma &	
	cystitis.	
	ale genital systems:	
	Cryptorchidism,	
	testicular atrophy	
	Prostatic hyperplasia,	
	carcinoma penis & prostate	
• Fe	emale genital systems	
	Fibroids	
	Carcinoma cervix and	
	ndometrium.	
	esicular mole,	
C	horiocarcinoma	
	Ectopic gestation	
Ovar	ian cyst & tumours	
Cano	er Breast:	

quadriplegia						Central nervous System:		
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Unit	(H	me [rs]	Objectives	Content	Teaching Learning Activities	Assessment method
III	Th 4	Pr. 3	☐ Describe various	☐ Tumours, meningiomas —gliomas ☐ Metastatic tumours: ☐ Skeletal system: ☐ Bone healing, osteoporosis, osteomyelitis. ☐ Arthritis & tumours: ☐ inica Pathology Various	• Lecture	• Short
			laboratory tests in assessment and monitoring of disease condition.	od and bone marrow t in assessment and mitoring of disease co itions: Hemoglobin RBC, White cell & platelet counts Bleeding time, clotting time and prothrombine time Blood grouping and cross matching Blood chemistry Blood culture Serological and immunological tests Cother blood tests Examination of Bone marrow. Methods of collections of blood specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values	Discussion Demonstration Visit to Clinical Pathology & BioChemistry lab and Blood bank	

IV	2	1	☐ Describe the laboratory tests for examination of body cavity fluids, transudates and exaduates	Examination of body cavity fluids, transudates and exudates: • The laboratories tests used in CSF analysis. • Examination of other body cavity fluids, transudates and exudates – sputum wound discharge etc. • Analysis of gastric and duodenal contents. • Analysis of semen – sperm count, motility and morphology and their	 Lecture Discussion Demonstrat ion 	 Short answers Objective type
Unit		me [rs]	Objectives	Content	Teaching Learning	Assessment method
	Th	Pr.	_		Activities	methou
V	1	1			Lecture Discussion Demonstrat ion	 Short answers Objective type

Internal assessment: (25 Marks - Refer to regulations)

Three Unit test marks

Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

References:

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1. Mohan (H), Textbook of Pathology, JP Publishers, Chennai, 5 Edition, 2005.

rd

2. Underwood, General and systemic Pathology, Churchill Livingstone, London, 3 Edition, 2000.

3. Kumar, Pathologic Basis of Disease, WB Saunders Co., New Delhi, 6 Edition, 1999.

4. Cotton (RE), Lecture Notes on Pathology, Blackwell Scientific Publication, th
London, 4 Edition, 1992.

th

5. Krishna (V), Textbook of Pathology, Orient Longman, 4 Edition, 1999.

Genetics

Placement: Second Year Time: Theory 15 hours

Course Description: This course is designed to enable students to acquire understanding of Genetics, its role in causation and management of defects and diseases.

Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment method
I	3	Explain ture principles and perspectives heredity	 Introduction: Practical application of genetics in Nursing. Impact of genetic condition on families. Review of cellular division mitosis and meiosis. Characteristics and structure of genes. Chromosomes –sex determination. Chromosomal aberrations Patterns of inheritance. □Mendalian theory of inheritance □Multiple allots and blood groups. □ Sex linked inheritance □ Mechanism of inheritance. □ Errors in transmission. (Mutation) 	Lecture Discussion Explain using charts, slides	 Short answers Objective type

II	3	Explain and maternal, prenatal on genetic influences development defects disease	 Maternal, Prenatal and genetic influences on development of defects and diseases: Conditions affecting the mother genetic and infections. Consanguinity atopy Prenatal nutrition and food allergies. Maternal Age. Maternal drug therapy. Prenatal testing and diagnosis. Effect of Radiation, drugs and chemicals. Infertility Spontaneous abortion Neural tube defects and the role of folic acid in lowering the risks. Down syndrome (Trisomy 21) 	Lecture Discussion Explain using charts, slides	 Short answers Objective type
III	2	☐ Explain the screening	Genetic testing in the neonates and children:	☐ Lecture Discussion	☐ Short answers
Unit	Time (Hrs)	Objectives	Content	Teaching Learning Activities	Assessment method
		methods for genetic defects and diseases in neonates and children.	Screening for: ☐ Congenital abnormalities ☐ Development delay. ☐ Dysmorphism	☐ Explain using charts, slides	☐ Objective type
IV	2	☐ Identify genetic disorders in adolescents and adults	Genetic conditions of adolescents and adults: • Cancer genetics – Familial Cancer. • Inborn errors of metabolism. • Blood group alleles and hematological disorder. ☐ Genetics haemochromatosis. • Huntington's disease. ☐ Mental illness	 Lecture Discussion Explain using charts, slides 	Short answersObjective type

V 5 □ Describe the role of nurse in genetic service and counseling • Services related to Genetics: Genetic testing Uiscussion • Human genome project. • Gene therapy. • The Eugenics movement. • Genetic Counseling. Legal and Ethical issues Role of nurse	Short answersObjective type	
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Internal assessment: (25 Marks - Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

References:

1. Read (A), New Clinical Genetics, Scion Publishers, New Delhi, 2007

2. Gangane (SD), Human Genetics, J. P. Brothers Publication, New Delhi, 2000

Medical Surgical Nursing

(Adult including Geriatrics)-I

Placement: Second Year Time: Theory-210 hours

Practical-720 hours

Course Description: The purpose of this course is to acquire knowledge and develop proficiency in caring for with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

I	15	☐ Appreciate the	Introduction:	• Lecture	• Short
		trends in Medical	Introduction to Medical	discussion	answers
		& Surgical Nursing	Surgical Nursing - Evolution	• Demonstrat	• Objective
		☐ Describe the role	and trends of Medical and	ion	Type
		of a nurse in caring for adult patient in hospital and community. Describe the concepts of Medical Surgical asepsis	Surgical Nursing ☐ Review of concepts of Health and illness diseaseconcepts, causations, classification - International Classification diseases (ICD 10 or later version), Acute illness chronic illness, & Terminal illness, stages of illness • Review of concepts of	 Practice session Supervised clinical practice 	• Assessment of skill with check list
			comprehensive Nursing care in Medical Surgical conditions based on Nursing process.		
			Role of Nurse, patient and		
			family in care of adult patient ☐ Role and responsibilities of a Nurse in Medical Surgical settings:		
			✓ Outpatient department✓ In - Patient unit		
			✓ Intensive care unit		
			✓ Home and community settings		
			Introduction to Medical		
			Surgical asepsis ✓ Inflammation and Infection ✓ Immunity ✓ Wound healing ✓ Care of Surgical patient ✓ Pre – operative		
			✓ Intra operative		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			✓ Post operative		

II	15	Describe the common signs, symptoms, problems and their specific nursing interventions	Common signs and symptoms and management • Fluid and electrolyte imbalance • Vomiting • Dyspnea and cough,respiratory obstruction • Fever • Shock • Unconsciousness,Syncope • Pain	Lecture discussionSeminarCase discussion	Short answersObjective Type
	20		IncontinenceEdemaAge related problems- geriatric	*	
	20	Describe the etiology pathophysiology, clinical manifestations, diag nostic measures and management of patients (adults including elderly) with disorders of respiratory systems	Nursing management of patients(adults including elderly)with respiratory problems Review of anatomy and physiology of respiratory system Nursing AssessmentHistory and physical assessment Etiolgy,Pathophysiology,c linical manifestations,diagnosis,t reatment modalities and medical,surgical,dietetics & nursing management of adults including elderly with- Upper Respiratory tract infections. Bronchitis Asthma Emphysema Emphysema Atelectasis Chronic Obstructive Pulmonary Disease(COPD) Bronchiectasis Pneumonia	 Lecture discussion Explain using Charts,graphs Models,flims ,slides Demonstraio n Practice session Case discussions/S eminar Health education Supervised clinical practice Drug book/present ation 	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient management problem

✓ Pulmonary tuberculosis
✓ Lung abscess

Unit	Time (Hrs)	Learning	Content	Teaching Learning	Assessment Methods
	(1118)	Objectives		Activities	Methous
			✓ Pleural effusion		
			✓ Cysts and Tumours		
			✓ Chest injuries		
			✓ Respiratory arrest and insufficiency		
			✓ Pulmonary embolism		
			Special therapies, alternative		
			therapies		
			Nursing procedures Drugs		
			used in treatment of		
			respiratory disorders		

IV 30	Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients(adults including elderly)with disorders of digestive systems	Nursing management of patient(adults including elderly)with disorders of digestive system Review of anatomy and physiology of digestive system Nursing Assessment-History and Physical assessment Etiology,Pathophysiology,cli nical manifestations,diagnosis,treat ment modalities and medical,surgical,dietetics & nursing management Disorder of, Oral cavitylips,gums,tongue,salivary glands and teeth Oesophagus-inflamation, Stricture,obstruction,bleed ing and tumours Stomach and deudenum- hiatus hernia,gastritis,peptic and deudenal ulcer,bleeding,tumors,pyloric stenosis Small intestinal disordersinflamation and infection,enteritis,malabsorpti on,obstruction,tumour and perforaton Large intestinal disordersColitis,inflamation and infection ,obstruction and tumour and lump Hernias Appendix-	Lecture discussion Explain using Charts,graphs Models,flims ,slides Demonstraio n Practice session Case discussions/S eminar Health education Supervised clinical practice Drug book/present ation	 Essay type Short answers Objective type Assess with check list and clinical practical examination
		✓ Appendix- inflamation,mass,abscess,rupt ure		

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

✓ Anal & Rectum:
haemorrhoids, fissures. Fistula
S
✓ Peritonitis/acute abdomen
✓ Pancreas:inflamation,cyst,abs
ess and tumors
✓ Liver:inflammation,cyst,absc
ess,cirrhosis,portal
hypertension,hepatic
failure,tumours
✓ Gall
Bladder:inflamation,obstructi
on,stones and tumours Special
therapies,alternative
therapies
Nursing procedures Drugs
used in treatment of
disorders of digestive
system

V	30	Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients(adults including elderly)with blood and cardio vascular problems Describes the vascular conditions and its nursing management	Nursing management of patient(adults including elderly)with blood and cardio vascular problems • Review of anatomy and physiology of blood and cardio vascular system, □ Nursing AssessmentHistory and physical assessment • Etiology,Pathophysology, clinical manifestations,diagnosis,t reatment modalities and medical,surgical,dietetics & nursing management of- • Vascular system • Hypertension,Hypotensio n • Artheriosclerosis • Raynaud's disease • Aneurism and Perpherial vascular disorders Heart • Coronary artery diseases • Ischemic Heart Disease • Coronary atherosclerosis • Angina pectoris • Myocardial infarction □ Valvular disorders of the	 Lecture discussion Explain using Charts,graphs Models,flims ,slides Demonstration Practice session Case discussions/S eminar Health education Supervised clinical practice Drug book/present ation Visit to bood bank Participation in blood donation camps Counseling 	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient management problem
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Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

✓ Rheumatic Heart diseases
Endocarditis, pericarditis Myocarditis
Cardio Myopathies
Cardiac
dyshythmias,Heart Block
☐ Congestive cardiac failure
✓ Cor-
pulmonale.pulmonary edema,cardiogenic shock,cardiac tamponade
Cardiac emergencies and arrest
Cardio Pulmonary
Resuscitation(CPR)
• Blood
✓ Anaemias ✓ Polycythemia
✓ Bleeding
disorders; clotting factor
defects and platelets
defects ✓ Thalassemia
✓ Leukaemias
✓ Leukopenias and
agranulocytosis
✓ Lymphomas
✓ Myelomas
☐ Special therapies
✓ Blood transfusion,safety checks,procedure and
requirements, management
of adverse transfusion
reaction,records for blood transfusion.
✓ Management and
counselling of blood
donors,phlebotomy
procedure,and post donation
management.Blood bank
functioning and hospital
transfusion committee.Bio-safety and
waste management in
relation to blood transfusion
transfusion

	✓ Role of a nurse in Organ donation,retrieval and banking Alternative therapies Nursing procedures	

Uni t	Tim e (Hrs	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			Drugs used in treatment of blood and cardio vascular disorders.		
VI	10	Describe the etiology, pathophysiolo g y, clinical manifestations, diagnostic measures and management of patients(adults including elderly)with disorder of genitor-urinary system	Nursing management of patient(adults including elderly)with genito-urinary problems Review of anatomy and physiology of genitorurinary system Nursing Assessment-History and Physical assessment Etiology,Pathophysiology,clin ical manifestations,diagnosis,treat ment modalities and medical,surgical,detetics&nur sing management of- Nephritis Nephrotic syndrome Nephrosis ☐ Renal calculus Tumors Acute renal failure Chronic Renal failure End stage renal disease Dialysis,renal transplant Congenital disorders,urinary infections Benign prostate hypertrophy Disorders of ureter,urinary bladder and urethrainflamation,infection,strictur e, obstruction,tumour,prostrate Special therapies,alternative therapies Nusring procedures Drugs used in treatment of genitourinary disorders	 Lecture discussion Explain using Charts,graph s Models.flims ,slides Demonstrati o n Practice session Case discussions/ Seminar Supervised clinical practice Drug book/present ation 	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient managemen t problem

VII	5	Describe the etiology, pathophysiolg	Nursing management of disorder of male (adults including elderly) reproductive system	• Lecture discussion • Explain	Essay typeShort answer
		y , clinical manifestations	• Review of anatomy and physiology of male reproductive system	using Charts,graph	• Objective type
		, diagnostic measures and management	Nursing Assessment-History and Physical assessment	s • Models.flims ,slides	Assessment of skills with check
		of patients(adults	Etiology, Pathophysiology,	• Demonstrati o n	list • Assessment
		including		• Practice session	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
		elderly)with disorders of male reproductive system	clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of male reproductive system Cogenital malformation, cryptorchidism Hypospadiasis, Epispadiasis Infections Testis and adjacent structures Penis Prostate: inflamation. infection, hypertrophy, tumour Sexual dysfunction Infertility Contraception Breast, gynacomastia, tumor Climacteric changes special therapies, alternative therapies Nusring procedures Drugs used in treatment of male reproductive system	Case discussions/ Seminar □ Health Education Supervised clinical practice Drug book/present ation	of patient management problem

VIII	10	Describe the etiology, pathophysiolgy ,clinical manifestations, diagnostic measures and management of patients(adults including elderly)with disorders of endocrine system	Nursing management of patient(adults including elderly)with disorder of endocrine system • Review of anatomy and physiology of endocrine system • Nursing Assessment-History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of- ✓ Disorder of thyroid and parathyroid ✓ Diabetetes mellitus ✓ Diabetes insipidus ✓ Adrenal tumour ✓ Pitutary disorders special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of endocrine system	 Lecture discussion Explain using Charts,graphs Models.flims ,slides Demonstratio n Practice session Case discussions/S minar Supervised clinical practice Drug book/present ation 	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient management problem
IX	10	Describe the etiology, pathophysiolgy,	Nursing management of patient(adults including	☐ Lecture discussion	 Essay type Short

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

		1	
clinical manifestations, diagnostic measures and management of patients(adults including elderly)with disorder of skin	elderly)with disorder of integumentary system • Review of anatomy and physiology of skin and it's appendage • Nursing Assessment-History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of-disorder of skin and it's appendages- ✓ Lesions and abrasions ✓ Infection and infestations, Dermititis ✓ Dermatoses, infectious and Non infectious "inflammatory dermatoses" ✓ Acne Vulgaris ✓ Allergies and Eczema ✓ Psoriasis ✓ Malignant melanoma ✓ Alopecia Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorders of integumentary system.	 Explain using Charts, graphs Models. flims , slides Demonstration Practice session Case discussions/ Seminar Health education Supervised clinical practice Drug book/present ation 	answer Objective type Assessment of skills with check list Assessment of patient management problem

X	15	☐ Describe the etiology, pathophysiology , clinical	Nursing management of patient(adults including elderly)with muculoskeletal problems	Lecture discussionExplain using Charts,graphs	Essay typeShort answerObjective
		manifestations, diagnostic measures and management of patients(adults including elderly)with disorder of musculo-skeletal system	 Review of anatomy and physiology of muculoskeletal system, Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis ,treatment modalities and medical, surgical, dietetics & nursing management of- 	 Models.flims ,slides Demonstratio n Practice session Case discussions/S eminar Health education Supervised clinical 	type • Assessment of skills with check list • Assessment of patient management problem

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
		Objectives	□ Disorder of: ✓ Muscles, Ligaments and Joints-inflammation, infection, trauma ✓ Bones-inflammation, infection, dislocation, fracture, tumor and trauma ✓ Osteomalacia and osteoporosis ✓ Arthritis ✓ Congenital deformities ✓ Spinal column-defects and deformities, Tumor, Prolapsed inter vertebral disc, pott's spin ✓ Pagets disease □ Amputation • Prosthesis • Transplant & replacement surgeries • Rehabilitation.	_	TVICTIOUS
			Special therapies, alternative therapies Nursing procedures		

			Drugs used in treatment of disorder of musculoskeletal system		
XI	10	Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients(adults including elderly)with disorder of Immunological problems	Nursing management of patient(adults including elderly)with Immunological problems Review of Immune system, Nursing Assessment-History and Physical assessment Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of- Immunodeficiency disorder □ Primary immune deficiency Phagocytic dysfunction B-cell and T-cell deficiencies Acquired immunodeficiency Syndrome(AIDS)	Lecture discussion Explain using Charts,graphs Models.flims ,slides Demonstratio n Practice session Case discussions/S minar Health education Supervised clinical practice Drug book/present ation	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient management problem

	ncidence of HIV & AIDS	• Orientation visit to	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			Transmission-Prevention of Transmission	Hospital Control	
			 Standard Safety precautions Role of Nurse, Counseling Health education and home care consideration. 	system	
			National AIDS Control Program-NACO, Various national and international agencies		
			 Infection control program Rehabilitation. Special therapies, alternative therapies Nursing procedures Drugs used in treatment of disorder of immunological system 		

XII	20		Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients(adults including elderly)with Communicable Diseases	pati elde Dise	sing management of ent(adults including orly) with Communicable eases Overview of infectious disease, the infectious process Nursing Assessment-History and Physical assessment Epidemiology, infectious process, clinical anifestations, diagnosis, treatment, prevention and etics. Control and eradication frommon Communicable iseases- Tuberculosis Diarrhoeal disease Hepatitis A-E ✓ Herpes Chickenpox Smallpox Typhoid Meningitis Gas gangrene Leprosy Dengue ✓ Plague Malaria Diptheria Pertussis Poliomyelitis Measles	•	Lecture discussion Explain using Charts,graphs Models.flims ,slides Demonstratio n Practice session Case discussions/S minar Health education Supervised clinical practice Drug book/present ation	 Essay type Short answer Objective type Assessment of skills with check list Assessment of patient management problem
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Unit	Time	Learning	Content	Teaching	Assessment	Ì
	(Hrs)	Objectives		Learning	Methods	l
				Activities		l

/ Mymma
✓ Mumps
✓ Influenza
✓ Tetanus
✓ Yellow fever
✓ Filariasis
✓ HIV,AIDS
Reproductive Tract Infections
Special Infection control
measures: Notification,
Isolation, Quarantine.
Immunization, Infectious
Disease Hospital
Special therapies, alternative
therapies
Nursing procedures Drugs
used in treatment of
Communicable diseases.

XIII	25	 Describe the Organization and physical set up operation theatre Identify the various instruments and equipment used for common surgical procedures Describe the infection control measures in the operation theatre Describe the role of the nurse in the Peri Operative nursing care 	Peri operative nursing: ☐ Organization and physical set up of the Operation Theatre (OT): ✓ Classifications ✓ O.T.DESIGN ✓ Staffing ✓ Members of the OT team ✓ Duties and responsibilities of nurse in O.T ✓ Principles of Health and operating room attire. ✓ Instruments, ✓ Sutures and suture materials ✓ Equipments ✓ O.T tables and sets for common surgical procedures ✓ Positions and draping for common surgical procedures ✓ Gowning and gloving ✓ Preparation of O.T sets ✓ Monitoring the patient during surgical procedures ☐ Maintenance of therapeutic environment in O.T. ☐ Standard Safety measures ✓ Infection control, fumigation, disinfection and sterilization ✓ Biomedical waste management ✓ Prevention of accidents and hazards in O.T. ☐ Anesthesia	 Lecture discussion Explain using Charts,graphs Models.flims ,slides Demonstration Practice session Supervised clinical practice Drug book/present ation 	 Essay type Short answer Objective type Assessment of skills with check list
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			 ✓ Types ✓ Methods of administration ✓ Effects and Stages ✓ Equipments ✓ Drugs Cardio Pulmonary Resuscitation (CPR) 		

	• Pain management techniques Legal Aspects	

Internal assessment: (25 Marks-Refer to regulations)

Three Unit test marks Two Assignment marks	45% 25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:

- 1. Brunner (V), Medical Surgical Nursing, LWW, 10th Edition.
- 2. Black, Medical Surgical Nursing: Clinical Management for positive outcomes, Elsevier,7th Edition.
- 3. Willams, Understanding Medical Surgical Nursing, Jaypee, 3rd Edition.
- 4. Timby, Introductory Medical Surgical Nursing, LWW, 9th Edition.
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- 8. Gulanick, Nursing Care Plans: Nursing Diagnosis & Interventions, Mosby, 5th edition
- 9. Lippincott's Manual of Nursing Practice, Jaypee, Edition.
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- 13. Phillip, Berry & Kohn's Operating room techniques, Elsevier, 11th Edition.
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Medical Surgical Nursing

(Adult including Geriatrics)-I

Practical

Placement: Second year Time: 720 Hours

Areas	Durati	Objectives	Skills	Assignments	Assessment
	on(in				Methods
	week)				

General Medical ward (Respirator y, GI, Endocrine, Renal, Hematolog y	6	 Provide nursing care to adult patients with medical disorders Counsel and educate patients and families 	□ Assessment of the patient ✓ Taking history ✓ Perform general and specific physical examination. ✓ Identify alterations and deviations • Practice medical surgical asepsis-Standard safety measures • Administer medications • Oral, IV, IM, Subcutaneous • IV therapy ✓ IV canulation ✓ Maintenance and monitoring • Oxygen therapy by different methods • Nebulization • Chest physiotherapy • Naso gastric feeding • Assist in common diagnostic • Perform/Assist in therapeutic procedure • Blood and component therapy • Throat Suctioning • Collect specimens for common investigations. • Maintain elimination ✓ Catheterization ✓ Bowel wash ✓ Enema ✓ Urinary drainage • Maintain Intake, output and documentation • Counsel and teach related to specific disease conditions.	 Plan and give care 3-4 assigned patients Nursing care plan-2 Nursing case study/presentation -1 Drug presentation-1 Maintain drug book Maintain Practical record book 	 Assess performanc e with rating scale Assess each skill with checklist Evaluation of case study/prese ntation Completion of practical record.
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Areas	Durati on(in week)	Objectives	Skills	Assignments	Assessment Methods
General Surgical Ward(GI,U rinary,CTV S)	6	 Provide pre and post operative nursing care to adult patients with surgical disorders Counsel and educate patients and families 	 Practice medical surgical asepsis Standard safety measures Pre-operative preparation of patients Post operative careReceiving patient, assessment, monito ring, care Care of wound and drainage Suture removal Ambulation and exercise Naso gastric aspiration Care of chest drainage Ostomy care Gastrostomy ✓ Colostomy Enterostomy Blood and component therapy Practice universal precautions 	 Plan and give care 3-4 assigned patients Nursing care plan-2 Nursing case study/presentation -1 Drug presentation-1 □ Maintain drug book 	Assess performanc e with rating scale Assess each skill with checklist Evaluation of case study/prese ntation □ Completion of activity record
Cardiology ward	2	 Provide nursing care to patients with cardiac disorders Counsel and educate patients and families 	 Physical examination of the cardio vascular system Recording and interpreting ECG Monitoring of patients Preparation and assisting in non-invasive and invasive diagnostic procedures. Administer cardiac drugs Cardio pulmonary Resuscitation Teach patients and families Practice medical and surgical asepsis-Standard safety measures 	 Plan and give care to 2-3 assigned patients Nursing care plan-1 Nursing case study/presentation /Heath talk-1 Maintain drug book 	Assess performance with rating scale Assess each skill with checklist Evaluation of case study/prese ntation/Health talk Completion of activity record

Skin & Communic able diseases Ward	1	Identify Skin problems Provide nursing care to patients with skin disorders & Communica	•	Assessment of patients with skin disorders Assist in diagnostic and therapeutic procedures Administer topical medication Practice medical surgical asepsisStandard safety	 Plan and give care to 2-3 assigned patients Health talk/Counseling HIV positive patients and families-1 Maintain drug 	☐ Assess performanc e with rating scale ☐ Evaluation health talk/Counse lling
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Areas	Durati on(in week)	Objectives	Skills	Assignments	Assessment Methods
		ble diseases Counsel and educate patients and families	 measures Use of personal protective equipment(PPE) Give Medicated baths Counselling HIV positive patients 	book	session Completion of activity record
Orthopaedi c ward	2	 Provide nursing care of patient with musculosk eletal disorders Counsel and educate patient and families 	 Assessment of orthopaedic patients Assist in application of plaster cast and removal of cast □ Apply skin tractionbuck's extension traction. Assist application and removal of prosthesis Physiotherapy-Range of motion exercises(ROM),muscl e strengthening exercises Crutch maneuvering technique. Activities of daily living Ambulation Teach and counsel patients and families 	 Plan and give care to 2-3 assigned patients Nursing care plan-1 Nursing case study/presentation -1 Maintain drug book 	Assess each performanc e with rating scale Evaluation of Nursing care plan and Nursing case study/prese ntation □ Completion of activity record

Operation Theater	6	 Identify instruments used in commen operations Participate in infection control practice in the Operation Theater Set-up the table/trolle ys for common operative procedures Assist in giving anesthesia 	 Scrubbing,gowning,glo ving Identify instruments,suturing materials for common operations Disinfection,Carbolizat ion,fumigation Preparation of instrument sets for common operations Sterilization of sharps and other instruments Prepare the OT table depending upon the operation Positioning and monitoring of patients Endotracheal intubation Assisting in minor and major operations. 	 Assist as a circulatory nurse in Major cases-10 Minor cases -5 Assist as a scrub nurse in Major cases - 10 ☐ Minor cases - 5 ☐ Maintain drug book 	 Assess performa nce with rating scale Completi on of activity record
Areas	Durati on(in week)	Objectives	Skills	Assignments	Assessment Methods
		 Assist in the operative procedures Provide peri operative nursing care 	 Handling specimens Disposal of waste as per the guidelines 		

Internal assessment for Practical: (100 Marks/ 50 Marks-Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Community Health Nursing – I

Placement: Second year Time: Theory – 90 Hrs

Practical – 135 Hrs

Course Description: This course is designed for students to appreciate the principles of promotion and maintenance of Health.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods
I	2	Describe concept and dimensions of health	 Introduction Community health Nursing Definition, concepts and dimensions of health Promotion of health 	* Lecture Discussion	*Short answer
			Maintenance of health		

	20	Describe determinants of health	 Determinants of health □ Eugenics □ Environmental studies: Definition, Scope and Importance – Need for public services. Environment and Environmental Pollution: Definition, Causes, Effects and control measure of Physical, Air, Light, Soil, Marine, Thermal, Nuclear pollution, Ventilation, Water (Water resources: Use and Over utilization of surface and ground water, floods, drought, conflicts over water, Dams – Benefits and problems) Housing, Sanitation, Noise, Climatic change, Heat waves and its Impact on health, Solid waste management: Causes, effects and control measures of Urban and Industrial waste Disposal of waste disposal of dead bodies, Communication: Infrastructure facilities and linkages Forestation,	* Lecture Discussion *Explain using charts, graphs, models, films, slides * Visits to water supply, sewage disposal, milk plants, slaughter house etc.,	* Essay type *Short answers *Objective type
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods	
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forests and tribal people. - Mineral Resources Use and exploitation, Environmental effects of extracting and using mineral resources, case studies. -Acts regulating the environment: National Pollution Control Board including Acts on Air and Water. Role of individual in prevention of pollution, pollution case studies. -Bacterial and viral: Agents, host, carries and immunity. -Arthropods and Rodent Food hygiene: Production preservation, Purchase, preparation, consumption, World food problems, changes caused by agriculture and overgrazing, effects of modern agriculture, fertilizer – pesticides problems, water logging, salinity, case studies. Acts regulating food hygiene-Prevention of food Adulteration Act, drugs and cosmetics Act Wild life protection Act, Forest conservation Act, Issues involved in enforcement of environmental legislation and public awareness. Socio – Cultural: - Customs - taboos -Marriage System - Family Structure - Status of Special groups: females, Children, elderly, challenged groups and sick persons.

Lifestyle Hygiene

Physical activity

	-Recreation and sleep -Sexual Life -Spiritual life philosophy	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods
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-Self reliance -Dietary Pattern -Education -Occupation • Financial Management -Income -Budget -Purchasing Power Security Forest resources: Use and overexploitation, Deforestation, Case studies, Timber extraction, Mining, Dams and their effects on forest and tribal people • Energy Resources Growing energy needs Renewable and Nonrenewable energy resources, use of alternate energy sources, case studies. Land resources: -Land as a resource, Land degradation, Man induced landslides, soil erosion and desertification. Role of an individual in conservation of natural resources. Equitable use of resources for sustainable life styles. • Ecosystem: Concept of an ecosystem Structure & Function of an Ecosystem producers, consumers and decomposers. Energy flow in the ecosystem Ecological succession -Food chains, food webs and ecological pyramids -Introduction, types, characteristics, structure and functions of the following ecosystems: Forest ecosystem, Grass land ecosystem, desert ecosystem, aquatic ecosystem (ponds,

	streams, lakes, river, ocean, estuaries)	
	• Disaster Management: Floods,	
	1 100 000,	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods
			Earth quake, cyclone and Land slides.		
III	10	Describe concepts, scope, uses, methods and approaches of epidemiology	 Epidemiology Definition, concept, aims, scope, uses and terminology used in epidemiology. Dynamics of disease Transmission: epidemiological triad Morbidity and mortality: measurements. Levels of Prevention. Methods of Epidemiology - Descriptive - Analytical: Epidemic investigation of an outbreak - Experimental 	* Lecture Discussion *Explain using charts, graphs, models, films, slides	* Essay type *Short answers

IV	25	Describe Epidemiology and nursing management of common Communicable diseases.	management of common communicable discuses • Respiratory infections -Small Pox -Chicken pox - Measles - Influenza - Rubella -ARI'S & Pneumonia -Mumps - Diphtheria - Whooping cough -Meningococcal Meningitis -Tuberculosis -SARS • Intestinal infections Poliomyelitis -Viral hepatitis -Cholera - Diarrhoeal Diseases -Typhoid fever - Food poisoning, Food Borne Disease -Amoebiasis -Hookworm infestation - Ascariasis -Dracunculiasis □ Arthropod Infections -Dengue -Malaria - Filariasis, Chickengunia	* Lecture Discussion *Explain using charts, graphs, models, films, slides *Seminar *Supervised field visits- Health centers, clinics and homes *Group projects/ Health education	* Essay type *Short answers *Objective type
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods	
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			Zoo noses. Viral Rabies -yellow fever -Japanese encephalitis -kyasnur forest disease Bacterial -Brucellosis Plague, -Human Salmonellosis -Anthrax Leptospirosis □ Rickettsial diseases -Rickettsial Zoonoses Scrub typhus Murine typhus Tick typhus Q fever □ Parasitic Zoonoses -Taeniasis - Tetanus -leprosy - yaws □ STD & RTI, HIV/AIDS, Any other		
V	10	Describe the Epidemiology and nursing management of common noncommunicable diseases.	Epidemiology and Nursing management of common non Communicable diseases Malnutrition: under nutrition, over nutrition, nutritional deficiencies Anemia Hypertension, Stroke Rheumatic Heart disease coronary heart disease Cancer Diabetes mellitus Blindness Accidents Mental illness Obesity Iodine deficiency Fluorosis	* Lecture Discussion *Explain using charts, graphs, models, films, slides *Seminar *Supervised field visitsHealth centers, clinics and homes *Group projects/ Health education	* Essay type *Short answers *Objective type

			• Epilepsy		
VI	6	*Describe the concepts and scope of demography *Describe	 Demography Definition, Concepts and Scope. Methods of collection, analysis and interpretation of 	* Lecture Discussion *Community identification survey	* Essay type *Short answers *Objective type
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Methods	Assessment methods
		methods of data collection, analysis and interpretation of demographic data.	demographic data. Demographic rates and ratios.		*Assessment of survey report

VII	17	*Identify the impact of population explosion in India *describe methods of population control.	 Population and its Control Human population and environment: Population growth, Variation among nation. Population explosion and its impact on social, economic development of individual, society and Country. Population Control: Overall development, women empowerment, Social, economic and educational development, Woman and Child welfare. 	* Lecture Discussion *Counseling *Demonstration *Practice session *Supervised field practice	* Essay type *Short answers *Objective type *Assessment of survey report
			 □ Limiting family size: - Promotion of Small family norm - Methods of Spacing (Natural, biological, Chemical, Mechanical methods, etc.,) - Terminal: Surgical Methods - Emergency Contraceptives - Family welfare programmes: - Family planning 2020 □ Environment and Human Health, Human Rights, Value Education 		

Internal assessment: (25 Marks – Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Field Work:

- 1. Visit to a local area to document environmental asserts reiver / forest / grassland / hill/ mountain.
- 2. Visit to al local polluted site urban / rural / industrial / agriculture.
- 3. Study of common plants, insects, birds.
- 4. Study of simple ecosystems pond, river, hill slopes, etc.

Reference:

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- 2. Stanhope (M), Public Health Nursing: Population- Centered Health care in the Community, Elsevier, 7th Edition, 2008
- 3. Rao (KS), Introduction to Community Health Nursing, S.I. Publications, Chennai, 1989
- 4. T.N.A.I., A Community Health Nursing Manual, New Gian Offset Press, New Delhi, 1989
- 5. Jadhav H, Environmental Protection and Laws, Himalaya Publication, 2000.
- 6. Odum EP, Fundamental of Ecology, WB Sannders Publication, 1971.
- 7. Clarke G. Elements of Ecology, John Wiley and Sons, New York.
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- 9. Cunningham et.at. Environmental Encyclopedia, Jaico Publication, Mumbai.
- 10. Miller TG Jr. Environmental Science, Wadsworth Publishers.
- 11. Sharma BK, Environmental Chemistry, Goel Publishers, Meeru, 2001

Community Health Nursing I— Practical

Placement: Second Year Time: Practical – 135 Hrs

Areas	Duration (in	Objectives	Skills	Assignments	Assessment methods
111000	Week)				

	Health Nursing	Urban & 2 wks Rural	• Identify demographic characteristics, health determinants and community health resources Diagnose health needs of individual and families • Provide primary care in health center • Counsel and educate individual, family and community	 interpersonal relationship Identification of health determinants of community History taking Physical examination Collect specimenssputum, malaria smear Perform simple lab tests at centreblood for hemoglobin and urine for albumin and sugar Administer vaccines and medications to Adults Counsel and teach individual, family and community Nutrition Hygiene Self health monitoring - Seeking health services Healthy life style Family welfare methods Health promotion 	assigned families each in urban and rural • Family study-1 • Observation report of community -1 ☐ Health talks 2 (1 in Urban & 1 in Rural)	clinical performance with rating scale • Assess each skills with checklist • Evaluation of family study, observation report and health talk • Completion of activity record
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Internal assessment for Practical: (100 Marks/ 50 Marks- Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Communication & Education Technology

Placement: Second Year Time: Theory - 60 Hours

Practical – 30Hours

Course Description: This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal relations, teaching individuals and group in clinical community health and educational settings.

Unit	(1113)		Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	Th. 5	Pr.	Describe the communication process Identify techniques of effective communication	Review of Communication Process • Process: elements and channel • Facilitators Barriers and methods of overcoming • techniques	Lecture Discussion Role plays Exercises with audio/video tapes	 Respond to critical incidents Short answers Objective type
П	5		☐ Establish effective interpersonal relations with patients, families & co-workers	 Interpersonal relations Purpose & types Phases Barriers and methods of overcoming Johari Window 	 Lecture Discussion Role plays Exercises with audio/video tapes Process recording 	Short answersObjective type
III	5		☐ Develop effective human relations in context of Nursing	 Human Relations Understanding self Social behavior, motivation, social attitudes Individual and groups Groups & individual Human relation in context of Nursing ☐ Group dynamics ☐ Team work. 	 Lecture Discussion Sociometry Group games Psychometric exercises followed by discussion 	 Short answers Objective type Respond to test based on critical incidents
IV	10	5	Develop basic skill of guidance and counseling	Guidance and Counseling □ Definitions • Purpose, scope and need • Basic principles • Organization of counseling services • Types of counseling approaches • Roles and preparation of counselor • Issues for counseling in Nursing: students and practitioners	Lecture Discussion Role play on counseling in different situations followed by discussion	 Short answers Objective type Assess performan ce in role play situations

Unit		me (rs) Pr.	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
				 Counseling process – steps & techniques, tools of counselor Managing disciplinary problems Management of crisis & referral 		
V	5		☐ Describe the philosophy & principles of education	Principles of Education & Teaching Learning Process • Education: meaning, philosophy, aims functions & principles • Nature and characteristics of learning • Principles and maxims of teaching • Formulating objectives: general and specific • Lesson planning • Classroom management	 Lecture Discussion Prepare lesson plan Micro teaching Exercise on writing objectives 	 Short answers Objective type Assess lesson plans & teaching sessions
VI	10	10	Demonstrate teaching skill using various teaching methods in clinical, classroom and community settings	 Methods of teaching Lecture, demonstration, group discussion, seminar, symposium, panel discussion, role play, project, field trip, workshop, exhibition, programmed instruction, computer assisted learning, microteaching, problem based learning, Self instructional module, simulation etc Clinical teaching methods: case method, nursing rounds & reports, bedside clinic, conference (individual & group) process recording 	Lecture Discussion Conduct 5 teaching sessions using different methods & media.	 Short answers Objective type □ Assess teaching sessions

VII	10	8	☐ Prepare and use	Educational media	☐ Lecture	• Short
			different types of	• Purposes & types of A.V	Discussion,	answers
			educational	Aids, principles and	Demonstration	• Objective
			media effectively	sources etc.	Prepare different	type □
				 Graphic aids: chalk board, 	teaching aids -	Assess the
				chart, graph, poster, flash	projected & non	teaching
				cards, flannel graph,	projected	aids
				bulletin and cartoon.		prepared
				Three dimensional aids:		
				objects, specimen, models		

Unit	t Time (Hrs) Th. Pr.		Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	111.			puppets. • Printed aids: Pamphlets & leaflets • Projected aids: Slides, overhead projector, films, TV, VCR/VCD, camera, microscope, LCD. • Audio aids: Tape recorder, public address system. • Computer		
VIII	5	7	Prepare different types of questions for assessment of knowledge, skills and attitudes	 Assessment Purpose & scope of evaluation & assessment Criteria for selection of assessment techniques and methods Assessment of knowledge: Essay type question, Short answer question (SAQ), Multiple choice question (MCQ) Assessment of skills: Observation check list, practical exam, Viva, Objective Structured Clinical Examination (OSCE) Assessment of Attitude: Attitude scales. 	Lecture Discussion Exercise on writing different types of assessment tools	Short answers Objective type □ Assess the strategies used in practice teaching sessions and exercise sessions

IX	5		☐ Teach individuals, groups and	Information, Education & Communication for health (IEC)	Lecture DiscussionPlan & conduct	 Short answers Objective
			communities about health with	Health behavior & health education	health education sessions for	type □ Assess the
		their active participation	 Planning for health education 	individuals, group & communities	planning & conduct	
				 Health education with individuals, groups & communities 		of the education al session
			Communicating health messages			
				Methods & media for communicating health messages		
				• Using mass media.		

Internal assessment: (25 Marks- Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:-

- 1. Heidgerkohn (DE), Teaching and Learning in School of Nursing, Philadlphia, J.O.
- 2. Billioet Co. W.H.O. Curriculum Guide for the Schools of Nursing in India, Delhi WHO.
- 3. Neeraja, Textbook of Nursing Education, Jaypere Brothers.
- 4. Tyler (RW), Basic of Curriculum and Instruction, Chicago, The university of Chicago press.

Medical Surgical Nursing (Adult including Geriatrics) - II

Placement: Third Year Time: Theory - 120 hours

Practical – 460 hours

Course Description: The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit

I	15	*Describe the	Nursing management of patient with	*Lecture	*Essay type
	_	etiology,	disorders of Ear Nose and throat *	discussion	*Short
		pathophysiology	Review of anatomy and Physiology of	*Explain	answers
		, clinical	the Ear Nose and Throat	using charts,	*Objective
		manifestations,	* Nursing assessment-History and	graphs	type
		diagnostic	physical assessment	*Models,	*Assessment
		measures and	* Etiology, pathophysiology,	films, slides	of skills with
		management of	clinicalmanifestations, diagnosis, treatment	*Demonstrati	check list
		patients with	modalities and medical & surgical nursing	on	*Assessment
		disorders of Ear	management of Ear Nose and Throat	*Practice	of patient
		Nose and Throat	disorders;	session	management
			_External ear - deformities otalgia, foreign	*Case	problem
			bodies and tumors	discussions/	
			_ Middle ear - impacted wax, Tympanic	Seminar	
			membrane perforation, otitis media,	*Health	
			otosclerosis, mastoidities, tumours	education	
			Inner ear - Meniere's disease,	*Supervised	
			labyrinthitis, otottoxicity, tumours	clinical	
			Upper airway infections-common cold,	practice	
			sinusitis, rhinitis, pharyngitis, tonsillitis	*Drug book/	
			and adenoiditis, peritonsilar abscess,	Presentation	
			laryngitis.		
			* Upper respiratory airway-epistaxis,		
			* Nasal obstruction, laryngeal obstruction,		
			cancer of the larynx cancer of the oral		
			cavity		
			* Speech defects and therapy		
			* Deafness		
			* Prevention, control and		
			rehabilitation		
			* Hearing aids, implanted hearing		
			devices		
			Special therapies		
			Nursing procedures		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			Drugs used in treatment of disorders of Ear		
			Nose and Throat		
			Role of nurse in communicating with		
			hearing impaired and muteness.		

II	15	*Describe the	Nursing management of patient with	*Lecture	*Essay type
	10	etiology,	disorders of eye	discussion	*Short
		pathophysiology	* Review of anatomy and physiology	*Explain	answers
		, clinical	ofthe eye –	using charts,	*Objective
		manifestations,	* Nursing assessment-History and	graphs	type
		diagnostic	physical assessment	*Models,	*Assessment
		measures and	* Etiology, pathophysiology, clinical	films, slides	of skills with
		management of patients with	manifestations, diagnosis, treatment	*Demonstrati	check list
		disorders of eye	modalities and medical & surgical nursing	on *Practice	*Assessment of patient
			management of eye disorders;	session	management
			☐ Refractive errors	*Case	problem
			☐ Eyelids-infection, tumors and	discussions/	
			deformities	Seminar	
			☐ Conjunctiva-inflammation and infection,	*Health	
			bleeding	education	
				*Supervised clinical	
			☐ Cornea-inflammation and infection	practice	
			☐ Lens-cataracts	*Drug book/	
			☐ Glaucoma	Presentation	
			☐ Disorders of the uveal tract	*Visit to eye	
			☐ Ocular tumours	bank	
			☐ Retinal detachment	*Participation in eye camps	
			☐ Ocular emergencies and their prevention		
			* Blindness		
			* National blindness control program		
			☐ Eye Banking		
			☐ Eye prostheses and rehabilitation Role		
			of Nurse - communication with visually		
			impaired patient,Eye camps		
			Special therapies		
			Nursing procedures		
***	1.6	*D '1 1	Drugs used in treatment of disorders of eye	No.	***
III	16	*Describe the	Nursing management of patient with	*Lecture discussion	*Essay type *Short
		etiology, pathophysiology	Neurological disorders * Review of anatomy and	*Explain	answers
		, clinical	physiology of the neurological system	using charts,	*Objective
		manifestations,	* Nursing assessment-History and	graphs	type
		diagnostic	physical and neurological assessment and	*Models,	*Assessment
		measures and	Glasgow coma scale	films, slides	of skills with

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
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management of	* Etiology, pathophysiology,	*Demonstrati	check list
patients with	clinicalmanifestations, diagnosis, treatment	on	*Assessment
neurological	modalities and medical & surgical nursing	*Practice	of patient
disorders	management of neurological disorders	session	management
	* Congenital malformation	*Case	problem
	* Headache	discussions/	
	* Head injuries* Spinal Injuries	Seminar	
	☐ Paraplegia	*Health education	
	☐ Hemiplegia ☐	*Supervised	
	Quadraplegia	clinical	
	* Spinal cord compression -	practice	
	herniation of intervertebral disc	*Drug book/	
	* Tumours of the brain & spinal	Presentation	
	cord* Intra cranial and cerebral aneurysms	*Visit to	
	* Infections :	rehabilitation	
	☐ Meningitis, encephalitis, brain	centre	
	abscess, neurocysticercosis *		
	Movement disorders		
	☐ Chorea		
	☐ Seizures ☐		
	Epilepsies		
	* Cerebro vascular accident (CVA)*		
	Cranial, spinal neuropathies - Bell's palsy,		
	trigeminal neuralgia		
	* Peripheral Neuropathies; Guillain-		
	Barre syndrome		
	* Myasthenia gravis* Multiple		
	sclerosis		
	☐ Degenerative disease		
	☐ Delirium		
	☐ Dementia		
	☐ Alzheimer's disease		
	☐ Parkinson's disease		
	* Management of unconscious		
	patients and patients with stroke		
	* Role of the nurse in		
	communicating with patient having		
	neurological deficit * Rehabilitation of		
	patients with neurological deficit		
	Role of nurse in long stay facility (institutions) and at home		

	Special therapies	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			Nursing procedures Drugs used in treatment of neurological disorders		

IV	16	*Describe the	Nursing management of patient with	*Lecture	*Essay type
1,	10	etiology,	disorders of female reproductive system	discussion	*Short
		pathophysiology	* Review of anatomy and physiology of	*Explain	answers
		, clinical	the female reproductive system	using charts,	*Objective
		manifestations,	* Nursing assessment-History and	graphs	type
		diagnostic	physical assessment	*Models,	*Assessment
		measures and	* Breast self examination	films, slides	of skills with
		management of	* Etiology, pathophysiology,	*Demonstrati	check list
		patients with	clinicalmanifestations, diagnosis, treatment	on	*Assessment
		disorders of	modalities and medical & surgical nursing	*Practice	of patient
		female	management of disorders of female	session	management
		reproductive	reproductive system	*Case	problem
		system *Describe the	* Congenital abnormalities of female	discussions/	
		concepts of	reproductive system	Seminar	
		reproductive	* Sexuality and reproductive health	*Health	
		health and	* Sexual health assessment	education	
		family welfare	* Menstrual disorders;	*Supervised	
		programme	Dysmenorrhea,	clinical	
			Premenstrual syndrome	practice	
			* Abnormal uterine	*Drug book/	
			bleeding;Menorrhagia, Metrorrhagia	Presentation	
			pelvic inflammatory disease		
			* Ovarian and fallopian tube		
			disorders, infections, cysts, tumours		
			Uterine and cervical disorders,		
			Endometriosis,, polyps, Fibroids, Cervical		
			and uterine tumours, Uterine displacement,		
			cystocele/Urethrocele/Rectocele		
			* Vaginal disorders; infections,		
			discharges, fistulas,		
			*Vulvar Disorders : cysts, tumours		
			* Diseases of breasts;		
			Deformities, infections, cysts and tumours		
			* Menopause and hormonal replacement		
			therapy		
			* Infertility		
			* Contraception; Types methods, risk		
			andeffectiveness		
			☐ Spacing methods		
			Barrier methods		
			➤ Intra uterine devices		
			➤ Hormonal,		
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			Post conceptional methods, etc □ Terminal methods: Sterilization * Emergency contraception methods* Abortion - Natural, medical and surgical abortion - MTP Act * Toxic shock syndrome * Injuries and Trauma; Sexual violence Special therapies Nursing procedures Drugs used in treatment of gynecological disorders National family welfare programme		
V	10	*Describe the etiology, pathophysiology, clinical manifestations, diagnostic measures and management of patients with Burns reconstructive and cosmetic surgery	Nursing management of patient with Burns, reconstructive and cosmetic surgery * Review of anatomy and physiology ofskin and connective tissues and various deformities * Nursing assessment-History and physical assessment and assessment of burns and fluid and electrolyte loss. Etiology, classification, pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical Nursing management of burns and re-constructive and cosmetic surgery; * Types of Re-constructive and cosmetic surgery; for burns, congenital deformities, injuries and cosmetic purposes * Role of Nurse * Legal aspects * Rehabilitation * Special therapies _ Psycho social aspects Nursing procedures Drugs used in treatment of burns, reconstructive and cosmetic surgery	*Lecture discussion *Explain using charts, graphs *Models, films, slides *Demonstrati on *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ Presentation	*Essay type *Short answers *Objective type *Assessment of skills with check list *Assessment of patient management problem

VI	10	*Describe the	Nursing management of patient with	*Lecture	*Essay type
		etiology,	oncological conditions	discussion	*Short
		pathophysiology	* Structure & characteristics of	*Explain	answers
		, clinical	normal &cancer cells	using charts,	*Objective
		manifestations,	* Nursing assessment-History and	graphs	type
		diagnostic	physical assessment	*Models,	*Assessment
		measures and	* Prevention, screening, early	films, slides	of skills with
			detection,		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
		management of patients with oncology	warning signs of cancer * Epidemiology, Etiology, classification,pathophysiology staging, clinical manifestations, diagnosis, treatment modalities and medical & surgical management of oncological conditions * Common malignancies of various body systems; oral larynx, lung, stomach and colon, liver, leukemias and lymphomas, breast, cervix, ovary, uterus, sarcoma, brain, renal, bladder, prostate etc * Oncological emergencies * Modalities of treatment _ Immunotherapy _ Chemotherapy _ Radiotherapy _ Surgical interventions _ Stem cell and bone marrow transplants _ Gene therapy _ Other forms of treatment * Psycho social aspects of cancer * Rehabilitation * Palliative care; symptom and painmanagement, nutritional support * Home care * Hospice care * Stomal therapy _ Psycho social aspects * Nursing procedures	*Demonstrati on *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ Presentation	check list *Assessment of patient management problem

VII	10	*Describe	Nursing management of patients in	*Lecture	*Essay type
		organization of	EMERGENCY & DISASTER situations	discussion	*Short
		emergency and	Disaster Nursing:	*Explain	answers
		disaster care	* Concepts and principles of Disaster	using charts,	*Objective
		services *	Nursing	graphs	type
		Describe the	* Causes and types of disaster:	*Models,	*Assessment
		role of nurse	Natural andman made	films, slides	of skills with
		in disaster	_ Earthquakes, floods, epidemics, cyclones	*Demonstrati	check list
		management *	_ Fire, explosion, accidents	on	*Assessment
		Describe the	_ Violence, terrorism, bio chemical, war *	*Practice	of patient
		role of nurse in	Policies related to emergency/disaster	session	management
		management	management: International, National,	*Case	problem
		of common	State and Institutional	discussions/	
		emergencies	* Disaster preparedness	Seminar	
			* Team, guidelines, protocols,	*Health	
			equipments,		

Unit

	resources	education
	* Co - ordination and involvement of	*Supervised
	Community, various Government	clinical
	departments, Non Govt. organizations and	practice
	international agencies.	*Disaster
	* Role of Nurse: working	management
	* Legal aspects of disaster Nursing *	drills
	Impact of health after effects: Post	*Drug book/
	traumatic stress disaster	Presentation Presentation
	* Rehabilitation: Physical, Psycho	1 resolution
	social,	
	Financial, Relocation	
	Emergency Nursing	
	* Concept, priorities, principles and	
	scope of emergency Nursing	
	* Organization of emergency	
	services: physical set up, staffing,	
	equipment and supplies, protocols, concept	
	of triage and role of triage Nurse	
	* Co ordination and involvement	
	ofdifferent departments and facilities *	
	Nursing assessment - History and physical	
	assessment	
	* Etiology, Pathophysiology, clinical	
	manifestations, diagnosis, treatment	
	modalities and medical surgical nursing	
	management of patient with medical	
	surgical emergency	
	Principles of emergency management	
	* Common emergencies	
	* Respiratory emergencies	
	* Cardiac emergencies	
	* Shock and Hemorrhage	
	* Pain	
	* Poly trauma, road accidents,	
	crushinjuries, wound	
	* Bites	
	* Poisoning- food, gas, drugs &	
	chemical poisoning * Seizures	
	* Thermal emergencies: Heat stroke	
	&cold injuries	
	* Pediatric emergencies	
	* Psychiatric emergencies	
	* Obstetrical emergencies	
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
			 Violence, abuse, sexual assault Cardio pulmonary resuscitation *Crisis intervention * Role of Nurse: Communication and interpersonal relations * Medico-legal aspects 		

VIII	10	Explain the concept and problems of aging	Nursing care of the elderly _ Nursing assessment - history and physical assessment _ Aging; _ Demography; Myths and realities _ Concepts and theories of aging _ Cognitive aspects of aging _ Normal biological aging _ Age related body systems changes _ Psychosocial aspects of aging _ Medications and elderly _ Stress and coping in older adults _ Common health problems and nursing management _ Cardiovascular, respiratory, musculoskeletal _ Endocrine, genito-urinary, gastrointestinal _ Neurological, skin and other sensory organs _ Psychosocial and sexual _ Abuse of elderly _ Role of nurse for care of elderly: ambulation, Nutritional, communicable, Psychosocial and spiritual _ Role of nurse for caregivers of elderly _ Role of family and formal and nonformal care givers _ Use of aids and prosthesis (hearing aids, dentures) _ Legal and ethical issues _ Provisions and programmes for elderly; privileges, community programs and health services;	*Lecture discussion *Explain using charts, graphs *Models, films, slides *Demonstrati on *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ Presentation *Visit to old age home	*Essay type *Short answers *Objective type *Assessment of skills with check list *Assessment of patient management problem
			_ Provisions and programmes for elderly; privileges, community programs and		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
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IX	10	*Describe organization of critical care units *Describe the role of nurse in management of patients critical care units	Nursing management of patient in critical care units _ Nursing assessment - history and physical assessment _ Classification _ Principles of critical care nursing _ Organization; Physical setup, policies, staffing norms _ Protocols, equipment and supplies _ Special equipments; ventilators, cardiac monitors, defibrillators _ Resuscitation equipments _ Infection control protocols _ Nursing management of critically ill patients _ Monitoring of critically ill patient _ CPR - Advance cardiac life support _ Treatments and procedures _ Transitional care _ Ethical and legal aspects _ Communication with patient and family _ Intensive care records _ Crisis Intervention _ Death and Dying -copying with	*Lecture discussion *Explain using charts, graphs *Models, films, slides *Demonstrati on *Role plays *Practice session *Case discussions/ Seminar *Health education *Supervised clinical practice *Drug book/ Presentation	*Essay type *Short answers *Objective type *Assessment of skills with check list *Assessment of patient management problem
X	8	*Describe the etiology, pathophysiology , clinical manifestations, diagnostic measures and management of patients with disorders of occupational and industrial health disorder	Drugs used in critical care unit Nursing management of patients adults including elderly with occupational and Industrial disorders Nursing assessment-History and physical assessment Etiology, pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of occupational and industrial health disordersRole of NurseSpecial therapies, alternative therapies, Nursing procedures Drug used in treatment of occupational and industrial disorders		

Internal assessment: (25 Marks-Refer to regulations)

Three Unit test marks 45%
Two Assignment marks 25%

Model Exam 25%
Attendance 5%
Total 100%

Recommended Books:

- 1. Brunner (V), Medical Surgical Nursing, LWW, 10th Edition.
- 2. Black, Medical Surgical Nursing: Clinical Management for positive outcomes, Elsevier, 7th Edition.
- 3. Willams, Understanding Medical Surgical Nursing, Jaypee, 3rd Edition.
- 4. Timby, Introductory Medical Surgical Nursing, LWW, 9th Edition.
- Lewis, Medical Surgical Nursing Assessment & Management of Clinical Problems, Elsevier 7th edition
- Ignatavicius, Critical Thinking for Collaborative Care, Elsevier, 5th Edition. 7. Monahan, Phipp's Medical Surgical Nursing: Health & illness perspectives practice, Jaypee, 8thEdition.
- 8. Gulanick, Nursing Care Plans: Nursing Diagnosis & Interventions, Mosby, 5th edition
- 9. Lippincott's Manual of Nursing Practice, Jaypee, Edition.
- 10. Ulrich, Nursing Care Planning Guides: For adults in acute extended & Home care settings, Elsevier,6th edition.
- 11. White, Foundations of Adulth Health Nursing, Thompson, 2nd edition.
- 12. Redfern, Nursing Older People , Churchill Livingstone , $4^{\rm th}\,{\rm edition}.$
- 13. Phillip, Berry & Kohn's Operating room techniques, Elsevier, 11th Edition.
- 14. Marks, Roxburgh's Common Skin Diseases, Arnold, 17th edition.
- 15. Thappa, Essential in Dermatology with MCQ's, Ahuja publishing

Medical Surgical Nursing

(Adult including Geriatrics) – II Practical

Placement: Third Year Practical – 460 hrs

Areas	Duration	Objectives of	Skills to be developed	Assignments	Assessment
	(in wks)	posting			methods

ENT	1	*Provide care of patients with ENT disorders *Counsel and educate the patient and families	*Perform examination of ear, nose and throat *Assist with diagnostic procedures *Assist with therapeutic procedures * Instillation of drops *Perform/ assist with irrigations *Apply ear bandage *Perform tracheostomy care *Teach patient and families	*Provide care to 2-3 assigned patients *Nursing care plan – 1 *Observation reports of OPD *Maintain drug book	*Assess each skill with check list *Assess performance with rating scale *Evaluation of observation report of OPD *Completion of activity record
Ophthal mology	2	*Provide care of patients with Eye disorders *Counsel and educate the patient and families	*Perform examination of eye *Assist with diagnostic procedures *Assist with therapeutic procedures *Perform / assist with irrigations *Apply eye bandage *Apply eye drops/ ointments *Assist with foreign body removal *Teach patient and families	*Provide care to 2-3 assigned patients *Nursing care plan – 1 *Observation reports of OPD & eye bank *Maintain drug book	*Assess each skill with check list *Assess performance with rating scale *Evaluation of observation report of OPD/ Eye bank *Completion of activity record
Neurolo gy	2	*Provide care of patients with neurological disorders *Counsel and educate the patient and families	*Perform neurological examination *Use Glasgow coma scale *Assist with diagnostic procedures *Assist with therapeutic procedures *Teach patient and families *Participate in rehabilitation program	*Provide care to 2-3 assigned patients with neurological disorders * Care study / case presentation— 1 *Maintain drug book *Health teaching - 1	*Assess each skill with check list *Assess performance with rating scale *Evaluation of care study and health teaching *Completion of activity record
Gynecol ogy	1	*Provide care of patients with gynecological disorders *Counsel and educate the patient and families	*Assist with gynecological examination *Assist with diagnostic procedures *Assist with therapeutic procedures *Teach patient and families *Teaching self breast	*Provide care to 2-3 assigned patients *Nursing care plan – 1 *Maintain drug book	*Assess each skill with check list *Assess performance with rating scale *Evaluation of care plan

Areas	Duration (in wks)	Objectives of posting	Skills to be developed	Assignments	Assessment methods
			examination *Assist with PAP smear collection		*Completion of activity record
Burns unit	1	*Provide care of patients with Burns *Counsel and educate the patient and families	*Assessment of the burn patient - Percentage of burns -Degree of burns *Fluid and electrolyte replacement therapy - Assess - Calculate - Replace - Record intake/ output *Care of Burn wounds - Bathing - Dressing *Perform active and passive exercises *Practice medical and surgical asepsis *Counsel and teach patients and families *Participate in rehabilitation program	* Provide care to 1- 2 assigned patients *Nursing care plan – 1 *Observation reports of burns unit	*Assess each skill with check list *Assess performance with rating scale *Evaluation of care plan and observation report *Completion of activity record

Oncolog	1	*Provide care of patients with cancer *Counsel and educate the patient and families	*Screen for common cancers – TNM classification *Assist with diagnostic procedures - Biopsies - Pap smear - Bone marrow aspiration *Breast self examination *Assist with therapeutic procedures *Participate in various modalities of treatment - Chemotherapy - Radiotherapy - Pain management - Stomal therapy - Hormonal therapy - Hormonal therapy - Gene therapy - Alternative therapy * Participate in palliative care *Counsel and teach patients families - Self breast examination - Warning signs * Participate in	* Provide care to 2-3 assigned patients *Nursing care plan – 1 *Observation reports of cancer unit	*Assess each skill with check list *Assess performance with rating scale *Evaluation of observation report *Completion of activity record
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Areas	Duration (in wks)	Objectives of posting	Skills to be developed	Assignments	Assessment methods
			rehabilitation program		

Critical care unit	3	*Provide care to critically ill patients *Counsel patient and families for grief and bereavement	*Monitoring of patients in ICU *Maintain flow sheet *Care of patient on ventilators *Perform endotracheal suction *Demonstrates use of ventilators, cardiac monitors, etc. *Collects specimens and interprets ABG analysis * Assist with arterial puncture *Maintain CVP line *Pulse oximetry *CPR- ALS * Defibrillators * Pace makers *Bag mask ventilation *Emergency tray/ trolley – Crash cart * Administration of drugs - Infusion pump -Epidural - Intra thecal - Intracardiac *Total Parenteral therapy *Chest physiotherapy *Perform active and passive exercises *Counsel the patient and family in dealing with grieving and bereavement	* Provide care to assigned patients *Observation reports of critical care unit *Drugs book	*Assess each skill with check list *Assess performance with rating scale *Evaluation of observation report *Completion of activity record
Casualty / Emerge ncy	2	*Provide care to patients in emergency and disaster situation *Counsel patient and families for grief and bereavement	* Practice "triage" *Assist with assessment, examination, investigations and their interpretations in emergency and disaster situations *Assist in documentations *Assist in legal procedures in emergency unit *Participate in managing crowd *Counsel patient and families in grief and bereavement	* Observation report of Emergency unit	*Assess performance with rating scale *Evaluation of observation report *Completion of activity record

Internal assessment for Practical: (100 Marks/ 50 Marks-Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Child Health Nursing

Placement: Third year Time: Theory:90 hours
Practical:270 hours

Course Description: This course is designed for developing an understanding of the modern approach to child- care, identification, prevention and nursing management of common health problems of neonates and children.

Unit	Time	Learning Objectives	Content	Teaching Learning	Assessment
	(Hrs)			Activities	Methods

I	15	 Explain the modern concept of child care & Principles of child health nursing Describe national policy programs and legislation in relation to child health and welfare List major causes of death during infancy early & late childhood Describe the major functions and role of paediatric nurse in caring for hospitalized child. Describe the principles of child health nursing. 	Introduction Modern concepts of childcare Internationally accepted rights of the child National policy and legislations in relation to child health and welfare National programmes related to child health and welfare Agencies related to welfare services to the children Changing trends in hospital care preventive, promotive and curative aspects of child health Child morbidity and mortality rates Difference between adult and child Hospital environment for a sick child Impact of hospitalization on child and family Grief and bereavement The role of a child health nurse in caring for a hospitalized child Principles of pre and post operative care of infants and children Child health nursing procedures	 Lecture, Discussion Demonstration of common Paediatric procedures 	 Short answers Objective type Assessment of skills with checklist
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Unit Tir	me Learning Objectives	Content	Teaching Learning	Assessment
(Hı	(rs)		Activities	Methods

	20	 Describe the normal growth and Development of children at different ages Identify the needs of children at different ages & provide parental guidance Identify the nutritional needs of children at different ages and ways of meeting the needs Appreciate the role of play for normal & sick children Appreciate the preventive measures and strategies for children. 	 The healthy child Principles of growth and development Factors affecting growth and development Growth and development from birth to adolescence The needs of normal children through the stages of development and parental guidance Nutritional needs of children &infants: Breast feeding, exclusive breast feeding supplementary /artificial feeding and weaning Baby friendly hospital concept Accidents :causes and prevention Value of play and selection of play materials Preventive immunization immunization programme and cold chain Preventive Peadiatrics Care of under five & under five clinics /well baby clinics 	 Lecture Discussion Developmental study of infant and children Observation study of normal and sick child Field visit to Anganwadi,child guidance clinic Film show on breast feeding Clinical practice /field 	 Short answers Objective type Assessment of field visit and developmenta 1 study reports.
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III	15	 Provide care to normal &high risk neonates Perform neonatal resuscitation Recognize and manage common neonatal problems 	 Nursing care of a neonate Nursing care of a normal newborn /essential newborn care Neonatal resuscitation Nursing management of a low birth baby Kangaroo mother care Nursing management of common neonatal disorders Organization of neonatal unit. 	 Lecture Discussion Workshop on neonatal resuscitation Demonstration □ Practice session Clinical practice 	 Short answers Objective type Assessment of skills with checklist
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			☐ Identification of common congenital malformations		
IV	10		Integrated management of neonatal and childhood illnesses(IMNCI)	☐ Lecture Discussion	Short answers Objective type Assessment of skills with checklist

			Unit	Time	Provide nursing care in common childhood diseases Identify measures to prevent common childhood diseases including immunization Learning Objectives	Nursing management in common childhood diseases Nutritional deficiency disorders Respiratory disorders and infections Gastro intestinal infections, infestations and congenital disorders Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders: Clubfoot, Hip dislocation Content	 Lecture Discussion Demonstration Practice session Clinical practice 	Assessment Assessment Assessment
	· a · · · · · · · · · · · · · · · · · ·	*		(Hrs)			Activities	Methods
Hip dislocation		C1.1.C				-		
Clubfoot, Hip dislocation	Clubfoot,					Juvenile diabetes		
mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	mellitus • Orthopedic disorders: Clubfoot,	mellitus • Orthopedic disorders:				_		
Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders: Clubfoot, Hip dislocation	 Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders: Clubfoot, 	Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders:				*		
Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:				Thalassemia,ITP		
Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:						
disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:				disorders: convulsions, Epilepsy, meningitis hydrocephalus,		
disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:				_		
infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:				disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and		
disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:				problems: congenital defects and Rheumatic fever ,Rheumatic heart		
immunization • Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	immunization • Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	immunization • Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders:			common childhood diseases	infections, infestations and		
common childhood diseases including immunization - Cardiovascular problems: congenital disorders - Cardiovascular problems: congenital defects and Rheumatic fever Rheumatic heart disease - Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. - Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. - Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. - Endocrine disorders: Juvenile diabetes mellitus - Orthopedic disorders: Clubfoot, Hip dislocation	common childhood diseases including immunization - Cardiovascular problems: congenital disorders congenital defects and Rheumatic fever ,Rheumatic heart disease - Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. - Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. - Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. - Endocrine disorders: Juvenile diabetes mellitus - Orthopedic disorders: Clubfoot,	common childhood diseases including immunization **Cardiovascular problems: congenital defects and Rheumatic fever Rheumatic heart disease **Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. **Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. **Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. **Endocrine disorders: Juvenile diabetes mellitus **Orthopedic disorders: Uvenile diabetes mellitus **Orthopedic disorders:			measures to		1	
• Identify measures to prevent common childhood diseases including immunization • Gastro intestinal infections, infestations and congenital disorders including immunization • Cardiovascular problems: congenital defects and Rheumatic fever Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia, ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	• Identify measures to prevent common childhood diseases including immunization • Respiratory disorders and infections, infestations and congenital disorders including immunization • Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic fever ,Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. • Endocrine disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot,	Respiratory disorders and infections revent common childhood diseases including immunization Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders:			childhood	Nutritional deficiency	• Practice session	type Assessment of
childhood diseases • Identify measures to prevent common childhood diseases including immunization • Respiratory disorders and infections. • Gastro intestinal infections and congenital disorders • Cardiovascular problems: congenital defects and Rheumatic fever Rheumatic heart disease • Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders: • Neurological infections and disorders: • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina biffda. • Hematological disorders: Juvenile diabetes mellitus • Orthopedic disorders: Clubfoot, Hip dislocation	childhood diseases Identify measures to prevent common childhood diseases including immunization Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease Genitourinary disorders Gastro intestinal infections, infestations and congenital defects and Rheumatic fever ,Rheumatic heart disease Genitourinary disorders: Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders: Neurological infections and disorders: convulsions, Epitlepsy, meningitis hydrocephalus, Spina bifida. Hematological disorders: Anemia's, Thalassemia,ITP Leukemia, Hemophilia. Endocrine disorders: Juvenile diabetes mellitus Orthopedic disorders: Clubfoot,	childhood diseases • Identify measures to prevent common childhood diseases including immunization • Respiratory disorders and infections, infestations and congenital disorders elected and congenital disorders. • Cardiovascular problems: congenital defects and Rheumatic fever ,Rheumatic heart disease • Genitourinary disorders. Acute glomerulo nephritis, Nephrotic syndrome, Wilms tumor, infections and congenital disorders. • Neurological infections and disorders: convulsions, Epilepsy, meningitis hydrocephalus, Spina bifida. • Hematological disorders: Juvenile diabetes mellitus • Orthopedic disorders: Juvenile diabetes mellitus • Orthopedic disorders:	V	20	nursing care in	common childhood	Discussion	answers

		Fracture • Disorders of skin Eye and ears • Common communicable diseases in children, their identification nursing management in hospital and home and prevention • Child health emergencies: Poisoning, Foreign bodies hemorrhage, burns drowning. • Nursing care of infant		
VI 10	 Manage the child with behavioral &social problems Identify the social & welfare services for challenged children 		Lecture Discussion Field visit to child guidance clinics, School for mentally physically, socially challenged.	 Short answers Objective type Assessment of field reports.

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:

1. Whaley & Wongs, Nursing Care of Infants & Children, Mosby, Philadelphia.

- 2. Marlow, Textbook of Paediatric Nursing, Harecourt (India) Ltd.
- 3. Nelson, Textbook of Paediatrics, Harecourt India private Ltd.
- 4. Parthasarathy, IAP Textbook of Paediatrics, Jaypee Brothers Medical Publishers, New Delhi.
- 5. Hockenberry, Wong's Maternal Child Nursing Care, Mosby.
- 6. Kenner (C), Comprehensive Neonatal Nursing, Saunders.
- 7. Pilltteri (A), Maternal and Child Health Nursing Care, LWW, Philadelphia,
- 8. Achar's textbook of Paediatrics, Orient Longman.
- 9. Ghai (OP), Essential Paediatrics.
- 10. Fox (JA), Primary Health Care of Infants, Children & Adolescents, Mosby.

Child Health Nursing –Practical

Placement: Third year Time: 270Hours (9weeks)

Areas	Duration wks	Objectives	Skills	Assignments	Assessment methods
Paediatric Medicine Ward	3	Provide nursing care of children with various medical disorders Counsel and educate parents	 Taking Paediatric history Physical examination and assessment of children Administration of oral,IM,IV medicine/Fluids Calculation of fluid requirements Prepare different strengths of IV fluid Apply restrains Administer O2 inhalation by different methods Give baby bath Feed children by Katori spoon etc. Collect specimens for common investigation Assist with common diagnostic procedures Teach mothers /parents Malnutrition Oral rehydration therapy Feeding& weaning [] Immunization schedule Play therapy Specific disease conditions 	 Give care to three assigned Paediatric patients Nursing care plan-I Case study /presentation –I Health talk-I 	□Assess clinical performance with rating scale □Assess each skill with checklist OSCE/ OSPE • Evaluation of case study, presentation & Health education session • Completion of activity record

Paediatric surgery ward	3	 Recognize different pediatric surgical conditions /malformations Provide pre and post operative care to children with common paediatric surgical 	Calculate ,prepare and administer IV fluids Do bowel wash Care for ostomies: □ Colostomy irrigation □ Ureterostomy □ Gastrostomy □ Urinary catheterization and drainage Feeding □ Nasogastric	 Give care to three assigned Paediatric patients Nursing care plan-I Case study /presentation –I 	 Assess clinical performance with rating scale Assess each skill with checklist OSCE/ OSPE Evaluation of case
		conditions/ Malformations. Counsel and educate parents	☐ Gastrostomy ☐ Jejunostomy ☐ Care of surgical wounds ☐ Dressing ☐ Suture removal		study, presentation & Completion of activity record
Paediatric OPD/ Immuniz ation room	1	 Perform assessment of children health development and anthropometri c Perform immunization Give health education /Nutritional education 	Assessment of children Health assessment Developmental assessment Anthropometric assessment Immunization Health/Nutritional education	☐ Developmental study-I	Assess clinical performan ce with rating scale Completio n of activity record
Pediatric medicine and surgery ICU	1+1	Provide nursing care to critically ill children	 Care of baby in incubator/warmer Care of child on ventilator Endotracheal suction Chest physiotherapy □ Administer fluids with Infusion pump Total parenteral nutrition Phototherapy Monitoring of babies 	□ Nursing care □ plan –I Observation report-I	 Assess clinical performan ce with rating scale Completio n of activity record Evaluation of

	 Cardiopulmonary 	observatio
	resuscitation	n report

Internal assessment for Practical: (100 Marks/ 50 Marks -Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Mental Health Nursing

Placement: Third Year Time: Theory - 90 Hours

Practical - 270 Hours

Course Description: This course is designed for developing an understanding of the modern approach to mental health, identification, prevention and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method	
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I.	5	• Describes the	Introduction	☐ Lecture	• Objective
		historical development & current trends in Mental Health Nursing • Describe the	• Perspectives of Mental Health and Mental Health Nursing; Evolution of Mental Health Services, treatments and Nursing practices	Discussion	typeShort answerAssessment of the field visit reports
		epidemiology of mental health problems	• Prevalence and incidence of mental health problems and disorders		
		Describe the National Mental Health Act, programmes	• Mental Health Act ☐ National Mental Health Policy vis a vis National health Policy		
		and Mental Health Policy	• National Mental health Programme		
		 Discuss the scope of Mental Health Nursing Describe the concepts of normal & abnormal 	• Mental Health Team ☐ Nature and scope of Mental Health nursing ☐ Role and function of Mental Health Nurse in various settings and		
		behaviour	factors affecting the level of nursing practice.		
			• Concepts of normal and abnormal behaviour		
II.	5	☐ Define the various terms	Principles and Concepts of Mental Health Nursing	• Lecture Discussion	• Essay type Short answer
		used in Mental Health nursing	Definition: Mental Health nursing and terminologies used	 Explain using charts Review of	Objective type
			Classification of mental disorders: ICD	personality development	
			Review of personality development, defense mechanisms		
			Maladaptive behavior of individuals and groups: stress, crisis and disaster(s)		
			• Etiology: Bio – psycho –		

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
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	1	T	Г		
			social factors • Psychopathology of mental disorders: Review of structure and functions of brain, limbic system and abnormal neuro transmission		
			• Principles of Mental Health Nursing practice		
			• Standards of Mental Health Nursing practice		
			 Conceptual models and the roles of nurse: Existential model Psycho – analytical 		
			models Behavioral models		
			☐ Inter personal model		
III.	8	☐ Describe nature, purpose,	Assessment of Mental health status	• Lecture Discussion	Short answerObjective
		and process of	History taking	Demonstration	type
		assessment of	Mental status examination	• Practice	• Assessment
		mental health nursing	Mini mental status examination	Session □ Clinical	of skills with check list
			• Neurological examination: Review	Practice	
			• Investigations: Related Blood chemistry, EEG, CT, & MRI		
			Psychological Tests		
			• Role and responsibilities of nurse		

IV.	6	 Identify therapeutic communication techniques Describe therapeutic relationship Describe therapeutic impasse and its intervention 	 Therapeutic communication and nurse patient relationship Therapeutic communication: Types, techniques, characteristics Types of relationship Ethics and responsibilities Elements of nurse patient contract Review of technique of IPR – Johari window Goals, phases, tasks, therapeutic techniques Therapeutic impasse and its interventions 	 Lecture Discussion Demonstration Role play □ Process Recording 	Short answer Objective type
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Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
V.	14	Explain treatment modalities and therapies used in mental disorders and role of the nurse	Treatment modalities and therapies used in mental disorders Psycho Pharmacology Psychological therapies Therapeutic community, psycho therapy — Individual: psychoanalytical, cognitive and supportive, Family, Group, Behavioural, Play, Psycho-drama, Music, Dance, Recreational and Light Therapy, Relaxation Therapies: Yoga, Meditation, Bio feedback Alternative Systems of Medication	 Lecture Discussion Demonstration Group Work Practice session Clinical practice 	 Essay type Short answer Objective type

			• Occupational Therapy □ Physical Therapy: Electro Convulsive Therapy □ Geriatric Considerations Role of nurse in above therapies		
VI.	5	Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with Schizophrenia, and other psychotic disorders	Nursing management of patients with Schizophrenia, and other psychotic disorders. • Classification: ICD • Etiology, psychopathology, types, clinical manifestation, diagnosis □ Nursing AssessmentHistory, Physical and Mental assessment • Treatment modalities and nursing management of patients with Schizophrenia and other psychotic disorders • Geriatric considerations • Follow up and home care and rehabilitation	 Lecture Discussion Case Discussion Case presentation Clinical practice 	 Essay type □ Short Answers Assessment of patient management problems

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
VII.	5	Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with mood disorders	Nursing management of patients with mood disorders • Mood disorders: Bipolar affective disorder, Mania, Depression, and Dysthymia etc., • Etiology, psycho — pathology, types, clinical manifestation, diagnosis □ Nursing assessment — History, Physical and Mental assessment • Treatment modalities and nursing management of patients with mood disorders • Geriatric considerations • Follow up and home care and rehabilitation	Lecture Discussion Case discussion Case presentation Clinical practice	• Essay type □ Short Answers • Assessment of patient management problems

VIII.	8	Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with neurotic, stress related and somatization disorders	Nursing management of patients with neurotic, stress related and somatization disorders • Anxiety disorders, Phobias, Dissociation and Conversion disorders, Obsessive Compulsive Disorders, Somatoform disorders, Post Traumatic Stress Disorders • Etiology, psycho – pathology, clinical manifestations, diagnosis Nursing assessment: History, Physical and Mental assessment: History, Physical and Mental assessment • Treatment modalities and nursing management of patients with neurotic, stress related and somatization disorders • Geriatric considerations • Follow up and home care and rehabilitation	 Lecture Discussion Case discussion Case presentation Clinical practice 	 Essay type Short Answers Assessment of patient management problems
IX.	5	☐ Describe the etiology,	Nursing management of patients with substance	☐ Lecture Discussion	• Essay type • Short
Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method

		psychopathology, clinical manifestations, diagnostic criteria and management of patients with substance use disorder	 use disorders Commonly used psychotropic substance: Classification, forms, routes, action, intoxication and withdrawal Etiology of dependence: Tolerance, psychological and physical dependence, withdrawal syndrome, diagnosis Nursing assessment: History, Physical and Mental assessment and drug assay Treatment (Detoxification, and abuse, and narcotic antagonist therapy and harm reduction) and nursing management of patients with substance use disorders Geriatric considerations 	 Case discussion Case presentation Clinical practice 	Answers Assessment of patient management problems
X.	4	Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with personality, sexual and eating disorders	 Follow up and home care and rehabilitation Nursing management of patients with Personality, Sexual and eating disorders Classification of disorders Etiology, psycho – pathology, clinical manifestations, diagnosis □ Nursing assessment: History, Physical and Mental assessment Treatment modalities and nursing management of patients with Personality, Sexual and Eating disorders Geriatric considerations Follow up and home care and rehabilitation 	 Lecture Discussion Case discussion Case presentation Clinical practice 	Essay type Short Answers Assessment of patient management problems

XI.	6	☐ Describe the	Nursing management of	• Lecture	 Essay type
		etiology,	Childhood and adolescent	Discussion	• Short
		psychopathology,	disorders including	• Case	answers
			mental deficiency:		• Assessment

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
		clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency.	 Classification Etiology, psycho – pathology, diagnosis Nursing assessment: History, Physical ,Mental and IQ assessment Treatment modalities and nursing management of childhood disorders including mental deficiency. 	discussion Case presentation Clinical practice	of patient management problems
XII.	5	☐ Describe the etiology, psychopathology, clinical	 Follow up and home care and rehabilitation Nursing management of patients with Organic brain disorders Classification: ICD 	Lecture Discussion Case discussion	• Essay type ☐ Short Answers
	1	manifestations, diagnostic criteria and management of patients with organic brain disorders	• Etiology, psycho – pathology, clinical manifestations, diagnosis and differential diagnosis (Parkinson's and Alzheimer's) Nursing assessment: History, Physical and Mental assessment	 Case presentation Clinical practice 	Assessment of patient management problems
			Treatment modalities and nursing management of patients with organic brain disorders		
			 Geriatric considerations Follow up and home care and rehabilitation		

XIII.	6	☐ Identify psychiatric	Psychiatric emergencies and crisis intervention	• Lecture Discussion	• Short Answers
		emergencies and carry out crisis	Types of psychiatric emergencies and their management	DemonstrationPractice Session	• Objective type
		intervention	• Stress adaptation model: Stress and stressors, coping, resources and mechanism	• Clinical practice	
			• Grief: Theories of grieving process, principles, techniques of counseling		
			 Types of crisis 		
			• Crisis intervention:		

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
			principles, techniques and process		
			☐ Geriatric considerations Roles and responsibilities of nurse		
XIV.	4	☐ Explain legal aspects applied in mental health settings and role of the nurse	Legal issues in mental health nursing The Mental Health Act 1987: Act, Sections, Articles and their implications etc., Indian Lunacy Act 1912 Rights of Mentally ill clients Forensic psychiatry Acts related to narcotic and psychotropic substances and illegal drug trafficking Admission and Discharge procedure Role and responsibilities of nurse	Lecture Discussion Case discussion	• Short Answers • Objective type

XV.	4	Describe the model of preventive psychiatry Describe community Mental Health services and role of nurses	Community Mental Health Nursing Development of community mental health services: National Mental Health Programme Institutionalization versus De-institutionalization Model of Preventive psychiatry: Levels of Prevention Mental Health services available at the primary, secondary, tertiary levels including rehabilitation and role of nurse Mental Health Agencies: Government and Voluntary, National and International Mental Health Nursing issues for special populations: Children, Adolescence, Women, Elderly, Victims of violence and abuse,	Lecture Discussion Clinical /field practice Field visit to mental health service agencies	Short Answers Objective type Assessment of the field visit report
Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activity	Assessment Method
			Handicapped, HIV/AIDS, etc.,		

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:

- 1. Kapoor, Textbook of Psychiatric Nursing,
- 2. Boyd (MA), Psychiatric Nursing, LWW, London, 3rd Edition, 2005.
- 3. Bhatia (MS), Essentials of Psychiatry, CBJ publishers and distributers, NewDelhi, 3rd Edition, 2000.
- 4. Sadock (BJ), Textbook of Psychiatry, LWW, Philadelphia..

- 5. Straight A's Psychiatric and Mental Health Nursing, LWW, Philadelphia.
- 6. Fortinesh (KM), Psychiatric Nursing Care, Mosby, 4th Edition, 2000.
- 7. Shives (LS), Basic Concepts of Psychiatric Mental Health Nursing LWW, Philadelphia, 7th Edition, 2005.
- 8. Mohr (WK), Psychiatric Mental Health Nursing, LWW, Philadelphia, 6th Edition, 2007.
- 9. Stuart (GW), Principles and Practice of Psychiatric Nursing, Elsevier, 8th Edition, 2005

Mental Health Nursing - Practical

Placement: Third Year Time: Practical - 270 Hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods					
Psychiatric OPD	1	 Assess patients with mental health problems Observe and assist in therapies Counsel and educate patient and families 	 History taking Perform mental Status Examination Assist in psychometric assessment Perform neurological examination Observe and assist therapies Teach Patient 	 History taking and Mental Status Examination -2 ☐ Health Education – 1 Observation report of OPD 	 Assess performance with rating scale Assess each skill with check list Evaluation of health education Assessment of observation report 					
								and family members		• Completion of activity record
Child Guidance Clinic	1	 Assessment of children with various mental health problems Counsel and educate children, families and significant others 	 History taking Assist in psychometric assessment Observe and assist various therapies Teach family and significant others 	☐ Case work – 1 ☐ Observation report of different therapies	 Assess performance with rating scale Assess each skill with check list Evaluation of the observation report 					

Inpatient Ward	6	Assessment Patients with mental health problems To provide nursing care for patients with various mental health problem Assist in various therapies Counsel and educate patients,	History taking □ Perform mental Status Examination Assist in psychometric assessment Record therapeutic communication Administer medication Assist in Electro Convulsive Therapy(ECT) Participate in all therapies Prepare patients	 Give care to 2 3 patients with various mental disorders Case study -1 Care plan – 2 Clinical Presentation -1 Process recording- 2 Maintain drug book 	Assess performance with rating scale Assess each skill with check list Evaluation of the case study, care plan, clinical presentation, process recording Completion of activity record
Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
		families and significant others	for Activities of Daily Living (ADL) Conduct admission and discharge counseling Counsel and teach patients and families		

Community Psychiatry	1	 To identify patients with various mental disorders To motivate patients for early treatment and follow up To assist in follow up clinic Counsel and educate patient, family and community 	 Conduct case work Identify individuals with mental health problems Assist in mental health camps and clinics Counsel and teach family members, patients and community 	 Case work – 1 Observation report on field visits 	 Assess performance with rating scale Evaluation of case work and observation report Completion of activity record
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Internal assessment for Practical: (100 Marks/ 50 Marks -Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Nursing Research and Statistics

Placement: Third Year Time: Theory-45 Hours

Course Description: The Course is designed to enable students to develop an understanding of basic concepts of research, research process and statistics. It is further, structured to conduct/participate in need based research studies in various settings and utilize the research findings to provide quality nursing care. The hours for practical will be utilized for conducting individual/group research project.

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

I	4	Describe the concept of research, terms, need and areas of research in Nursing Explain the steps of research process.	 Research and research process Introduction and need for nursing research Definition of Research & nursing research Steps of scientific method Characteristics of good research Steps of Research processoverview 	Lecture Discussion Narrate steps of research process followed from examples of published studies	• Short answer • Objective Type
II	3	☐ Identify and state the research problem and objectives	Research Problem/Question Identification of problem area Problem statement Criteria of a good research problem Writing objectives	 Lecture Discussion Exercise on writing statement of problem and objectives 	Short answerObjective Type
III	3	☐ Review the related literature	 Review of Literature Location Sources On line search; CINHAL, COCHRANE etc Purposes Method of review 	 Lecture Discussion Exercise on reviewing one research report/ article for a selected research problem Prepare annotated bibliography 	Short answerObjective Type
IV	4	☐ Describe the research approaches and designs	Research approaches and designs • Historical, survey and experimental • Qualitative and Quantitative designs	Lecture Discussion Explain types of research approaches used from examples of published and unpublished research studies with rationale.	• Short answer • Objective Type

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

V	8	Explain the sampling process Describe the methods of data collection	 Sampling and data collection Definition of population, sample, sampling criteria, factors influencing sampling process, types of sampling techniques. Data –Why, What, from Whom When and Where to collect. Data collection methods and instruments: Methods of data collection Questioning, interviewing Observations, record analysis and measurement Types of instruments Validity & Reliability of the Instrument Pilot study Data collection procedu 	☐ Lecture ☐ Discussion ☐ Reading ☐ assignment on ☐ examples of dat ☐ collection ☐ tools. ☐ Preparation of ☐ sample data ☐ collection tool. ☐ Conduct group ☐ research project	 Short answer Objective Type
VI	4	☐ Analyze , Interpret and summarize the research data	Analysis of data Compilation, Tabulation, classification, summarization, presentation, interpretation of data	☐ Lecture Discussion ☐ Preparation of sample tables.	Short answerObjectiv e Type
VII	15	 Explain the use of statistics, scales of measurement and graphical presentation of data Describe the measures of central tendency and variability and methods of correlation. 	 Introduction to statistics Definition, use of statistics, scales of measurement. Frequency distribution and graphical presentation of data Mean, Median, Mode, Standard deviation Normal probability and tests of significance Co-efficient of correlation Statistical packages and its application 	☐ Lecture ☐ Discussion ☐ Practice on ☐ graphical ☐ presentations ☐ Practice on ☐ computation ☐ of measures ☐ central ☐ tendency, ☐ variability & ☐ correlation	Short answerObjective Type

VIII	4	Communicate and utilize the research findings.	Communication and utilization of Research Communication of research findings Verbal report Writing research report Writing scientific article/ paper Critical review of published	☐ Lecture Discussion ☐ Read/ presentations of a sample published/ unpublished research report. ☐ Writing group	 Short answer Objective Type Oral presentation Assessment of group
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			research – Utilization of research findings		research project.

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:

- 1. Polit Essentials of Nursing Research ,2009,LWW
- 2. Kothari Research Methodology, 2007, Newage Publishers Jagadeesh Bio Medical Research, 2009,
- 3. Rao (S), Introduction to Biostatistics & Research methods, Riachard, 4th Edition.
- 4. Rao (V), A manual of Statistical and Anthropology, Jaypee, 2nd Edition.
- 5. Norman, Biostatistics, B.C Decker, 2nd Edition.
- 6. Rao, Applied Statistics in Health Sciences, Jaypee.

Midwifery and Obstetrical Nursing

Placement: Fourth year Time: Theory - 90 hours

Practical - 180

Course Description:

This course is designed for students to appreciate the concepts and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high risk neonates and participate in family welfare programme.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	3	Recognize the trends and issues in midwifery and obstetrical Nursing	 Introduction to midwifery and obstetrical Nursing Introduction to concepts of midwifery and obstetrical Nursing Trends in midwifery and obstetrical nursing Historical perspectives & current trends Legal and ethical aspects in midwifery Preconception care and preparing for parenthood Role of nurse in midwifery and obstetrical care National policies and legislations in relation to maternal health and welfare Maternal morbidity, mortality and fertility rates Perinatal morbidity and mortality rates 	Lecture discussion Explain using Charts and graphs	Short answers Objective type

II	8	Describe the anatomy and female reproductive	Review of anatomy and physiology of female reproductive system and fetal development	Lecture discussion Review with Charts and models	Short answers Objective type
		system	• Female pelvis — general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, and variations in pelvis shape.		
			• Female organs of reproduction - external genitalia, internal genital organs and their		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			anatomical relations, musculature — blood- supply, nerves, lymphatic, pelvic cellular tissue, pelvic peritoneum Physiology of menstrual cycle Human sexuality Fetal development Conception Review of fertilization, implantation (embedding of the ovum), Development of the embryo and placenta at term — functions, abnormalities, the fetal sac, Amniotic fluid, The umbilical cord Fetal circulation, Fetal skull: bones, sutures and measurements.		
			Review of Genetics		

III	8	Describe the	Assessment and management of	• Lecture discussion	• Short answers
	-		pregnancy (ante-natal) : Normal	• Demonstration	 Objective
		management	pregnancy	 Casediscussion 	type
		of women		presentation	 Assessment
		during	 Physiological changes during 	 Health talk 	of skills with
		antenatal period	pregnancy.	• Practice session □	check list Assessment of patient
		period	✓ Reproductive system	Counseling session	
			✓ Cardio vascular system	Supervised Clinical	management
			✓ Respiratory system	practice	problems
			✓ Urinary system		
			✓ Gastro intestinal system		
			✓ Metabolic changes		
			✓ Skeletal changes		
			✓ Skin changes ✓ Endocrine		
			system		
			 Psychological changes 		
			 Discomforts of pregnancy 		
			 Diagnosis of pregnancy 		
			✓ Signs		
			✓ Differential diagnosis		
			✓ Confirmatory tests		
			• Ante-natal care		
			✓ Objectives		
			✓ Assessment: History and		
			physical examination		
			✓ Antenatal Examination		
			✓ Modalities of diagnostics:		
			invasive, noninvasive,		

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	methods
	, ,			Activities	

1, 1	
ultrasonic, cardio	
tomography, NST, CST.	
✓ Signs of previous child-	
birth Relationship of fetus to	
uterus and pelvis: Lie, Attitude,	
Presentation, Position pervaginal	
examination	
Per vaginal examination	
Assessment of fetal well being	
Screening and assessment for	
high risk: Risk approach	
Education for child-birth	
✓ Preparation for	
safeconfinement	
Psycho-social and	
cultural aspects of	
pregnancy	
Adjustment to pregnancy	
✓ Unwed mother	
✓ Single parent ✓ Teenage	
pregnancy	
✓ Sexual violence	
✓ Substance use	
• Adoption	

IV	12		Describe	☐ Asses	ssment and management	 Lecture 	 Essay type
			the	of int	ra-natal period	discussion	• Short
			physiology	DI .	iology of labour	 Demonstration 	answers
			and stages	•		• Case	 Objective
			of labour Describe		Onset of labour: causes,	discussion ☐ Case	type
		Ш	the		Signs and symptoms, Per	presentation	• Assessment
			manageme	C4	vaginai examination	• Simulated	of
			nt of	Stag	ges of labour	practice	skills with
			women	√	That stage . physiology, sighs	·	check list
			during		and symptoms, Duration, assessment and	Clinical	Check list
			intra- natal		observation of women in		• Assessment
			period		labour : partogram, Pain	praedice	of
			•		relief and comfort in labour		Patient
				✓	Second stage: physiology, signs and symptoms, mechanism of labour, duration, preparation of labour room, conduction of delivery: principles and techniques, episiotomy		Management problems
				✓	Third stage: physiology,		

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			signs and symptoms, Duration, methods of placental delivery, active management of third stage of labour. ✓ Examination placenta ✓ Examination of perineum ✓ Immediate new born care: receiving the newborn, Care of umbilical cord, Immediate assessment, including screening for congenital anomalies, Identification, Bonding, Initiate feeding, Screening and transportation of the neonate ✓ Neonatal resuscitation; initial steps and subsequent resuscitation.		

			 ✓ Active management of labour: Induction of labour ✓ Pain relief and comfort in labour 		
V		the	Assessment and management of women during post natal period: Normal puerperium Physiology, Duration & management Postnatal assessment Promoting physical and emotional well-being Post natal diet and exercise Minor disorders of puerperium Lactation management Immunization Family dynamics after childbirth: Family welfare services; methods, counseling, Follow-up Records and reports	 Lecture Discussion Demonstration Health talk Practice Session □ Supervised Clinical practice 	 Essay type Short answers Objective type Assessment of skills with check list Assessment of Patient Management problems
VI	6	Describe the Assessment and manageme nt of normal neonate	Assessment and management of normal neonates □ Normal Neonate ✓ Physiological adaptation ✓ Initial & Daily assessment ✓ Essential newborn care; Thermal control	 Lecture discussion Demonstration Practice Session □ Supervised Clinical practice 	 Essay type Short answers Assessment of skills with check list Assessment of Patient

Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		 ✓ Breast feeding, prevention of infections, Immunization ✓ Minor disorders of newborn and its management ✓ Levels of Neonatal care 		Management problems
		 (level I, II, & III) At primary, secondary and tertiary levels ✓ Maintenance of Reports and Records 		

VII 10	Describe the Identificati on and manageme nt of women with high risk pregnancy	High-risk pregnancy assessment & management Screening and assessment: Ultrasonics, cardiotomography, NST, CST, non-invasive invasive & Newer modalities of diagnosis Levels of care; primary, secondary and tertiary levels Disorders of pregnancy ✓ Hyper-emesis gravidarum ✓ Bleeding in early pregnancy: abortion, ectopic Pregnancy, vesicular mole ✓ Ante-partum hemorrhage ✓ Pregnancy induced hypertension ✓ Gestational Diabetes Mellitus ✓ Hydramnios ✓ Rh incompatibility ✓ Mental disorders ✓ Multiple pregnancy ✓ Abnormalities of placenta and cord ✓ Intra-uterine growthretardation ✓ Gynaecological diseases complicating pregnancy: Uterine abnormality and displacement ✓ Medical and surgical conditions complicating pregnancy ✓ Infections, RTI (STD), UTI HIV, TORCH, ✓ Adolescent pregnancy,	Lecture discussion Demonstrate using video films,scan reports, partograph etc Case discussion/prese ntation Health talk Practice Session Supervised Clinical practice	Essay type Short answers Objective type Assessment of skills with check list Assessment of patient management problems

Unit	Time (Hrs)		earning bjectives	Content ✓ Maintenance of Record	Teaching Learning Activities	Assessment methods
				Report	33.3	
VIII	10	ma nt ab lat ob	escribe anageme of normal cour And estetrical nergencie	Abnormal Labour — assess and management Disorders in labour CPD and contracted poly Malpositions and malpresentations Premature labour Disorders of uterine acceptive precipitate labour, proclabour Complications of third stage injuries to birth canal Obstetrical emergencies and management Presentation and prolaticord, Vasa praevia Amniotic fluid embolities Rupture of uterus Shoulder dystocia Obstetrical procedures and operations Induction of labour Forceps Vacuum Version Manual removal of platic Cesarean Section Destructive operations Nursing management of woundergoing Obstetrical operand procedures	Demonstrate using video films, scan reports, partograph etc Case discussion/prese ntation Health talk Practice Session □ Supervised Clinical practice their pse of men	 Short answers Objective type Assessment of skills with check list

IX	4	☐ Descri	be Abnor	malities during Postnatal	• Lecture discussion	 Essay type
		manag	eme Period	s	• Demonstrate using	• Short
		nt of p	ost		video films,scan	answers
		natal		essment and management of	reports, partograph	• Objective
		compli		man with postnatal	etc	type
		ns		nplications	• Case	• Assessment
			✓	Puerperal infections	discussion/prese	of
			✓	Breast engorgement & UTI	ntation	skills with
				infections	Health talk	check list
			✓	Thrombo- Embolic disorders	• Practice Session	
			✓	Post- partum haemorrage	Supervised	• Assessment
			✓	Eclampsia	Clinical practice	of patient
			✓	Subinvolution	Chinical practice	management

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
X	10	☐ Identify the	 □ Psychological complications ✓ Post partum Blues ✓ Post partum Depression ✓ Post partum Psychosis Assessment and management of High risk newborn Admission of neonates in the neonatal intensive care unitsprotocols Nursing management of: ✓ Low birth weight babies ✓ Infections ✓ Respiratory problems ✓ Haemolytic disorders ✓ Birth injuries ✓ Malformations ✓ Monitoring of high risk neonates ✓ Feeding of high risk neonates ✓ Organization and 	• Lecture discussion • Demonstrate using video films,scan reports, partograph etc • Case discussion/prese ntation • Health talk Practice Session Supervised Clinical practice	• Essay type • Short answers • Objective type • Assessment of skills with check list Assessment of patient management problems
			 management of neonatal intensive care units ✓ Infection control in neonatal intensive care units ✓ Maintenance of reports and records 		

XI	4	Describe indication, dosage, action, side effects and nurses responsibilities in the administration of drugs used for mothers	 Pharmaco-therapeutics in obstetrics Indication, dosage, action, contra indication and side effects of drugs Effect of drugs on pregnancy, labour & puerperium, Nursing responsibilities in the administration of drug in Obstetrics ✓ Oxytocins ✓ Antihypertensives ✓ Diuretics ✓ Tocolytic Agents ✓ Anti Convulsants Analgesics and anesthetics in obstetrics. Effects of maternal medication on foetus and neonate 	 Lecture discussion Drug book Drug presentation 	 Short answers Objective type
XII	10	☐ Appreciate the Importance of	Family Welfare Programme Population trends and problems in	Lecture discussionDemonstration	Essay typeShort answers
Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods

	family	India	П	Practice session	 Objective
	welfare		П	Supervised	type
	programme	Concepts, aims, importance and history of family welfare programme		practice	• Assessment
	☐ Describe	instory of family werrare programme		Group	of skills with
	the	National Population: dynamics, policy			check list,
	Methods	and education		Counseling session	project and
		National family welfare programme;		Field visits	field visits
		RCH, ICDS, MCH, Safe motherhood			reports
	nurse in				
	T 11 10	Organization and administration at			
	programme	national, state, district, block and village levels			
	importance of				
	methods	Methods of contraception; spacing,			
	of	temporary and permanent, Emergency contraception			
	family welfare	сопиасериоп			
		Infertility and its management			
		Latest research in contraception			
		Maintenance of vital statistics			
		Role of national, international and voluntary organizations	1		
		Role of a nurse in family welfare			
		programme			
		Training / Supervision / Collaboration			
		with other functionaries in community	,		
		like ANMs. LHVs, Anganwadi			
		workers, TBAs (Traditional birth			
		attendant - Dai)			
T . 1	4 (25	Marks Defer to regulations)			

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Reference Books:

- Fraser (DM), MMyles Textbook of Midwives, Churchill Livingstone, 14th Edtion, 2003
- 2. Dutta (DC), Textbook of Obstetrics, New Central Book Agency.
- 3. Lowdermilk, Maternity Nursing, Mosby, 7th Edition.
- 4. Willams, Obstetrics, McGrawhill, 22nd Edition.

- 5. Bobak, Maternity Nursing Care, Elsevier.
- 6. Maternity & Child Health Nursing Care for the childbearing family, LWW, 5th edition.
- 7. Wong, Maternity Child Nursing Care, Mosby, 3rd Edition.

Midwifery and Obstetrical Nursing- Practical

Placement: Fourth year Practical: 180 hours (Fourth year)

Areas	Durati on in Weeks	Objectives	Skills	Assignments	Assessment methods
Antenatal clinic/ OPD	1	Assessment of pregnant women	Antenatal history taking Physical examination, Recording of Weight & B.P Hb.& Urine testing for sugar and albumin Antenatal examinationabdomen and breast Immunization Assessment of risk status Teaching antenatal mothers Maintenance of Antenatal records	*Conduct Antenatal Examinations 30 Health talk – I Case book recordings	 Verification of findings of Antenatal examinations Completion of casebook recordings
Labour room O.T.	2	 Assess woman in labour Carry out per- vaginal examination s Conduct normal deliveries Perform episiotomy and suture it Resuscitate newborns Assist with Cesarean Sections MTP and other surgical procedures 	immediate care Resuscitation of newborns Assessment of risk status of newborn Episiotomy aid suturing Maintenance of labour and birth records	*Conduct normal deliveries – 20 *Per vaginal examinations-5 *Perform and Suture the episiotomies – 5 *Resuscitate newborns – 5 *Assist with Caesarean Sections – 2 *Witness abnormal deliveries – 5 Assist with MTP and other Surgical procedures – Case book recordings	 Assessment of clinical performance with rating scale Assessment of each skill With checklists Completion of Case book recordings

Postnatal	1		√	Examination and	√	Case	✓	Assessment
1 ostracar	1	□ Provide		assessment of mother and		presentation -		of clinical
		L 110 / 100	<u> </u>		1	presentation		91 911111901
ward		nursing care to post natal mother and baby Counsel and teach mother and family for parent hood	✓	Post natal care &	✓ ✓ ✓	Case book recordings Give care to Post natal - mothers – 20 Health talks-I Case study — 1	✓ ✓ ✓	performance Assessment of each skill With checklists Completion of Case book Recording Evaluation of case study and presentation and health education sessions
Newborn Nursery	1	□ Provide nursing care to newborn at risk		Newborn assessment Admission of neonates Feeding of neonates at risk Katori spoon, paladi, tube feeding, total parenteral nutrition Thermal management of neonates-kangaroo mother care, care of baby in incubator Monitoring and care of neonates Administering medications Intravenous therapy Assisting with diagnostic procedure Assisting with exchange transfusion Care of baby on ventilator Phototherapy Infection control protocols in the nursery Teaching and counseling of parents Maintenance of Neonatal records	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Case study-1 Observation study -1	✓	Assessment of clinical performance Assessment of each skill With checklists Evaluation of observation study

Family	1	Counsel for		Counseling technique	√	IUD insertion-	✓	Assessment
Planning		and provide	✓	Insertion of IUD		5		of each skill
Clinic		family	√	Teaching on use of family	√	Observation		With
		welfare	,	planning methods	,	Study-1		checklists
		services	✓	Arrange for and Assist with		Counseling- 2	✓	Evaluation
				family planning operations		Simulation		of and
				Maintenance of records and		exercise on		observation
				reports		recording and		study
						reporting - 1		

Essential Requirements for registration as midwife

• Antenatal examination: 30

• Conducting normal deliveries in Hospital/home/health centre : 20

• Vagina! Examination : 5

• Episiotomy and suturing : 5

• Neonatal resuscitation: 5

• Assist with Cesarean Section: 2

• Witness/Assist abnormal deliveries : 5

• Postnatal cases nursed in hospital/home/health centre: 20

• Insertion of IUD : 5

Note: All casebooks must be certified by teacher on completion of essential requirements

Internal assessment for Practical: (100 Marks/ 50 Marks -Refer to regulations)

Continuous Evaluation of Clinical Performance 30%

Clinical assignment (Case study/ Practical record/Case book) 20%

Clinical Presentation 10%

Observational /field visit/ Health talk 10%

Model Practical Examination 30%

Total 100%

Community Health Nursing - II

Placement – Fourth Year Time: Theory- 90 hours

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
I	4	☐ Define concepts, scope, principles and historical development of community Health and community Health Nursing	 Introduction Definition, concept & scope of community Health and community Health Nursing Historical development of Community health Community health Nursing. Pre Independence Post Independence 	☐ Lecture discussion	☐ Essay type Short answers
II	6	☐ Describe health plans, policies, various health committees and health problems in India.	 Health planning and policies and problems National health planning in India - Five Year Plans Various committees and commissions on health and family welfare, Central council for health and family welfare (CCH and FW) NRHM, NUHM, MDG, SDG National Health Policy (1983, 2002) National population policy Health problems in India Recent health policies 	 Lecture discussion Panel discussion 	☐ Essay Type ☐ Short Answers

III	15	 Describe the system of delivery of community health services in rural and urban areas List the functions of various levels 	Delivery of community health services • Planning, budgeting and material management of SCs, PHC and CHC • Programme management including supervision and monitoring. • Ayushman Bharath	•	Lecture discussion Visits to various health delivery systems Supervised field practice	☐ Essay Type ☐ Short Answers
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Practical - 330 hours

Course Description: This Course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing.

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

and their staffing pattern Explain the components of health services Describe alternative systems of health promotion and health maintenance Describe the chain of referral system.	 Rural: Organization, staffing and functions of rural health services provided by government at: - Village Sub centre Primary health centre: Concept of Health and Wellness centre Community health centre / sub divisional Hospitals - District, State & Centre. Urban: Organization, staffing and functions of urban health services provided by government at: Slums Dispensaries Maternal and child health centres Special Clinics Hospitals Corporation / Municipality / Board. Components of health services ○ Environmental sanitation ○ Health education ○ Vital statistics ○ M.C.H - antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act. Introduction to Rashtreeya Balsuraksha Karyakram (RBSK) Mother and child tracking system Safe birth checklist ○ Postpartum visits by health worker 	Panel discussion
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	o Family welfare o National health programmes o School health services	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			 Occupational health 		
			o Defense services o		
			Institutional Services.		
			☐ System of Medicine and health care Allopathy		
			o Indian System of Medicine and		
			 Homeopathy 		
			o Alternative health care systems		
			like yoga, meditation, social and		
			spiritual healing etc.		
			Referral system.		

IV	Describe Community Health Nursing approaches and Describe the roles and responsibilities of Community health nursing personnel.	Approaches, concepts and roles and responsibilities of nursing personnel. ❖ Approaches - Nursing theories and Nursing process - Epidemiological approach - Problem solving approach - Evidence based approach - Empowering people to care for themselves ❖ Concepts of Primary Health Car - Equitable distribution - Community Participation - Focus on prevention - Use of appropriate technolog - Multi-sectoral approach ❖ Roles and responsibilities of Community health nursing personnel in - Family health services - Information Education Communication (IEC) - Management information (MIS) - Maintenance of Records & Reports - Training and supervision of various categories of health	Participation in camps Group Project re:	Essay Type Short Answers
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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			workers		
			- National Health programmes		
			- Environmental sanitation		
			- Maternal and Child health and family welfare		
			- Organization of labour room -		
			Treatment of minor ailments		
			- School Health Services		
			- Occupational Health		
			- Organization of clinics, camps: Types, Preparation, Planning, Concept, conduct and evaluation		
			- Waste management in the centre, clinics etc.,		
			- Home visit: Concept,		
			Principles, Process,		
			Techniques: Bag technique		
			home visit.		
			❖ Qualities of Community Health		
			Nurse – Behavioral change,		
			Communication & Soft skill		
			❖ Job description of Community		
			health nursing personnel.		
			❖ Middle level health provider-		
			Roles & Responsibilities		

V	15	Describe and appreciate the activities of community health nurse in assisting individuals and groups to promote and maintain their health	Assisting individuals and groups to promote and maintain their health. ❖ Empowerment for self care of individual, families and groups in — - Diagnosing & Treatment skills using SOP's A. Assessment of self and family Monitoring growth and development - Mile stones - Weight measurement - Social development - Temperature and Blood pressure monitoring - Menstrual cycle	•	Lecture discussion Demonstration Practice session Supervised field practice Individual / group / family / Community health education.	☐ Essay Type ☐ Short Answers
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Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

- Breast self examination and testicles - Warning signs of various diseases - Tests: Urine for sugar and albumin, blood sugar B. Seek health services for - Routine checkup - Immunization - Counseling - Diagnosis - Treatment - Follow up C. Maintenance of Health Recordsfor self and family D. Continue medical care and follow up in community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed / required for self and family -**Drug Dispensing** F. Waste Management - Collection and disposal of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family - Social Mobilization - Women Empowerment - Women and child abuse - Abuse of elders - Female feticide - Commercial sex workers - Food adulteration - Substance abuse H. Utilize community resources for self and family Trauma services Old age homes

Orphanage

	- Homes for physically and mentally challenged individuals - Homes for destitute.	

Unit	Time	Learning	Content	Teaching	Assessment
	(Hrs)	Objectives		Learning	Methods
				Activities	

VI	20	• Describe National health	National health and family welfare programmes and the role of a nurse.	Lecture discussion	☐ Essay Type
		and family welfare		• Participation in	☐ Short
		programmes and	National ARI Programme Revised National Tuberculosis	National	Answers
		role of a nurse.	(RNTCP)	Programme ☐ Field visits	
		• Describe various health schemes in	National Anti-Malaria Programme		
		India.	National Filaria control programme		
			National Guinea worm eradication programme		
			National Leprosy eradication programme		
			National AIDS control programme		
			• STD control programme National programme for control of blindness		
			Iodine deficiency disorder programme		
			Expanded programme on immunization		
			 National family welfare programme historical development, organization, administration, Research, constraints 		
			 National water supply and sanitation programme 		
			Minimum Need programme		
			National Diabetics control		
			 programme Polio Eradication: Pulse Polio		
			Programme		
			National cancer control		
			Programme		
			Yaws Eradication Programme		
			National Nutritional Anemia prophylaxis programme		
			• 20 point programme		
			• ICDS programme		
			Mid-day meal applied nutritional programme		

	 National mental health programme Health schemes - ESI 	

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment Methods
			 CGHS Health insurance, other schemes Recent health programmes. 		
VII	5	☐ Explain the roles and functions of various national and international health agencies	 Health Agencies International - WHO,UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC). Red cross, USAID, UNESCO,Colombo Plan, ILO,CARE etc. National - Indian Red Cross, Indian Council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India Women's conference, Blind Association of India etc. 	Lecture discussionField visits	☐ Essay Type ☐ Short Answers

Internal assessment: (25 Marks -Refer to regulations)

Three Unit test marks	45%
Two Assignment marks	25%
Model Exam	25%
Attendance	5%
Total	100%

Bibliography:

Text book:

1. Park (JE), Text Book of Preventive and Social Medicine, Bhanarsidas Bhanot Publishers, Jabalpur, 19th Edition, 2007.

Suggested Reference:

- 1. Stanhope(M), Public Health Nursing: Population-centered Health Care in the Community, Elsevier, 7th Edition, 2008.
- 2. Rao (KS), Introduction to Community Health Nursing, S,I.Publications, Chennai, 1989.
- 3. T.N.A.I., A Community Nursing Manual, New Gian Press, New Delhi, 1989.

- 4. Allender, Community Health Nursing: Promoting & Protecting the Public's Health, Lippincott, 6th Edition.
- 5. Piyush, Textbook of Preventive and social Medicine, CBS,2nd Edition.
- 6. Clark, Community Nursing, Reston Publishing Company Inc., Virginia.
- 7. Freeman, Community Health Nursing Practice, W.B.Saunders Company, Philadelphia.

Areas	Duration (in week)	Objectives	Skills	Assignments	Assignmen Method
Commu nity Health Nursing	1 week for urban ,4 week for rural	 Identify community profile Identify prevalent communicable and noncommunicable diseases Diagnose health needs of Individual, families and community Plan, provide and evaluate care. Participate school health programme Participate in National health programmes Organize group for self help and involve clients in their own health activities Provide family welfare services 	 □ Community □ diagnosis Family □ care: Home □ adaptation of □ common procedures □ Home visit: Bag □ technique Organize and □ conduct clinics antenatal, □ postnatal, well baby □ clinic, camps etc. Screen □ manage and referrals for: ○ High risk mothers and □ neonates ○ Accidents and □ emergencies ○ Illnesses: Physical and □ mental □ Obisabilities □ Conduct delivery at centre ✓ home: episiotomy and □ suturing □ Resuscitate newborn □ School health □ programme ○ Screen, □ manage, refer children □ Collaborate with health □ and allied agencies 	 Community survey report 1 Family care study – 1 Project-1 Health talk-1 Case book recording 	Assess clinical performan ce with rating scale Evaluatio of community survey report, family care study project an health talk Completion of cas book recording

	Counsel and	Train and supervise health workers	

^{8.} Ghosh, Manual of Social and Preventive Medicine, Vijoya Publishing House, Calcutta.

Community Health Nursing - II - Practical

Placement – Fourth Year Time: Practical - 330

Hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assignmen Method
		educate Individual, family and community Collect Vital health statistics Maintain Records & Reports	 Provide family welfare services: insertion of IUD Counsel and teach individual, family and community about: HIV,TB, Diabetes, hypertension, Mental health, adolescents, elderly health, physically, physically and mentally challenged individuals etc. Collect and calculate Vital health statistics Document and maintain. ○ Individual, family and administrative records. Write reports-center, disease, national health programme / projects. 		

Internal assessment for Practical: (100 Marks/ 50 Marks -Refer to regulations)

Continuous Evaluation of Clinical Performance	30%
Clinical assignment (Case study/ Practical record/Case book)	20%
Clinical Presentation	10%
Observational /field visit/ Health talk	10%
Model Practical Examination	30%
Total	100%

Management of Nursing Services and Education

Placement – Fourth Year Time: Theory – 90 hours

Practical - 25

Course Description: The course is designed to enable to student to acquire understanding of management of clinical and community health nursing services, Nursing Educational programme. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the profession.

Unit	Time (Hrs)		Learning	Content	Teaching Learning	Assessme nt
	Th.	Pr.	Objectives	Content	Activities	Methods

Ι	4		☐ Explain the principles and functions of management .	 Introduction to Management in Nursing:- Definition, Concepts & theories. Functions of Management. Principles of Management. Role of a Nurse as a Manager.□ 	 Lecture Discussion Explain using organizatio n chart 	S
II	5		Describe the elements and process of management	 Management Process:□ Planning; mission, Philosophy, Objectives & Operational plan. Staffing: - Philosophy staffing study, norms, activities, patient Classification system, Scheduling. □ Human resources, Management; recruiting, selecting, development, retaining, Promoting, Super annuation etc. Budgeting: - Concept, Principles, types cost, benefit analysis and audit. Material Management: - Equipment & Supplies Directing (Leading) Process. Controlling: - Quality Management. Program evaluation Review Technique (PERT), Bench marking, Activity Plan (Gantt Chart) 	Lecture Discussion Simulated Exercises Case studies	• Essay type • Short answer s
III	8	20	☐ Describe the management of nursing services in	Management of Nursing Services in the Hospital & Community □ Planning: -	Lecture DiscussionDemonstra tion	

the hospital	☐Hospital & Patient care units		Simulated	S
and	including ward management.	_	Exercises Case	• Assess
community	□Emergency & Disaster		studies	ment of
	Management.		Supervise	proble
	☐ Human Resource Management:		practice in ward –	m solving
	☐Recruiting selecting, development superannuation etc.		writing indents, preparing duty	exercis es • Assess ment
	□Categories of nursing personnel including job, description of all levels. □Patient / Population Classification Systems		roaster, ward supervisio n Assignmen	of the assign ments • Perfor
	☐Patient / Population		t on duties	mance evaluat
	assignment & Nursing care responsibilities.		and responsibil ities of	ion by ward
	☐Staff development & well fare.		ward sister Writing	sister with rating
	Budgeting proposal, projecting requirements for staff, equipment and supplies for		report	scale
	☐Hospital & Patient care units.			
	☐Emergency and disaster Management.			
	Material Management; procurement, inventory control, auditing and maintenance in:			
	☐Hospital & Patient care units.			
	□Emergency and disaster Management.			
	Directing & Leading: Delegation, Participatory Management.			
	☐ Assignments, Rotations, delegation,			
	☐Supervision & Guidance.			
	☐Implement standards, Polices, Procedures & Practices.			
	☐Staff Development & Welfare.			
	☐Maintenance of Discipline.			

	Controlling: -	
	□Nursing rounds / Visits,	
	Nursing protocols manuals.	
	☐ Quality Assurance model,	
	Documentation.	
	☐ Records☐ & reports	
	performance appraisal.	

IV	5		☐ Describe	Organizational Behavior	Lecture	• Essay
IV	5		Describe the concepts, theories and techniques of organization al behavior and human relations.	Organizational Behavior and Human Relations:□ Concept and theories of Organizational Behaviors. • Review of Channels of Communication. • Leadership styles. • Review of Motivation concepts and theories □ Group dynamics □ Techniques of: □Communication and □Interpersonal relationships. □Human Relations • Public Relations in Context of Nursing. • Relations with Professional associations & employees Unions & Collective bargaining.	Lecture Discussion Role Plays Group games Self assessment Case discussion Practice session	 Essay type Short answer s Assess ment of proble m solving
V	5	5	☐ Participate in planning and organizing in service education program.	 In service Education:- Nature & Scope of in service education program. Organization of in service education. Principles of adult learning. Planning for in service education program; techniques, Methods & Evaluation of staff education programme Preparation of Report. 	Lecture Discussion Plan and conduct an educationa I session for in service nursing personnel	 Short answer Objective type Assess the planning and conduct of the educational session

VI	10	☐ Describe management	Management of Nursing educational institutions		Lecture Discussion	• Essay type
		of nursing educational institutions	• Establishment of Nursing Educational institution INC norms and guidelines.		Role plays Counseling session	• Short answer s
			• Co – ordination with:-	ш	Group	
			☐ Regulatory bodies		Exercises	
			☐ Accreditation			
			□Affiliation			
			□Philosophy / Objectives			
			□Organization			
			□Structure			
			□Committees			
			□Physical Facilities			
			□College / School			
			□Hostel,			
			□Student			
			□Selection			
			□Admission			
			□Guidance &			
			Counseling			
			Maintaining discipline			
			☐-faculty and Staff.			
			□Selection			
			□Recruitment			
			☐Job description			
			□Placement,			
			□Performance appraisal			
			□Development &			
			Welfare ☐ Budgeting.			
			• Equipment & Supplies A.V. Aids, books,			
			Laboratory equipment,			
			books, Journals etc.			
			• Curriculum; Planning, implementations & Evaluation.			
			Clinical Facilities			
			Transport Facilities			
			• Institutional Records□ &			
	l l		reports Administrative			

			Faculty Staff & Students		
			Faculty, Staff & Students.		
VII	10	Describe the ethical and legal responsibilit ies of a professional nurse; Explain the nursing practice standards.	Nursing as a Profession: Nursing as a Profession. □Philosophy; Nursing practice □Aims□ & Objectives □ Characteristics of Professional Nurse. □Regulatory bodies; INC, SNC Acts;- constitution, functions □Current trends and issues in Nursing Professional ethics □Code of ethics; INC, ICN □Code of Professional conduct; INC, ICN □Code of Professional conduct; INC, ICN • Practice Standards for Nursing, INC • Consumer Protection act.	□ Lecture Discussion □ Case discussion □ Panel □ discussion Role plays Critical incidents Visit to INC / SNRCs	Short answer s Assess ment of critical inciden ts

			Legal Aspects in Nursing. □Legal terms related to practice, registration & Licensing. □Laws related to Nursing Practice, Breach and penalties. □Malpractice and Negligence.		
VIII	3	Explain the various opportunitie s for professional advancemen t.	Professional Advancement:□ Continuing Education □ Career Opportunity Collective bargaining Membership with Professional, Organizations, national & International. Participation in research activities. Publications, Journals, News Papers etc.	Lecture Discussion □ Review / Presentation of published articles Group work on maintenance of bulletin board	☐ Short answer s
Inter	nal assessmen	t: (25 Marks -Re	fer to regulations)		
	Three Unit tes		45%		
	Two Assignm	ent marks	25%		
	Model Exam		25%		
	Attendance		5%		
	Total		100%		

Reference Books:

- 1. Basavanthappa (BT), Nursing Administration, Jaypee Brother, New Delhi, 2002.
- 2. Stanhope(M), Public Health Nursing: Population-centered Health Care in the Community, Elsevier, 7th Edition, 2008.
- 3. T.N.A.I., A Community Nursing Manual, New Gian Offset Press, New Delhi, 1989.

VIII. Integrated Nursing Training (INTERNSHIP)

S. No	Subject	In weeks	Practical (In hrs)
1.	Midwifery and Obstetrical Nursing	9	432
2.	Community Health Nursing – II	4	192
3.	Medical Surgical Nursing (Adult and Geriatric)	5	240
4.	Child Health Nursing	3	144
5.	Mental Health Nursing	2	96
6.	Research Project*	1	45
	Total	24	1150

^{*}project work to be carried out during internship

1. MIDWIFERY AND OBSTETRICAL NURSING Duration- 432 Hours (9 weeks)

Areas	Duration in weeks	Objectives	Skills	Assignments	Assessment methods
Labour Ward Neonatal intensive care unit Antenatal Postnatal	3 1 2 3	Provide comprehensive care to mothers and neonates	Integrated practice	Completion of other essential requirements Case book recordings	Assess clinical performance with rating scale Completion of case book recordings

2. COMMUNITY HEALTH NURSING-II Duration: 192 Hours (4weeks)

Areas	Duration (in week)	Objectives	Skills	Assessment
Urban	2 weeks	☐ Provide comprehensive care to individual, family and community	☐ Integrated practice and group project- 1 in each rural and urban	Assess clinical performance with rating scale

				Evaluation of project.
Rural or urban PHC / SC / CHC	2 weeks	☐ Provide comprehensive care to individual, family and community as MLHP	☐ Integrated practice as MLHP	 Assess clinical performance with rating scale. Completion of log book.

Note: During the rural posting they should stay in health centers under the supervision of teachers.

MIDDLE LEVEL HEALTHCARE PROVIDER (MLHP)

TOPICS INCORPORATED

- 1. Roles and responsibilities of middle level health care providers (MLHP)
- 2. New National health programs
- AYUSHMAN BHARAT- The up gradation of sub centers into health and wellness centers, concept of comprehensive primary health care and key elements of CPHC, Services delivery and continuum of care and roles of middle level health care providers (MLHP)
- 4. Diagnosing and treatment skills essential at sub center level using standard treatment protocols as per national health programmes
- 5. Introduction to Rashtriya Bal Sureksha Karyakaram (RBSK)
- 6. Social mobilization skills
- 7. Drug dispensing
- 8. Programme management including supervision and monitoring
- 9. Investigation of an outbreak
- 10. Behavior change communication and soft skills
- 11. Integrated disease surveillance project (IDSP)
- 12. Mother and child tracking system
- 13. Chikungunya
- 14. Organization of labour room
- 15. Safe child birth checklist
- 16. Postpartum visits by health workers
- 17. Family planning 2020
- 18. National family planning programs
- 19. Food borne diseases

TOPICS REVIEWED:-

- Health planning and health care delivery system in India (IPHS guidelines)
- Health management information system (HMIS)
- Electronic medical records(EMR)
- Micro birth planning ☐ Adolescent counseling
- Sources of vital statistics
- Financial management, accounts and computing at sub center
- Mental health act, drug de addiction program

- Time trends in disease occurrence in epidemiology
- Infant and young child feeding and counseling
- Nutrition across lifecycle and update on National nutritional programmes
- Use of equipment
- Throat problems and febrile seizures in children
- Transportation of baby and common accidents and mishaps in labour room
- Counseling GATHER approach
- Update Biomedical waste management by specifying biomedical waste management rule 2016
- Suturing of superficial wounds
- Postpartum Intra Uterine Contraceptive Device (PPIUCD)
- All the national health programmes on communicable, non communicable.

3. MEDICAL SURGICAL NURSING Duration: 240 Hours (5

weeks)

Area	Duration (in weeks)	Objective	Skills	Assessment
Medical ward	1	Provide comprehensive care to patients	Integrated practice	Assess clinical performance with rating scale
Surgical ward	1	with medical and surgical conditions		with fathing searce
Critical care unit/ICCU	1	including emergencies		
Casualty/ Emergency	1			
Operation theatre (Eye, ENT, Neuro)	1	Assist with common operations		

4. CHILD HEALTH NURSING

(3weeks)

Area	Duration (weeks)	Objective	Skills	Assessment
Paediatric medicine ward/ICU	1	☐ Provide comprehensive care to children with medical conditions	☐ Integrated practice	☐ Assess clinical performance with rating scale
Paediatric surgery ward /ICU	1	☐ Provide comprehensive care to children with surgical conditions	☐ Integrated practice	☐ Assess clinical performance with rating scale

Duration: 144 Hours

NICU	1	☐ Provide intensive care to neonates	☐ Integrated practice	Assess clinical performance with rating scale
ENTAL HEALTH	NURSING		Duration: 96 Hours	
veeks)				
Areas	Duration	Objectives	Skills	Assessment
Psychiatry Ward	2 Weeks	Provide comprehensive care to patients with mental health problems	Integrated practice	Assess clinical performance with rating scale
RESEARCH PRO	DJECT	mental health problems	Duration:	45 Hours (1week)
		X. APPENDICES		(=,
QUESTION PAPE	ER PATTERN:			
		ing) DEGREE EXAMINA	ATION	
	Disc. (1 tals)	I YEAR		
	ALI	L NURSING SUBJECTS		
me : 3 hrs			Maximum:	75 marks
Essay Questions	(Answer any t	wo) $2 \times 15 = 30$		
1. a) (7 marks)	b) (8 marks)			
2. a) (7 marks)	b) (8 marks)			
3. a) (7 marks)	b) (8 marks)			
Short notes (An	swer any five)	5 X 5 = 25		
4.				
• •				
5.				
5.				
5.6.				
5.6.7.				

11.12.13.

- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

Time: 3 hrs

(Nursing) DEGREE EXAMINATION I YEAR ANATOMY & PHYSIOLOGY

Maximum: 75 marks

				TVIMALITY / C III II
		;	SECTION A (ANATOMY) – 37 marks
I	Essay Qu	iestions (Answ	er any one)	1 X 15 =15
	1. a)	(7 marks) b)	(8 marks)	
	2. a)	(7 marks) b)	(8 marks)	
II	Short no	tes (Answer a	ny two) 2 X 5	= 10
	3.4.5.6.			
III	Short an	swers (Answer	· all) 6 X 2	= 12
	7. 8. 9. 10. 11.			
		\$	SECTION B (PHYSIOLOGY) –38 marks
IV	Essay Qu	uestions (Answ	er any one)	1 X 15 =15
	13. a)	(7 marks) b)	(8 marks)	
	14. a)	(7 marks) b)	(8 marks)	
\mathbf{V}	Short no	tes (Answer a	ny three)	3 X 5 = 15
	15. 16. 17. 18.			

B.Sc. (Nursing) DEGREE EXAMINATION

Time: 3 hrs VI Short answers (Answer all) 4 X 2 = 8						
	20. 21. 22. 23.	VEAD				
	II - YEAR NUTRITION AND BIOCHEMISTRY					
	N	laximum: 75 marks				
	SECTION A (NUTRITION) – 45 marks					
I	Essay Questions (Answer any one) 1 1. a) (7 marks) b) (8 marks)	X 15 =15				
II	2. a) (7 marks) b) (8 marks) I Short notes (Answer any four) 4 X 5 = 2 3. 4. 5. 6. 7. 8.	20				
Ш	II Short answers (Answer all) 5 X 2 = 1	10				
	9. 10. 11. 12. 13.					
SECTION B (BIOCHEMISTRY) – 30 marks						
IV.	V. Essay Questions (Answer any one)	$1 \times 10 = 10$				
	14. a) (5 marks) b) (5 marks)					
	15. a) (5 marks) b) (5 marks)					
V	Short notes (Answer any two) $2 \times 5 = 1$	10				
	16. 17.					

B.Sc. (Nursing) DEGREE EXAMINATION

T	ime : 3 hr	·s			
	18.				
	19.				
V	I Short a	nswers (Answer	all) 5X 2	t = 10	
	20.				
	21.				
	22.				
	23. 24.				
	24.			I YEAR	
			MI	CROBIOLOGY	
					Maximum: 75 marks
I	Essay Q	uestions (Answe	er any two)	2 X15 = 30	
	1. a)	(7 marks) b)	(8 marks)		
	2. a)	(7 marks) b)	(8 marks)		
	3. a)	(7 marks) b)	(8 marks)		
II	Short no	otes (Answer an	y five) 5 X s	5 = 25	
	4.				
	5.				
	6.				
	7.				
	8.				
	9.				
	10.				
	Sho	rt answers (Answ	wer all)		$10 \times 2 = 20$
	11.				
	12.				
	13.				
	14.				

B.Sc. (Nursing) DEGREE EXAMINATION

Time: 3 hrs

- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

B.Sc. (Nursing) DEGREE EXAMINATION II - YEAR PHARMACOLOGY, PATHOLOGY AND GENETICS

Time: 3 hrs Maximum: 75 marks

SECTION A (PHARMACOLOGY) – 38 marks

- I Essay Questions (Answer any one) 1 X 15 = 15
 - 1. a) (7 marks) b) (8 marks)
 - 2. a) (7 marks) b) (8 marks)
- II Short notes (Answer any three) $3 \times 5 = 15$
 - 3.
 - 4.
 - 5.
 - 6.
 - 7.
- III Short answers (Answer all) $4 \times 2 = 8$
 - 8.
 - 9.
 - 10.
 - 11.

SECTION B (PAHOLOGY & GENTICS) – 37 marks

- IV. Essay Questions Pathology (Answer any one) $1 \times 10 = 10$
 - 12. a) (5 marks) b) (5 marks)
 - 13. a) (5 marks) b) (5 marks)
- V Short notes (Answer any three) $3 \times 5 = 15$
 - 14. Pathology
 - 15. Pathology
 - 16. Genetics 17. Genetics
 - 18. Genetics
- VI Short answers (Answer all) $6 \times 2 = 12$
 - 19. Pathology 20. Pathology 21. Pathology 22. Pathology
 - 23. Pathology
 - 24. Genetics

III - YEAR RESEARCH AND STATISTICS

SECTION A (RESEARCH) – 50 marks **Essay Questions (Answer any Two)** $2 \times 15 = 30$ 1. a) (7 marks) b) (8 marks) (7 marks) b) (8 marks) 2. a) 3. a) (7 marks) b) (8 marks) II Short notes (Answer any two) $2 \times 5 = 10$ 4. 5. 6. 7. III Short answers (Answer all) $5 \times 2 = 10$ 8. 9. 10. 11. 12. **SECTION B (STATISTICS) – 25 marks** IV. Essay Questions (Answer any one) $1 \times 15 = 15$ 13. a) (5 marks) b) (5 marks) 14. a) (5 marks) b) (5 marks) $2 \times 5 = 10$ V Short notes (Answer any two) 15. 16. 17. 18. **GUIDELINES TO OPEN B.SC.(N) College OFNURSING** (ADOPTED FROM INC WEBSITE) 1. The following Establishments / Organizations are eligible to establish / Open a B.Sc. (N) College of Nursing. a. Central Government/StateGovernment/Localbody; b. Registered Private or Public Trust;

Maximum: 75 marks

Time: 3 hrs

B.Sc. (Nursing) DEGREE EXAMINATION

- c. Organizations Registered under Societies Registration Act including Missionary
 Organizations;
- d. Companies incorporated under section 8 of Company's Act;
- 2. The eligible Organizations / Establishments should have their own 100 bedded Parent Hospital. Provided that in respect of Tribal and Hilly Area the requirement of own Parent Hospital is exempted.
 - Tribal area Scheduled notified area; [Areas as the President of India may by order declare to be Scheduled Areas;]
 - Hilly area North East States, Jammu &Kashmir, Himachal Pradesh & Uttarakhand.
- 3. The eligible Organizations / Establishments should obtain Essentiality Certificate / No objection Certificate from the concerned State Government where the B.Sc (N) College of Nursing is sought to be established. The particulars of the name of the College / Nursing Institution along with the name of the Trust /Society [as mentioned in Trust Deed or Memorandum of Association] as also full address shall be mentioned in No Objection Certificate/Essentiality Certificate.
- 4. After receipt of the Essentiality Certificate/ No objection Certificate, the eligible institution shall get recognition from the concerned State Nursing Council for the B.Sc. (N) programme for the particular Academic Year, which is a mandatoryrequirement.
- 5. The Indian Nursing Council shall after receipt of the above documents / proposal would then conduct Statutory Inspection of the recognized training nursing institution under Section 13 of Indian Nursing Council Act 1947 in order to assess the suitability with regard to availability of Teaching faculty, Clinical and Infrastructural facilities in conformity with Regulations framed under the provisions of Indian Nursing Council Act,1947.

Minimum Requirement to establish B.Sc. (N) Programme

I. PHYSICAL FACILITIES

i. Building:

The College of Nursing should have a separate building. The college of Nursing should be near to its parent hospital having space for expansion in an institutional area. For a College with an annual admission capacity of 40-60 students, the constructed area of the college should be 23720 square feet. Adequate hostel/residential accommodation for students and staff should be available in addition to the above mentioned built up area of the Nursing College respectively. The details of the constructed area are given below for admission capacity of 40-60 students:

ii. Teaching Block:

Sl.No	Teaching Block	Area (Figures in
		Sq feet)
1.	Lecture Hall	4 @ 1080 = 4320
2.	(i) Nursing foundationlab	1500
	(ii) CHN	900
	(iii) Nutrition	900
	(iv) OBG and Paediatricslab	900
	(v) Pre-clinical science lab	900
	(vi) Computer Lab	1500
3.	Multipurpose Hall	3000
4.	Common Room (Male & Female)	1100
5.	Staff Room	1000
6.	Principal Room	300
7.	Vice Principal Room	200
8.	Library	2400
9.	A.V. Aids Room	600
10.	One room for each Head of	800
11.	DFaecpuarltytmReoontsm	2400
12.	Provisions for Toilets	1000
	Total	23720 Sqr. Ft.

Note: -

- Nursing Educational institution should be in Institutional area only and not in residential area.
- If the institute has non-nursing programme in the same building, Nursing programme should have separate teaching block.
- Shift-wise management with other educational institutions will not be accepted.
- Separate teaching block shall be available if it is in hospital premises.
- Proportionately the size of the built-up area will increase according to the number of students admitted.
- School and College of nursing can share laboratories, if they are in same campus under same name and under same trust, that is the institution is one but offering different nursing programmes. However they should have equipments and articles proportionate to the strength of admission. And the class rooms should be available as per the requirement stipulated by Indian Nursing Council of each programme.

a. Class rooms

There should be at least four classrooms with the capacity of accommodating the number of students admitted in each class. The rooms should be well ventilated with proper lighting system. There should be built in Black/Green/White Boards. Also there should be a desk/

dais/a big table and a chair for the teacher and racks/cupboards for keeping teaching aids or any other equipment needed for the conduct of classes also should be there.

b. Departments: College should have following departments,

- Fundamentalsof Nursing including Nutrition
- Medical Surgical Nursing
- CommunityHealth Nursing
- · Obstetric and GynecologicalNursing
- Child Health Nursing
- Psychiatry and Mental Health Nursing

c. Laboratories

Nursing Foundations and Medical Surgical
CommunityHealth Nursing
OBG and Peadiatracs
Nutrition
Computer with 10 computers
Pre Clinical Science Lab. (Biochemistry, Microbiology, Biophysics,
Anatomy & Physiology)

d. Auditorium

Auditorium should be spacious enough to accommodate at least double the sanctioned/actual strength of students, so that it can be utilized for hosting functions of the college, educational conferences/ workshops, examinations etc. It should have proper stage with green room facilities. It should be well – ventilated and have proper lighting system. There should be arrangements for the use of all kinds of basic and advanced audiovisualaids.

e. Multipurpose Hall

College of Nursing should have multipurpose hall, if there is no auditorium. f.

Library

There should be a separate library for the college. The size of the Library should be of minimum 2400 sqr. Ft. It should be easily accessible to the teaching faculty and the students. Library should have seating arrangements for at least 60 students for reading and having good lighting and ventilation and space for stocking and displaying of books and journals. The library should have at least 3000 books. In a new College of Nursing the total number of books should be proportionately divided on yearly basis in four years. At least 10 set of books in each subject to facilitate for the students to refer the books. The number of journals should 15 out of which one- third shall be foreign journals and subscribed on continuous basis. There should be sufficient number of cupboards, book shelves and racks with glass doors for proper and safe storage of books, magazines, journals, newspapers and other literature.

In the library there should be provision for:

Staff reading room for 10 persons.

> Rooms for librarian and other staff with intercom phone facility

➤ Video and cassette / CD room (desirable) ➤ Internet facility.

g. Offices Requirements

a) Principal's Office

There should be a separate office for the Principal with attached toilet and provision for visitor's room. Independent telephone facility is a must for the Principal's office with intercom facility connected/linked to the hospital and hostel and a computer with internet facility. The size of the office should be 300 sqr. ft.

b) Office for Vice-Principal

There should be a separate office for the Vice-Principal with attached toilet and provision for visitor's room. Independent telephone facility is a must for Vice-principal's office with intercom facility connected/linked to the hospital and hostel and a computer with internet facility. The size of the office should be 200 sqr. ft.

c) Office for Faculty Members

There should be adequate number of office rooms in proportion to the number of teaching faculty. One office room should accommodate 2 teachers only. Separate toilet facility should be provided for the teaching faculty with hand washing facility. There should be a separate toilet for male teachers. The size of the room should be 200 sqr. ft. Separate chambers for heads of the department should be there.

d) One separate office room for the office staff should be provided with adequate toilet facility. This office should be spacious enough to accommodate the entire office staff with separate cabin for each official. Each office room should be adequately furnished with items like tables, chairs, cupboards, built –in racks and shelves, filing cabinets and book cases. Also there should be provision for typewriters, computers and telephone.

h. Common Rooms

A minimum of 3 common rooms should be provided. One for the teaching faculty, one for the student and one for the office staff. Sufficient space with adequate seating arrangements, cupboards, lockers, cabinets, built-in-shelves and racks should be provided in all the common rooms. Toilet and hand washing facilities should be made available in each room.

i. Record Room

There should be a separate record room with steel racks, built-in shelves and racks, cupboards and filing cabinets for proper storage of records and other important papers/documents belonging to the college.

j. Store room

A separate store room should be provided to accommodate the equipments and other inventory articles which are required in the laboratories of the college. This room should have the facilities for proper and safe storage of these articles and equipments like cupboards, built-in-shelves, racks, cabinets, furniture items like tables and chairs. This room should be properly lighted and well-ventilated.

k. Room for Audio-Visual Aids

This room should be provided for the proper and safe storage of size 600 sq. ft. for all the Audio-Visual Aids.

l. Other Facilities

Students' welfare hall of size 400 sqr. ft. Indoor games hall of size 4000 ft. Safe drinking water and adequate sanitary/toilet facilities should be available for both men and women separately in the college in each floor common toilets for teachers (separate for male and female) i.e 4 toilets with Wash basins. Common toilets for students (separate for male and female) 12 with Wash Basins for 60 students. **m. Garage**

Garage should accommodate a 60 seater vehicle.

n. Fire Extinguisher

Adequate provision for extinguishing fire should be available as per the local byelaws.

o. Playground

Playground should be spacious for outdoor sports like Volleyball, football, badminton and for Athletics. iii. Hostel Block (60 Students):

S. No.	Hostel Block	Area (Figures in Sq feet)
1.	Single Room	24000
	Double Room	
2.	Sanitary	One latrine & One Bath room
		(for 5 students) - 500
3.	Visitor Room	500
4.	Reading Room	250
5.	Store	500
6.	Recreation Room	500
7.	Dining Hall	3000
8.	Kitchen & Store	1500
	Total	30750 Sqr. Ft.

Grand Total : 23720 + 30750 = 54470 Sqr. Ft.

Note: Proportionatelythe size of the built-up area will increase according to the number of studentsadmitted.

<u>Hostel Facilities</u>: There should be a separate hostel for the male and female students. It should have the following facilities.

1. Hostel Room

It should be ideal for 2 students with the minimum 100 sq. ft. carpet area. The furniture provided should include a cot, a table, a chair, a book rack, a cupboard and a cloth rack for each student.

2. Toilet and Bathroom

Toilet and bathroom facilities should be provided on each floor of the students hostel at the rate of one toilet and one bathroom for 2-6 students. Geysers in bathroom and wash basins should also be provided.

3. Recreation

There should be facilities for indoor and outdoor games. There should be provision for T.V., radio and video cassette player.

4. Visitor's Room

There should be a visitor room in the hostel with comfortable seating, lighting and toilet facilities.

5. Kitchen & Dining Hall

There should be a hygienic kitchen and dining hall to seat at least 80% of the total students strength at one time with adequate tables, chairs, water coolers, refrigerators and heating facilities. Hand washing facilities must be provided.

6. Pantry

One pantry on each floor should be provided. It should have water cooler and heating arrangements.

7. Washing & Ironing Room

Facility for drying and ironing clothes should be provided in each floor.

8. Sick Room

A sick room should have a comfortable bed, linen, furniture and attached toilet. Minimum of 5 beds should be provided.

9. Room for Night Duty Nurses

Should be in a quiet area.

10.Guest Room

A guest room should be made available.

11. Warden's Room

Warden should be provided with a separate office room besides her residential accommodation.

12.Canteen

There should be provision for a canteen for the students, their guests, and all other staff members.

13.Transport

College should have separate transport facility under the control of the Principal. 50 seated bus is preferable.

14. Residential Accommodation:

Residential family accommodation for faculty, should be provided, according to their marital status. Telephone facility for the Principal at her residence must be provided. Residential accommodation with all facilities is to be provided to the Hostel Warden.

IV.CRÈCHE

There should be a crèche in the college campus.

V. Staff for the Hostel:

- 1. Warden (Female) -3: Qualification- B.Sc. Home Science or Diploma in Housekeeping/ Catering. Minimum three wardens must be there in every hostel for morning, evening and night shifts. If number of students s more than 150, one more warden/ Asst. Warden/ House keeper for every additional 50 students.
- 2. Cook-1: For every 20 students for each shift.
- 3. Kitchen & Dining Room helper- 1: For every 20 students for each shift.
- 4. Sweeper-3
- 5. Gardener-2
- 6. Security Guard/ Chowkidar-3

VI. NURSING TEACHING FACULTY

Qualifications& experience of teachers of college of Nursing

S. NO.	POST, QUALIFICATION & EXPERIENCE
1.	Principal cum Professor- 15 years experience with M.Sc.(N) out of which 12 years should be teaching experience with minimum of 5 years in collegiate programme. Ph.D.(N) is desirable
2.	Vice- Principal cum Professor- 12 years experience with M.Sc.(N) out of which 10 years should be teaching experience with minimum of 5 years in collegiate programme. Ph.D.(N) is desirable
3.	Professor- 10 years ex teachingperience with M.Sc.(N) out of which 7 years should be experience. Ph.D.(N) is desirable

4.	Associate M.So Professorteachingexperien years ce Ph.D.(N) desirable	` ′	with 8	years	experience including 5			
5.	Assistant Professor- M.Sc. (N) with 3 years teaching experience Ph.D.(N) desirable							
6.	Tutor- M.Sc.(N) Or B.Sc.(N)/P.B.B.Sc.(N)with 1 year experience							
S.	Designation		B.Sc.(N	_	B.Sc.(N)			
No.		(S1	40-60 tudents in		1-100 (Students intake)			
1	Principal		1		1			
2	Vice-Principal		1		1			
3	Professor		0		1			
4	Associate Professor		2		4			
5	Assistant Professor		3		6			
6	Tutor		10-18		19-28			

Principal is excluded for 1:10 teacher student ratio norms (Teacher) Tutor student ratio will be 1:10

(For example for 40 students intake minimum number of teacher required is 17 including Principal. The strength of tutors will be 10, and 6 will be as per sl. No.02 to 05)

	1		_		
S. No.	Designation	B.Sc.(N) 40-60 (students intake)		P.B.B.Sc.(N) 20-60 (students intake)	
1	Professor cum PRINCIPAL	1			
2	Professor cum VICE- PRINCIPAL	1			
3	Professor	0			
4	Associate Professor	2			
5	Assistant Professor	3			2
6	Tutor	10-18			2-10
Sl. No.	Designation	B.Sc.(N) 40-60 (students intake)	(s	B.Sc.(N) 20-60 tudents ntake)	M.Sc.(N) 10-25 (students intake)
1	Professor cum PRINCIPAL	1			
2	Professor cum	1			

	VICE- PRINCIPAL			
3	Professor	0		1
4	Associate Professor	2		1
5	Assistant Professor	3	2	3*
6	Tutor	10-18	2-10	

^{*1:10} teacher student ratio for M.Sc.(N) if B.Sc. (N) is also offered by the institution.

^{*}Candidates having 3 years experience after M.Sc. (N) only will be considered for M.Sc. (N) programme.

Sl. No.	Designation	GNM	B.Sc.(N)	P.B.B.Sc.(N)	M.Sc.(N)
1	Professor cum PRINCIPAL		1		
2	Professor cum VICE- PRINCIPAL		1		
3	Professor		0		1*
4	Associate Professor		2		1*
5	Assistant Professor		3	2	3*
6	Tutor	6-18	10-18	2-10	

^{*1:10} teacher student ratio for M.Sc.(N) if B.Sc. (N) is also offered by the institution.

^{*}Candidates having 3 years experience after M.Sc. (N) only will be Considered for M.Sc. (N) programme.

Sl. No.	Designation	ANM 20-60	GNM 20-60	B.Sc.(N) 40-60	P.B.B.Sc.(N) 20-60	M.Sc.(N) 10-25
1	Professor cum PRINCIPAL			1		
2	Professor cum VICE- PRINCIPAL			1		
3	Professor			0		1*
4	Associate Professor			2		1*
5	Assistant Professor			3	2	3*
6	Tutor	4-12	6-18	10-18	2-10	

^{*1:10} teacher student ratio for M.Sc.(N) if B.Sc. (N) is also offered by the institution.

Part time Teachers / External Teachers**

(i)	Microbiology	
(ii)	Bio – Chemistry	
(iii)	ii) Sociology	
(iv) Bio – Physics		
(v) Psychology		
(vi) Nutrition		
(vii)	English	

^{*}Candidates having 3 years experience after M.Sc. (N) only will be considered for M.Sc. (N) programme.

(viii)	Computer
(ix)	Hindi / Any other language
(x)	Any other – clinical disciplines
(xi)	Physical Education.

^{**(}The above teachers should have post graduate qualification with teaching experience in respective area)

NOTE:

- No part time nursing faculty will be counted for calculating total no. of faculty required for a college.
- Irrespective of number of admissions, all faculty positions (Professor to Lecturer) must be filled.
- For M.Sc.(N) programme appropriate number of M.Sc. faculty in each speciality be appointed subject to the condition that total number of teaching faculty ceiling is maintained.
- All nursing teachers must possess a basic university or equivalent qualification as laid down in the schedules of the Indian Nursing Council Act, 1947. They shall be registered under the State Nursing Registration Act.
- Nursing faculty in nursing college except tutor/clinical instructors must possess the requisite recognized postgraduate qualification in nursing subjects.
- All teachers of nursing other than Principal and Vice-Principal should spend at least 4 hours in the clinical area for clinical teaching and/or supervision of care every day.

OTHER STAFF (Minimum requirements)

(To be reviewed and revised and rationalized keeping in mind the mechanization and contract service)

• Ministerial

a. Administrative Officer : 1
b. Office Superintendent : 1
c. PA to Principal : 1
d. Accountant/ Cashier: 1

Upper Division Clerk: 2Lower Division Clerk: 2

• Store Keeper: 1 a. Maintenance of stores: 1

b. Classroom attendants : 2

c. Sanitarystaff : As per the physical spaced. SecurityStaff : As per the requirement

Peons/Office attendants : 4

Library

a. Librarian: 2

b. LibraryAttendants : As per the requirement

- Hostel
- a. Wardens: 2
- b. Cooks, Bearers, : As per the requirement

Sanitary Staff

c. Ayas /Peons : As per the requirementd. SecurityStaff : As per the requirement

e. Gardeners & Dhobi : Depends on structural(desirable)

facilities

VII. College Management Committee: Refer to INC guidelines VIII. Admission /Selection Committee: Refer to INC guidelines

IX. CLINICAL FACILITIES

- a. Collegeof nursing should have a 100 beddedParent Hospital
- b. Distribution of beds in differentareas/ for 40 annual intake is,

Medical : 30 Surgical : 30

Obst. & Gynaecology: 30

Pediatrics : 20

Ortho : 10

- c. Bed Occupancy of the Hospital should be minimum 75%.
- d. The size of the Hospital/Nursing Home for affiliation should not be less than beds.
- e. Other Specialties/Facilities for clinical experience required are as follows:
 - ✓ Major OT/ Minor OT
 - ✓ Dental Eye/ENT
 - ✓ Burns and Plastic
 - ✓ Neonatologywith Nursery
 - ✓ Communicable disease
 - ✓ CommunityHealth Nursing
 - ✓ Cardiology
 - ✓ Oncology
 - ✓ Neurology/Neuro-surgery ✓ Nephrologyetc.
 - ✓ ICU/ICCU
- f. Affiliation of psychiatric hospital should be of minimum 50 beds.
- g. The Nursing Staffing norms in the affiliated Hospital should be as per the INC norms.
- h. The affiliated Hospital should give student status to the candidates of the nursing programme
- i. Maximum Distance between affiliated hospitals & institutions:
 - a. Institutions generally can be in the radius of 15-30 kms. from the affiliated hospital.
 - b. Hilly & Tribal area it can be in the radius of 30-50 kms. from the affiliated hospital.
- j. 1:3 studentpatient ratio to be maintained.
- k. For the grant of 100 students minimum 300 bedded ParentHospital is mandatory.

*Parent Hospital for a nursing institution having the same trust which has established nursing institutions and has also established the hospital.

OR

For a nursing institution (manage d by trust) a "Parent Hospital" would be a hospital either owned and controlled by the trust or managed and controlled by a member of the trust. In case the owner of the hospital is a member of the Trust that the hospital would continue to function as a "Parent Hospital" till the life of the nursing institution. The undertaking would also be to the effect that the Member of the Trust would not allow the hospital to be treated" Parent/Affiliate d Hospital" to any other nursing institution and will be for minimum 30 years [ie, signed by all members of trust] to the undertaking to be submitted from the Members of the Trust.

* Refer to INC regulations as required.

*** END ***